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Sunday Mass Study Notes for Lectionary 166: 06-15-2025



Welcome back to the Sunday Mass notes. This week, we examine a reading from Proverbs and learn something about the Person of Jesus Christ. In the second reading, we see how God uses trials in the life of a believer, making them grow in their faith and trust in Him. In the Gospel reading, we learn how Jesus promised His disciples that He would send the Holy Spirit to empower them to accomplish His work and persevere through the tribulations that He predicted would come upon them.

Introduction to the First Reading:

Proverbs is a Book that provides wisdom from God on various matters. Most of the Proverbs were written by King Solomon. While reading this Bible section, we must remember that these biblical principles were delivered to a people bound to the Mosaic Law. Additionally, we must remember that they are general proscriptive principles and not prescriptive in every case. For example, Proverbs 22:6 says, "Train up a child in the way he should go, even when he is old, he will not depart from it." While this is a good and godly principle, all of us are acquainted with circumstances of

parents who closely followed this principle yet had wayward children. Proverbs 8 begins with the personification of wisdom, a common theme in this Book. "Does not wisdom call, And understanding lift up her voice?"

First Reading:

> *Proverbs 8:22-31 NAS95 22 "The LORD possessed me at the beginning of His way, Before His works of old. 23 From everlasting I was established, From the beginning, from the earliest times of the earth. 24 When there were no depths I was brought forth, When there were no springs abounding with water. 25 Before the mountains were settled, Before the hills I was brought forth; 26 While He had not yet made the earth and the fields, Nor the first dust of the world. 27 When He established the heavens, I was there, When He inscribed a circle on the face of the deep, 28 When He made firm the skies above, When the springs of the deep became fixed, 29 When He set for the sea its boundary So that the water would not transgress His command, When He marked out the foundations of the earth; 30 Then I was beside Him, as a master workman; And I was daily His delight, Rejoicing always before Him, 31 Rejoicing in the world, His earth, And having my delight in the sons of men."*

The reading opens with the idea of the eternity of a particular person, "me" in verse 22. While we can say that God foreknew those whom He also "predestined to be conformed to the image of His Son" (Romans 8:29) and therefore knew us as believers in eternity past, the plain sense of these verses points to the "eternality" of the Person of Jesus Christ. The wording used by the author aligns with what John said about Jesus Christ in his Gospel, "In the beginning was the Word, and the Word was with God, and the Word was God" (John 1:1). The proverb says about this Person that He was established from everlasting, "From the beginning, from the earliest times of the earth" (v. 23a). John said about Jesus, "We was in the beginning with God" (John 1:2). The proverb also speaks to the role of Jesus as the creator, while at the same time brings out the unity that exists between the Father God and the Son. Verse 30 says, "Then I was beside Him, as a master workman; And I was daily His delight, Rejoicing always before Him." Colossians 1:16 says, "For by Him all things were created, both in the heavens and on earth, visible and invisible, whether thrones or dominions or rulers or authorities–all things have been created through Him and for Him." Yet Isaiah said, "Thus says the Lord, your Redeemer, and the one who formed you from the womb, "I, the Lord, am the maker of all things, stretching out the heavens by Myself, and spreading out the earth all alone." Finally, in Genesis 1:2, we see that "the Spirit of God was moving over the surface of the waters" during creation. Therefore, the Trinity of God was involved in the creation process; we see a sense of this in today's reading.

Introduction to the Second Reading:

The context of the second reading from Romans follows Saint Paul's teaching on justification by faith alone. Today's reading opens with the word "therefore," as always, we need to reflect upon what this word is "there for." In the following reading, the "therefore" links Paul's persuasive argument to the Christians in Rome regarding how God had justified them through faith in Jesus Christ alone. Paul looked back to how "ABRAHAM BELIEVED GOD, AND IT WAS CREDITED TO HIM AS RIGHTEOUSNESS" (Romans 4:3) Paul taught how Jesus "was delivered over because of our transgressions, and was raised because of our justification" (Romans 4:25). Paul's point was that as believers in the Lord Jesus Christ we inherit the righteousness of God through our faith in Him, "just as if" we had never sinned at all. Understanding the legal concept of justification is essential because otherwise, our salvation will result from our "good" works. Salvation is something which God has stated expressly we cannot earn. "For by grace you have been saved through faith; and that not of yourselves, it is the gift of God; not as a result of works, so that no one may boast" (Ephesians 2:8-9). Through our faith in the finished work of the Lord Jesus on the cross, we have a new judicial standing before the throne of God, "just as if" we had never sinned. For once we believe God has "removed our sins as far as the east is from west" (Psalms 103:12). Our faith is crucial in the eyes of God, for God sees us through the righteousness of Christ (Romans 13;14, Galatians 3:27, Job 29:14, Isaiah 61:10, Revelation 3:4).

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Second Reading:

> *Romans 5:1-5 NAS95 1 Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ, 2 through whom also we have obtained our introduction by faith into this grace in which we stand; and we exult in hope of the glory of God. 3 And not only this, but we also exult in our tribulations, knowing that tribulation brings about perseverance; 4 and perseverance, proven character; and proven character, hope; 5 and hope does not disappoint, because the love of God has been poured out within our hearts through the Holy Spirit who was given to us.*

Paul taught how through our faith we are justified and "we have peace with God through our Lord Jesus Christ" (v. 1). Paul taught in Colossians how as nonbelievers we were alienated from God (Colossians 1:21). Interestingly, in that same section of Colossians, Paul continued with the concept of rejoicing in suffering (Colossians 1:24), which is precisely what Paul did in verse three of today's reading. Paul said, "We also exult in our tribulations" (v. 3a). He said that the reason we are called to do this is because it builds perseverance, which leads to godly character, then onwards to hope (v.

4).

In applying today's reading, we may ask how tribulation produces perseverance, character, and hope. Tribulation, a word which literally means "suffering," is any type of test to your faith. This includes things like health problems, broken or strained relationships, persecution by nonbelievers, financial concerns, and the death of a loved one. If we turn to God during our trials, we can expect to experience growth in our faith as we see how God delivers us through them. God may deliver us from them, or sometimes He may. But regardless, the promise in today's reading is that if we persist in faith, God will use our trials to conform us more perfectly to the image of Jesus Christ, the Suffering Servant of God (Isaiah 53:1-12).

As I was reflecting upon how God has worked in my own life (see study question #2), I reviewed some of the thoughts I had written in one of my prayer journals. In one journal entry dated 9/13/2011, my wife and I had been praying for a man we know to find a godly wife. I am pleased to report that he married in the summer of 2015 to a godly young woman he met at church. In another entry dated 12/4/2011, I prayed for God to provide a means to pay off a $25,000 surgical bill. In that case, God provided through a combination of insurance and provisions through bonuses and my salary at work. As I continued to review my prayer journal, I saw how God has worked in so many different people's lives. Yet some of the people for whom we have been praying continue to struggle. One in particular has had a half-year-long struggle in her life with chronic pain in her back. Perhaps God desires us to continue pulling together as believers to pray for her, and I am confident He will continue to work in her life.

More recently, however, God has been working miraculously in my life. Men frequently don't share the struggles with their wives that they may have in their thought life. However, we should share with God and, when appropriate, with a prayer partner of the same sex who would understand. Recently, after watching a Christian movie that focused on how God can produce miracles in the lives of people who pray boldly with faith, I sensed a calling from God to present to Him a particular struggle I was having with my thought life. After I was all pumped up spiritually after watching that Christian film, I brought this matter boldly to the Lord in prayer. After a week in which I did not struggle with this thought pattern, I thought that perhaps God was up to something in my life. After a month, I began to understand that God had indeed intervened in my life, and then began to focus on ways to prevent myself from falling into this particular pattern again. What are some areas in which you are struggling? We encourage you to bring these to God and expect His answer as you persist in prayer to Him. If you feel your faith is weak, pray that God would first give you the faith you need. Perhaps he will lead you to study a particular book or meet with a particular person. But do expect God to show up when you boldly pray to Him.

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Introduction to the Gospel Reading:

The Gospel reading from John chapter 16 is Jesus' counsel to His disciples about how they will be able to prosper once He leaves the world through His sending of the Holy Spirit. They are to expect great persecution and be "outcasts from the synagogue" (John 16:2). In fact, the deception of nonbelievers in the world will be so bad that "everyone who kills you to think that he is offering service to God" (v. 2b). Jesus promised how then when He went away He would send the "Helper," Who would "convict the world concerning sin and righteousness and judgment" (v. 8).

Gospel Reading:

> *John 16:12-15 NAS95 12 "I have many more things to say to you, but you cannot bear them now. 13 But when He, the Spirit of truth, comes, He will guide you into all the truth; for He will not speak on His own initiative, but whatever He hears, He will speak; and He will disclose to you what is to come. 14 He will glorify Me, for He will take of Mine and will disclose it to you. 15 All things that the Father has are Mine; therefore I said that He takes of Mine and will disclose it to you."*

Jesus taught His disciples how the Holy Spirit would "guide them into all the truth" (v. 13b). The prophecy of the Holy Spirit led to the inspiration of our Holy Bible. Peter spoke about this by saying, "For no prophecy was ever made by an act of human will, but men moved by the Holy Spirit spoke from God" (2 Peter 1:21). The Word of God is but one of many ministries of the Holy Spirit that we as believers possess. The Spirit also works to draw unbelievers to faith in the Lord Jesus, convict both believers and nonbelievers of their sin, regenerate our spirits making us "born from above" (John 3:3), sanctify us in the Lord, help us in prayer, guide us in understand Scripture, provide us with comfort through His divine power dwelling within us, and provides us with gifts and fruits of the Spirit. Although Jesus' disciples certainly couldn't understand the implications of His prophecy concerning the coming of the Spirit, they spent their lives living out the fullness of all that the Spirit had to offer them, even though they endured unparalleled tribulation.

We, too, are called to partake of God's divine gift through the ministry offered to us in the Holy Spirit that lives within us. It is this Spirit that empowers us to live lives pleasing to God. To take advantage of the Spirit's guidance "into all the truth" mentioned in today's reading, we must endeavor to become students of God's Word in the Bible. We pray that these weekly studies will prompt you to further study God's word, and "test all things, holding fast to that which is true" (1 Thessalonians 5:21).

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Bottom Line: Questions for Reflection

1. What is something through which you either are suffering or have suffered in recent years? In what ways have you seen how God produced in you the character qualities noted by Paul of increased faith, perseverance, and character?

2. Perhaps one of the most useful ways in which you can learn from the tribulations allowed by God in your life is to journal about your experiences and then look back upon how God used these circumstances for His eternal purposes and your own good (Romans 8:28). If you have written down anything in past years, retrieve these journal entries and review the changes that have occurred since then. In what ways can you see how God actively used these trials to produce perseverance and character in your life?

Sunday Mass Study Notes for 06-12-2022



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life of a believer, making them grow in their faith and trust in Him. In the Gospel reading we learn about how Jesus promised His disciples how He would send the Holy Spirit to empower them to accomplish His work and to persevere through the tribulations that He predicted would come upon them.

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The reading opens with the idea of the eternity of a certain person, "me" in verse 22. While we can say that God foreknew those whom He also "predestined to be conformed to the image of His Son" (Romans 8:29) and therefore knew us as believers in eternity past, the plain sense of these verses points to the "eternality" of the Person of Jesus Christ. The wording used by the author aligns with what John said about Jesus Christ in his Gospel, "In the beginning was the Word, and the Word was with God, and the Word was God" (John 1:1). The proverb says about this Person that He was established from everlasting, "From the beginning, from the earliest times of the earth" (v. 23a). John said about Jesus, "We was in the beginning with God" (John 1:2). The proverb also speaks to the role of Jesus as the creator, while at the same time brings out the unity that exists between the Father God and the Son. Verse 30 says, "Then I was beside Him, as a master workman; And I was daily His delight, Rejoicing always before Him." Colossians 1:16 says, "For by Him all things were created, both in the heavens and on earth, visible and invisible, whether thrones or dominions or rulers or authorities–all things have been created through Him and for Him." Yet Isaiah said, "Thus says the Lord, your Redeemer, and the one who formed you from the womb, "I, the Lord, am the maker of all things, stretching out the heavens by Myself, and spreading out the earth all alone." Finally, in Genesis 1:2 we see that "the Spirit of God was moving over the surface of the waters" during creation. Therefore, the Trinity of God was involved in the creation process, we see a sense of this in today's reading.

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Sunday Mass Study Notes for Sunday, 06-16-2019



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Second Reading:

> *Romans 5:1-5 NAS95 1 Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ, 2 through whom also we have obtained our introduction by faith into this grace in which we stand; and we exult in hope of the glory of God. 3 And not only this, but we also exult in our tribulations, knowing that tribulation brings about perseverance; 4 and perseverance, proven character; and proven character, hope; 5 and hope does not disappoint, because the love of God has been poured out within our hearts through the Holy Spirit who was given to us.*

Paul taught how through our faith we are justified and "we have peace with God through our Lord Jesus Christ" (v. 1). Paul taught in Colossians how as nonbelievers we were alienated from God (Colossians 1:21). Interestingly, in that same section of Colossians Paul continued with the concept of rejoicing in suffering (Colossians 1:24), which is exactly what Paul did in verse three of today's reading. Paul said, "we also exult in our tribulations" (v. 3a). He said that the reason we are called to do this is because it builds perseverance which leads to godly character, then onwards to hope (v. 4).

In applying today's reading, we may ask how tribulation produces perseverance, character, and hope? Tribulation, a word which literally means "suffering," are any type of tests to your faith. This

includes things like health problems, broken or strained relationships, persecution by nonbelievers, financial concerns, and the death of a loved one. If we turn to God during our trials, we can expect to experience growth in our faith as we see how God delivers us through them. God may deliver us from them, or sometimes He may. But regardless, the promise in today's reading is that if when we persist in faith God will use our trials to conform us more perfectly to the image of Jesus Christ, the Suffering Servant of God (Isaiah 53:1-12).

As I was reflecting upon the ways in which God has worked in my own life (see study question #2), I reviewed some of the thoughts that I had written in one of my prayer journals. In one journal entry dated 9/13/2011 me and my wife had been praying for a man we know to find a godly wife. I am pleased to report that he got married in the summer of 2015 to a very godly young woman whom he met at church. In another entry dated 12/4/2011 I had been praying for God to provide a means for me to pay off a $25,000 surgical bill. In that case God provided through a combination of insurance and provisions through bonuses and my salary at work. As I continued to review my prayer journal, I see how God has worked in so many different people's lives. Yet some of the people whom we have been praying continue to struggle. One in particular has had a half-down year long struggle in her life with chronic pain in her back. Perhaps God desires us to continue to pull together as believer to pray for her, and I am confident that He will continue to work in her life.

More recently however, God has been working in a miraculous way in my life. Men frequently don't share the struggles with their wives that they may have in their thought life. We should however share these both with God and when appropriate with a prayer partner of the same sex who would understand. Recently after watching a Christian movie that focused upon how God is able to produce miracles in the lives of people who pray boldly with faith, I sensed a calling from God to present to Him a particular struggle that I was having with my thought life. After I was all pumped up spiritually after watching that Christian film, I brought this matter boldly to the Lord in prayer. After a week went by in which I did not struggle with this particular thought pattern, the thought occurred to me that perhaps God was up to something in my life. After a month had gone by, I began to understand that God had indeed intervened in my life, and then began to focus upon ways to prevent myself from falling into this particular pattern again. What are some areas in which you are struggling? We encourage you to bring these to God and expect His answer as you persist in prayer to Him. If you feel your faith is weak, pray that God would first give you the faith that you need. Perhaps He will lead you to study a particular book, or meet with a particular person. But do expect God to show up when you come to Him boldly in prayer.

Introduction to the Gospel Reading:

The Gospel reading from John chapter 16 is Jesus' counsel to His disciples about how they will be able to prosper once He leaves the world through His sending of the Holy Spirit. They are to expect great persecution and be "outcasts from the synagogue" (John 16:2). In fact, the deception of nonbelievers in world will be so bad that "everyone who kills you to think that he is offering service to God" (v. 2b). Jesus promised that after He had gone away He would send the "Helper," Who would "convict the world concerning sin and righteousness and judgment" (v. 8).

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Gospel Reading:

> *John 16:12-15 NAS95 12 "I have many more things to say to you, but you cannot bear them now. 13 But when He, the Spirit of truth, comes, He will guide you into all the truth; for He will not speak on His own initiative, but whatever He hears, He will speak; and He will disclose to you what is to come. 14 He will glorify Me, for He will take of Mine and will disclose it to you. 15 All things that the Father has are Mine; therefore I said that He takes of Mine and will disclose it to you."*

Jesus taught His disciples how the Holy Spirit would "guide them into all the truth" (v. 13b). The prophecy of the Holy Spirit led to the inspiration of our Holy Bible. Peter spoke about this by saying, "for no prophecy was ever made by an act of human will, but men moved by the Holy Spirit spoke from God" (2 Peter 1:21). The Word of God is but one of many ministries of the Holy Spirit that we as believers possess. The Spirit also works to draw unbelievers to faith in the Lord Jesus, convict both believers and nonbelievers of their sin, regenerate our spirits making us "born from above" (John 3:3), sanctify us in the Lord, help us in prayer, guide us in understand Scripture, provide us with comfort through His divine power dwelling within us, and provides us with gifts and fruits of the Spirit. Although Jesus' disciples certainly couldn't understand the implications of His prophecy concerning the coming of the Spirit, they spent their lives living out the fullness of all that the Spirit had to offer them even though they endured unparalleled tribulation in their lives.

We too are called to partake of God's divine gift through the ministry offered to us in the Holy Spirit that lives within us. It is this Spirit that empowers us to live lives pleasing to God. In order to take advantage of the Spirit's guidance "into all the truth" mentioned in today's reading, we must endeavor to become students of God's Word in the Bible. Our prayer is that these weekly studies will prompt you to go further in your study of God's word, and "test all things, holding fast to that which is true" (1 Thessalonians 5:21).

Reflection Questions

1. What is something through which you either are suffering, or have suffered in recent years? In what ways have you seen how God produced in you the character qualities noted by Paul of increased faith, perseverance and character?
2. Perhaps one of the most useful ways in which you can learn from the tribulations allowed by God in your life is to journal about your experiences and then look back upon how God used these circumstances for His eternal purposes and your own good (Romans 8:28). If you have written down anything in past years, retrieve these journal entries and review the changes that have occurred since then. In what ways can you see how God actively used these trials to

produce perseverance and character in your life?

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