Study Notes for the Sunday Mass Published by Christians for Christ Ministries. We are a non-denominational Christian ministry that seeks to encourage and facilitate Christians in studying the Holy Scriptures. **"For there is one God and one mediator between God and mankind, the man Christ Jesus."** 1 Timothy 2:5

Sunday Mass Study Notes for Sunday 1-1-2017



Welcome back to the Sunday Mass notes. This week begins with an Old Testament reading that expresses a wonderful benediction on God's people. The second reading is most appropriate for this season of the year. Paul writes to the church in Galatia and encourages them with the marvelous truth that God sent His Son, Jesus, to be the promised Messiah, and He did so at just the right time. The Gospel reading reveals one of the prominent features of the Christmas story, the shepherds, who were the first to hear of the newborn child. [This week was written by Jesse Deloe.]

Introduction to the First Reading:

The Book of Numbers takes up the story where Exodus left it; Leviticus was parenthetical with lots of teaching about the law that had first been noted in Exodus. Numbers is a book of order, preparing the people for the wilderness wanderings. Its theme is service, how God's people should worship and walk in a life of purity.

First Reading:

Numbers 6:22-27 NAS95 22 Then the LORD spoke to Moses, saying, 23 "Speak to Aaron and to his sons, saying, 'Thus you shall bless the sons of Israel. You shall say to them: 24 The LORD bless you, and keep you; 25 The LORD make His face shine on you, And be gracious to you; 26 The LORD lift up His countenance on you, And give you peace.' 27 "So they shall invoke My name on the sons of Israel, and I then will bless them."

There are three triplets in vv. 24-26. Could that be a hint of the Trinity? In any case, there are five blessings that the priest is to share with the people. "The LORD bless you" is the first. The term means merely that God will show favor to His people. That would have been a great encouragement to this multitude of people wandering in the wilderness. "… and keep you." God promises to guard, protect, and preserve His people. "The LORD make His face shine on you." This was the request of the psalmist many years later, "Let the light of your face shine on us" (Psalm 4:6). You will recall that after Moses met with the Lord on Mt. Sinai, his face shone with the reflected glory of God (Exodus 34:30). And Paul tells us that "the knowledge of God's glory [is] displayed in the face of Christ (2 Corinthians 4:6).

"And be gracious to you." God is the God of grace; He continually gives to His people what they don't deserve (that's grace). "The LORD lift up His countenance on you" is another way of saying "make His face shine on you." It's a comfort to know that God is always looking at His people and seeking to provide for them. "And give you peace." The Old Testament word for peace is still heard today in many parts of the Middle East. It's "shalom," and it means far more than the absence of hatred and war. It suggests health and wholeness, harmony. And, of course, it is only God who can give that kind of peace ultimately.

To make this text relevant to believers today, remember that if you are in Christ, God extends these same blessings to you: favor or grace, protection and provision, shining His face on you, and giving you spiritual health and wholeness.

Introduction to the Second Reading:

Paul's letter to the Galatians is an argument against falling away from faith. It's a challenge to recognize our position in Christ and conduct our lives as people of faith. The portion we're reading today has some really deep theological content that is important for the believer to understand.

Second Reading:

Galatians 4:4-7 NAS95 4 But when the fullness of the time came, God sent forth His Son, born of a woman, born under the Law, 5 so that He might redeem those who were under the Law, that we might receive the adoption as sons. 6 Because you are sons, God has sent forth the Spirit of His Son into our hearts, crying, "Abba! Father!" 7 Therefore you are no longer a slave, but a son; and if a son, then an heir through God.

The first verse of our study takes us to the Christmas theme, "God sent forth His Son, born of a woman." It's the fulfillment of centuries of promises of the Old Testament prophets. And it occurred at exactly the right time; Paul describes it as "the fullness of the time." The known world at the time of Christ's coming was largely centralized with the Roman Empire in control. There was a trade language that was known worldwide, so the message of the Gospel could be circulated and understood within a few years of Christ's life. Many of the religions of the day were expecting some

kind of "savior." During the 400 silent years between the Old and New Testament God was preparing men, nations, and civilizations—unwittingly to them—for Messiah's arrival.

In fulfillment of the Old Testament prophecies, Jesus was born. And Paul gives the reason for His coming: "that He might redeem those who were under the law." He came to be the sufficient sacrifice that God demanded as the penalty for our sin. But, there's more than that. Paul speaks of "the adoption as sons." In the culture of that day, a lad had no legal rights or standing until he reached a certain age. He was a real son of his father, but he was not entitled to an inheritance or standing as an adult son until he reached that age, and then he was "adopted" legally as the heir of his father. God, in His grace, has given to the believer today the Holy Spirit ("Spirit of His Son"), and we can call God "Father" or "Papa." As the young men in Galatia, once they were adopted, they were no longer like slaves, they were legitimate sons, heirs. So are believers today; no longer slaves to sin and the law, but free, adopted sons of the Father. And it's all of God's doing out of His amazing love and grace.

Introduction to the Gospel Reading:

Among the many "Christmas" passages in the Bible, Luke 2 is probably the most often read. As told there, the story is filled with the miracles associated with the coming of Messiah, with a report of the first to be told, the shepherd. On the other hand, Matthew 2 tells of the wise men from the East who were led by a star to find the promised Jesus. We would do well, however, to read Philippians 2, also, which in a way tells the Christmas story from Jesus' point of view (vv. 5-8) and what it cost Him. Today's reading begins after the birth of Jesus and the shepherds hearing the announcement from the angels.

Gospel Reading:

Luke 2:16-21 NAS95 16 So they came in a hurry and found their way to Mary and Joseph, and the baby as He lay in the manger. 17 When they had seen this, they made known the statement which had been told them about this Child. 18 And all who heard it wondered at the things which were told them by the shepherds. 19 But Mary treasured all these things, pondering them in her heart. 20 The shepherds went back, glorifying and praising God for all that they had heard and seen, just as had been told them. 21 And when eight days had passed, before His circumcision,

His name was then called Jesus, the name given by the angel before He was conceived in the womb.

In our passage today we read that the shepherds, after hearing the announcement from the angels, "came in a hurry" to check out the story. Isn't it interesting that the announcement was made to men who were considered to be pretty low on society's register? But, it was to them that the announcement was made. We don't know all that they had been told, but they obviously believed the angels' message. They came and saw, and then they left to spread the good news, all the while "glorifying and praising God." As a result, many heard the story and wondered about it.

We're told that Mary also pondered about what had happened. The birth had been foretold, so she knew that this little baby was to be the "Son of the Most High" (Luke 1:32). There is a popular Christmas song that asks, "Mary, did you know?" Well, she knew a lot. The angel had told her that this baby would be "great" and would have "the throne of David" and "reign over the house of Jacob forever in a "kingdom [that] will never end." (Luke 1:32-33). Even his name was given Mary and later to Joseph: Jesus "because he will save his people from their sins" (Matthew 1:21). So, Mary knew a lot about God's purposes for this baby, but she couldn't understand it all. Thus, she wondered about what it all meant and how it would work out.

According to the custom and the practice laid down by God for His people, Mary and Joseph presented the child to God; He was circumcised on the 8th day, and He was given the name Jesus, which means, "God saves." Thus began Jesus' human life on earth, one that He would eventually offer as the only sacrifice that can take away the sins of the world forever.

Happy New Years from Christians for Christ. May this New Year bring you closer to God in many ways.

Reflection Questions

1. Jesus, as the Son of God was truly God in the flesh whereas we as children of God are adopted into His family. In what ways have you yourself understood what it means to be an "adopted" son or daughter of God?

2. As adopted children of God not under the Law but under grace, in what ways to you rejoice in being free from the law and enjoying this father-son type of relationship with God?

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Mass Study Notes for Sunday, 12-13-2015

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Welcome back to the Sunday Mass notes for **12-13-2015**. This week we open with a reading from Zephaniah, one of the so-called "Minor Prophets," largely because their 12 prophecies are shorter than the Major Prophets like Isaiah and Jeremiah. Then we move to one of the Epistles of St. Paul, Philippians, a letter likely written from a prison cell in Rome, making its theme of joy even more significant. Finally we conclude with a reading from Luke's Gospel, which includes some interesting instructions for the people of Jesus' day.

Introduction to the First Reading:

Zephaniah has been called "the Royal Prophet," probably because he was the great-great-grandson of King Hezekiah of Judah. He was the last of the prophets before the captivity of Judah and ministered during the reign of Josiah who tried to restore proper worship practices which had been pretty much abandoned in Judah. His message centers on "the Day of the LORD," which is seen from two perspectives: 1) a time of judgment against sinners, and 2) a time of blessing for those who follow God.

First Reading:

Zephaniah 3:14-18 NAS95 14 Shout for joy, O daughter of Zion! Shout in triumph, O Israel! Rejoice and exult with all your heart, O daughter of Jerusalem! 15 The LORD has taken away His judgments against you, He has cleared away your enemies. The King of Israel, the LORD, is in your midst; You will fear disaster no more. 16 In that day it will be said to Jerusalem: "Do not be afraid, O Zion; Do not let your hands fall limp. 17 "The LORD your God is in your midst, A victorious warrior. He will exult over you with joy, He will be quiet in His love, He will rejoice over you with shouts of joy. 18 "I will gather those who grieve about the appointed feasts–They came from you, O Zion; The reproach of exile is a burden on them.

The first two-thirds of the prophecy deal with God's judgment of sin and apostasy. Someone has said that the book is an out-working of the text, "I, the Lord, thy God, am a jealous God" (Exodus 20:5; Deuteronomy 5:9). God's people must worship Him and Him alone. Otherwise, judgment will come, and in this case it is to be the captivity of the nation by Babylonia, which did occur in —.

Today's reading, however, is in a concluding portion of the book that looks forward—beyond the captivity—to a time, yet future, when Israel will rejoice in the promised Kingdom blessing, chapter 3:9-20). Such a blessed future will be occasion to "shout for joy … shout in triumph … rejoice and exult." Why? Because God has "taken away His judgments against you" and "He has cleared away your enemies." What causes for joy and rejoicing? But, even more astounding, the promise is that God Himself will be among them. The phrase is repeated: "The LORD is in your midst" (vv. 15, 17).

As in other Old Testament prophecies, Zephaniah warns his people that judgment is certain; it will come at the Day of the Lord's wrath. But, he admonishes them in chapter 2:1-3 to "Seek the Lord … seek righteousness; seek humility." There will be a restoration, as we see in chapter 3; a remnant will be saved.

Introduction to the Second Reading:

Zephaniah had promised a time of future joy and rejoicing after severe judgment and captivity. In this epistle, Paul encourages Christians to find their joy and peace in God in the midst of trials and difficult circumstances. He himself had suffered to even get to Philippi some years before (see Acts 16), and he understands how stressful life can be. But, as in Zephaniah, it's the promised presence of God that enables the Christian to live above life's stresses and rejoice in God's goodness.

Second Reading:

Philippians 4:4-7 NAS95 4 Rejoice in the Lord always; again I will say, rejoice! 5 Let your gentle spirit be known to all men. The Lord is near. 6 Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. 7 And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.

Chapter four of this power-packed letter emphasizes the power that Jesus provides for the Christian's life. There is strength in unity, vv. 1-3; strength from God's peace, vv. 4-7; strength from God's presence, vv. 8-9; and strength from God's provision, vv. 10-19. We look today at the significant words from verses 4-7.

Paul instructs the Philippians with emphasis, "rejoice." That joy is possible, of course, only because it is "in the Lord." Outside of one's personal trust in the all-sufficient grace and mercy of God, there

is no lasting source of joy. He encourages the believer to be gentle. Though translated a variety of ways ("forbearing," "moderation"), its meaning in the original language if "sweet reasonableness." Wouldn't life be so much more pleasant if we lived in a continue environment of sweet reasonableness? How is that possible? Well, believers in Jesus must be constantly aware that "The Lord is near." Not merely that He is watching judgmentally but that He is near to help, to keep us sweet and reasonable. The indwelling Christ does that for us when we cannot by ourselves.

The next admonition is so difficult for many of us. He writes, "Be anxious for nothing." Didn't Paul realize the many anxieties those first-century Christians were facing? How could it tell them not to worry? He is likely saying that Christians should not be distracted by the affairs of life that they forget the real source of life, peace, and joy. It's good to remember that he was living in circumstances that may have been far more difficult than the Philippians at that time. But, more importantly, he provides the antidote for anxiety: prayer and thanksgiving. Nothing in life is beyond the realm of prayer. We may and should take everything to God in prayer; He should be our first resort, not the last. We should approach God with confidence that He is both able and willing to relieve our fears.

The result is the incomprehensible peace that only God can provide. Peace is not just the absence of fear or stress. It is, as the Hebrews say, "Shalom." The term implies wholeness, harmony, completeness. Those attributes can be found only in the God of Peace. Here are Paul's words from another of his epistles: "May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit" (Romans 15:13)

Introduction to the Gospel Reading:

The four Gospels all cover the life and ministry of Jesus, each from a different perspective with somewhat different purposes in mind—all, however, to reveal the purposes of His coming to the glory of God. Luke's telling emphasizes Jesus as Savior, a divine man. He stresses the humanity of Jesus Christ and his perfection as a human. His audience probably consisted mostly of Gentile Christians, but he wrote to show his readers that the Gospel is for both Jews and Gentles.

Luke's account is more chronological than the other Gospels. Today's reading is taken from Christ's teaching as He approaches Jerusalem for the climactic final days of his earthly life. In this passage, which could be titled "The Signs of the Times," He speaks of the coming of the Son of Man (the title He frequently uses to speak of Himself).

Gospel Reading:

Luke 3:10-18 NAS95 10 And the crowds were questioning him, saying, "Then what shall we do?" 11 And he would answer and say to them, "The man who has two tunics is to share with him who has none; and he who has food is to do likewise." 12 And some tax collectors also came to be baptized, and they said to him, "Teacher, what shall we do?" 13 And he said to them, "Collect no more than what you have been ordered to." 14 Some soldiers were questioning him, saying, "And what about us, what shall we do?" And he said to them, "Do not take money from anyone by force, or accuse

anyone falsely, and be content with your wages." 15 Now while the people were in a state of expectation and all were wondering in their hearts about John, as to whether he was the Christ, 16 John answered and said to them all, "As for me, I baptize you with water; but One is coming who is mightier than I, and I am not fit to untie the thong of His sandals; He will baptize you with the Holy Spirit and fire. 17 "His winnowing fork is in His hand to thoroughly clear His threshing floor, and to gather the wheat into His barn; but He will burn up the chaff with unquenchable fire." 18 So with many other exhortations he preached the gospel to the people.

Today's reading reports on the ministry of John the Baptist, the prophesied forerunner of the Messiah. John's words just prior to this reading were rather scathing. "You brood of vipers! Who warned you to flee from the wrath to come?" (v. 7). He had been prophesying that that the Lord would come to straighten the crooked places and make level the rough ways. "All flesh," he said," shall see the salvation of God" (v. 6).

It is in response to that teaching that the crowd asked, "Then what shall we do?" John the Baptist lists a number of practices that his listeners could pursue that would demonstrate a genuine change of heart that he has been calling for. "Repent, for the kingdom of heaven is at hand" (Matthew 3:1). A man with two coats could show his heart change by giving one to someone who had not. Likewise, with someone who has enough food; he can share.

When the tax collectors (usually men who collected more than the tax due to enlarge their own pockets) indicated they wanted to enter the waters of baptism for repentance, John tells them to collect only what is the proper tax. Soldiers also asked about their responsibility, and John pointed out what, apparently, were the illegal practices of some: taking money by force, falsely accusing people, complaining about their wages. They are to discontinue such practices.

All of this had the people conjecturing about who this prophet really was. Could he be the Messiah? John responds to clarify his role by noting his inferiority to the One he is preparing the way for. John's baptism was with water, the Messiah would baptize with the Holy Spirit and fire (was was to be fulfilled in Acts 2). It's interesting to note the final words of this reading, "So with many other exhortations he preached the gospel to the people." Yet, the preceding words are words of judgment ("winnowing fork," "burn up the chaff"). You see the gospel has two facets. It offers the free grace of God in response to faith in the work of Jesus, but it promised judgment to those who reject Jesus.

Bottom Line: Questions for Reflection

1. In light of the second reading, list the ways in which you daily lay down your anxieties to God. Do I have the unexplainable joy and peace of God because I pray with thanksgiving and give my anxieties to Him?

2. In the Gospel reading the crowd asked John, "Then what shall we do?" to which John responded with a list of practices believers in God exhibited as evidence of their change in heart. List two ways in which your life provides this evidence of turning away from sin (repentance) and a turning to living out your life for God.

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Readings for the Week

Note: For a listing of readings for the Roman Catholic Mass, visit this web site:

http://www.usccb.org/bible/readings/121315.cfm

Source(s):

Online Scripture verses for most Bible versions can be found at: http://www.biblegateway.com/

Scripture quotations taken from the NASB