Study Notes for the Sunday Mass Published by Christians for Christ Ministries. We are a non-denominational Christian ministry that seeks to encourage and facilitate Christians in studying the Holy Scriptures. **"For there is one God and one mediator between God and mankind, the man Christ Jesus."** 1 Timothy 2:5

Sunday Mass Study Notes for 04-07-2024



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As we transition to the second reading, we find out from Saint John how to be unified in a doctrinal sense. At this point in church history, many people were claiming to be Christians but were not truly born of God. John wrote this letter to help people understand the characteristics of a true believer in Jesus.

Second Reading:

> *1 John 5:1-6 NAS95 1 Whoever believes that Jesus is the Christ is born of God, and whoever loves the Father loves the child born of Him. 2 By this we know that we love the children of God, when we love God and observe His commandments. 3 For this is the love of God, that we keep His commandments; and His commandments are not burdensome. 4 For whatever is born of God overcomes the world; and this is the victory that has overcome the world–our faith. 5 Who is the one who overcomes the world, but he who believes that Jesus is the Son of God? 6 This is the One who came by water and blood, Jesus Christ; not with the water only, but with the water and with the blood. It is the Spirit who testifies, because the Spirit is the truth.*

John said that "Whoever believes that Jesus is the Christ" is "born of God" (v. 1). Since this is the crux of knowing whether a person is a true believer, it's important for us to understand a couple of main points. First, what does it mean to believe that Jesus is the Christ? The word translated "Christ" is "Christos" in the original meaning "the anointed One" or "Messiah." Christos brings with it the concept of a Deliverer, the One that is coming to rescue people from their precarious position of sin. Isaiah spoke about the Messiah when he said, "The Spirit of the Lord GOD is upon me, Because the LORD has anointed me To bring good news to the afflicted; He has sent me to bind up the brokenhearted, To proclaim liberty to captives And freedom to prisoners" (Isaiah 61:1). Jesus claimed to be the Messiah and declared that this prophecy was fulfilled through Him (Luke 4:18). In summary, to believe that Jesus is the Christ is to turn our hearts over to Him as God's special conduit of grace for deliverance from sin.

Second, what does it mean to be born of God? The concept of being "born of God" looks back to the conversation that Jesus had with Nicodemus at night recorded in the third chapter of John. In that discussion Jesus tells Nicodemus that in order to see the kingdom of God that he must be born again (John 3:3). We have been born physically, that is our first birth, and it is of the flesh. From the moment we were born we were alive physically but we are dead spiritually (Ephesians 2:1). It takes an act of God to regenerate our heart. Paul explained this further by saying, "But God, being rich in mercy, because of His great love with which He loved us, even when we were dead in our transgressions, made us alive together with Christ (by grace you have been saved)" (Ephesians 2:4-5). To be born of God is to be born from above (or again) in a spiritual sense which provides us with eternal life.

Finally, putting these two concepts together gives us a litmus test for evaluating our hearts in relationship to God. Anyone can claim to be a Christian and to do Christian things like going to

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The focus of the reading was Thomas' doubt and then his subsequent faith upon physically experiencing the resurrected Christ. Several points can be drawn from the text, First, notice that Jesus entered the room without knocking, without even opening the door; He just walked right through the wall! Talk about a grand entrance, and it's no wonder the disciples were scared. The

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