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Sunday Mass Study Notes for Lectionary 100: 07/05/2026



Welcome back to the Sunday Mass notes. The first reading highlights a prophecy about Jesus, who came humbly the first time, riding into Jerusalem on a donkey. However, He will return a second time in justice and power to claim victory over a world entrenched in war against Him and His people. In the second reading, we encounter the contrast between those who had Jesus' Spirit living inside of them and those who are driven purely by their carnal, spiritually dead natures. As we move to the Gospel lesson, we will learn about how Jesus relied upon prayer to God the Father for His spiritual victory. The last reading gives us insight into the communication between these two Persons of the Godhead, which serves as a pattern for the communion God wants with all of us (John 17:20-21).

Introduction to the First Reading:

The first reading is from the Prophet Zechariah. Zechariah was one of the twelve Minor Prophets, a term that refers to the size of their writings compared with the larger Books of the Major Prophets,

such as Isaiah and Jeremiah. Zechariah wrote during the exile of the Jews to Babylon and returned to Jerusalem with Zerrubbabel, also known as Sheshbazzar (Ezra 1:8), the leader of the tribe of Judah. One of the things for which Zechariah is known is the prophecy of the flying scroll (Zechariah 5:1-11). This message symbolized the Word of God, which Israel had disobeyed, and the moral components that the entire world had also broken. The message called for judgment according to God's righteous rule. The context of today's reading is the reign of the Persian King Darius, some two years before the Jews rebuilt the Temple in Jerusalem. In Chapter 8, Zechariah prophesied about what we know today as the Lord Jesus's return to Jerusalem. He said, "Thus says the LORD, 'I will return to Zion and will dwell in the midst of Jerusalem. Then Jerusalem will be called the City of Truth, and the mountain of the LORD of hosts will be called the Holy Mountain'" (Zechariah 8:3). Chapter 9 opens with a prophecy against the nations surrounding Israel, followed by a pronouncement that God would deliver His people. "But I will camp around My house because of an army, Because of him who passes by and returns; And no oppressor will pass over them anymore, For now I have seen with My eyes" (Zechariah 9:8).

As you study the reading, take careful note of the prophecy of the Coming King and remember Jesus' triumphal entry into Jerusalem on the day we call Palm Sunday (Mark 11:1-11).

First Reading:

> *9 Rejoice greatly, O daughter of Zion! Shout in triumph, O daughter of Jerusalem! Behold, your king is coming to you; He is just and endowed with salvation, humble, and mounted on a donkey, Even on a colt, the foal of a donkey. 10 I will cut off the chariot from Ephraim and the horse from Jerusalem; and the bow of war will be cut off. And He will speak peace to the nations; and His dominion will be from sea to sea, and from the River to the ends of the earth. (Zechariah 9:9-10)*

In this prophecy, we see both advents of Jesus compressed into three short verses. Verse 9 contains Zechariah's prophecy, which was fulfilled on Palm Sunday, when Jesus entered Jerusalem riding on a donkey. In verse 10, the tenor suddenly changed from one of a triumphal celebration of the coming Messiah to one of war. At Christ's Second Advent, He will cut off the world war (v. 10a) and "He will speak peace to the nations" (v. 10b). Finally, Zechariah said that the territory under the king's reign would extend from the Euphrates River all the way around the earth.

The war about which Zechariah was speaking is the war that will come with the appearance of the

man known in Scripture as the Antichrist. Saint Paul said, "Let no man deceive you by any means: for that day shall not come, except there comes a falling away first, and that man of sin be revealed, the son of perdition" (2 Thessalonians 2:3). This "man of sin" will fill the world's vacuum for a leader and will seize power by intrigue (Daniel 11:21). We can take comfort in knowing that one day Jesus will return to the earth to usher in worldwide peace and bring in an era of justice. When we see wars and rumors of war all around us, this does not take God by surprise. He is waiting for the perfect timing to bring His Son back to rule and reign on the earth. Second, we can rest in the fact that although Zechariah probably didn't understand the prophecy that he wrote, he faithfully recorded it in the Scriptures. We can trust that the prophecies, such as this one from Zechariah, provide important, after-the-fact, confirmation of the accuracy of God's Word, even if they are hard to understand before the events have played out. This gives us confidence to follow God's Word, because we know that it is not man-made, it is supernatural.

Introduction to the Second Reading:

The second reading today is from Saint Paul's Letter to the Romans. Paul opened Chapter 8 in Romans by explaining the difference between a person who was born again through the Spirit of God and the one whose heart was set on the flesh (Romans 8:6). The believer, whose righteousness is found through faith in the finished work of Jesus Christ, is in a right relationship with God. Paul said, "There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit" (Romans 8:1). Next, he explained the significant contrast of the heart of the unbeliever. "For the mind set on the flesh is death, but the mind set on the Spirit is life and peace, because the mind set on the flesh is hostile toward God; for it does not subject itself to the law of God, for it is not even able to do so, and those who are in the flesh cannot please God" (Romans 8:6-8). This context is helpful in understanding the word "however" which serves as a contrast and opens today's reading beginning in verse 9. We included verse ten, although it didn't appear in the reading.

Second Reading:

> *9 However, you are not in the flesh but in the Spirit, if indeed the Spirit of God dwells in you. But if anyone does not have the Spirit of Christ, he does not belong to Him. 10 If Christ is in you, though the body is dead because of sin, yet the spirit is alive because of righteousness. 11 But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ Jesus from the dead will also give life to your mortal bodies through His Spirit who dwells in you. 12 So then, brethren, we are under obligation, not to the flesh, to live according to the*

> *flesh– 13 for if you are living according to the flesh, you must die; but if by the Spirit you are putting to death the deeds of the body, you will live. (Romans 8:9-13)*

Paul said that a person must have the Spirit of God dwelling in them in order to belong to Him. This is the same thing that Jesus explained to the Jewish ruler Nicodemus, who came to Jesus at night, which I like to call "Nick at night." Jesus told him, "Truly, truly, I say to you, unless one is born again, he cannot see the kingdom of God" (John 3:3b-ff). Jesus and Paul taught the same very important scriptural truth: a person must be indwelt by the Holy Spirit of God in order to be one of His children. This indwelling happens the moment a person surrenders his or her life to Christ for salvation. Whether or not they sense anything tangibly, this is when the Holy Spirit comes to live inside of a believer. It is a mystery of God (John 3:8), but something we can be assured happens because of the reliability of God's Word.

Paul further explained that although the believer's body would die because of sin, their spirit was made alive (quickened) because of the righteousness of Jesus Christ imparted to them through faith (v. 10). Next, Paul gave words of hope for believers by saying that since Christ was raised from the dead someday our bodies will also be given eternal life (v. 11). Finally, Paul called believers to put to death the carnal, fleshly behaviors inherent in our sinful nature through the power of the Holy Spirit (v. 13).

It is important for us to pause here and contemplate what Paul said regarding the calling of believers towards holy living. "[F]or if you are living according to the flesh, you must die; but if by the Spirit you are putting to death the deeds of the body, you will live" (v. 13). His teaching on this matter took the form of a set of "if then" conditional statements. **If** a person who doesn't have the Spirit of God lives according to the natural flesh, which of course is the only direction they know to take, **then** they will die. But **if** you who are indwelled by the Holy Spirit (are born again, born from above by the Holy Spirit, John 3:3), **then** you will have empowerment from God's Holy Spirit to live according to the purposes of the Spirit, who inherently has life. Jesus is the empowering force that lives within us through God's Holy Spirit, enabling us to turn from the natural inclinations of our sinful flesh and towards the things of the Spirit. It's not so much that God doesn't like unholy living and punishes it with death; it's more about the natural course of consequences that are inherent in the universe that God designed. He pleads with people to choose life, but often times we choose death (Deuteronomy 30:19). Paul makes a striking case for the ongoing growth of believers to become more and more like Christ, from the inside out, because we have a new relationship of grace with His Spirit who "teaches us to say 'no' to ungodliness" and calls us to righteous living (Titus 2:12).

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Introduction to the Gospel Reading:

The Gospel lesson is from Saint Matthew. The context of the lesson is when Jesus was traveling from city to city with the disciples (Matthew 11:1) to preach and teach. Jesus had some not-so-nice things to say about His experiences there. "Then He began to denounce the cities in which most of His miracles were done, because they did not repent" (Mt 11:20). Jesus used several examples of the cities to which He had visited, then spoke about Capernaum, a town located on the north shore of the Sea of Galilee, a town that possibly was the location of Saint Peter's home. "And you, Capernaum, will not be exalted to heaven, will you? You will descend to Hades; for if the miracles had occurred in Sodom which occurred in you, it would have remained to this day" (Matthew 11:23). We pick up with the reading in verse 25.

Gospel Reading:

> *25 At that time Jesus said, "I praise You, Father, Lord of heaven and earth, that You have hidden these things from the wise and intelligent and have revealed them to infants. 26 Yes, Father, for this way was well-pleasing in Your sight. 27 All things have been handed over to Me by My Father; and no one knows the Son except the Father; nor does anyone know the Father except the Son, and anyone to whom the Son wills to reveal Him. 28 Come to Me, all who are weary and heavy-laden, and I will give you rest. 29 Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and YOU WILL FIND REST FOR YOUR SOULS. 30 For My yoke is easy and My burden is light." (Matthew 11:25-30)*

Here we see a prayer between God the Son and God the Father, given by Jesus in a public setting to provide the hearers with important spiritual insights. Remember that Jesus had just finished speaking about the people's urgent need to repent. In His ministry, Jesus had taken over where John the Baptist had left off with this urgent call of repentance. Frequently, the "wise and intelligent" (v. 25c) find it quite difficult to humble themselves and become like infants (v. 25c). God asks us to come to him humbly (Matthew 5:5) and rewards those who diligently seek Him (Hebrews 11:6).

Jesus revealed several very important spiritual truths in this passage:

- God has given Jesus complete sovereign control over the earth.

- The only Person with a true understanding of God the Father is God the Son, and those to whom God the Son has revealed Himself.

- Jesus has provided the believer a position of rest. We not only do not have to earn our salvation, but we may also rest and trust in our righteous standing with God. We saw this in the second reading today from Romans 8 as well.

- The way of Jesus is easy compared to the way of the religious. In those days, the religious leaders were called Pharisees, and they believed they earned their salvation by performing many religious acts. In contrast, the believer's burden is light because the hard work Jesus did to earn our salvation is already complete. Nothing can be added to it, no matter how hard we work. Therefore, being yoked to Jesus provides freedom from the burdensome labor of religion.

Jesus' calling is to the humble people, like Himself, not proud ones who are "carnally minded" (Romans 8:6) as we saw in the second reading. In the same way that Jesus pronounced curses upon the nations that did not repent, God will one day pronounce judgment upon each unbelieving person who doesn't repent. "For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live" (Romans 8:13). We can rest in our faith in Jesus for He said, "Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and YOU WILL FIND REST FOR YOUR SOULS. For My yoke is easy and My burden is light" (Mathew 11:29-30).

Have a great week being happily "yoked" to Jesus.

Reflection Questions

1. We read about the difference between a person who is "carnally minded" and one who is motivated by the Spirit of God. How can a person know that they are saved? Read the following verses and write down a few ways in which a person can know they are in a right relationship with God.

> *Romans 8:16-17: 16 The Spirit Himself testifies with our spirit that we are children of God, 17 and if children, heirs also, heirs of God and fellow heirs with Christ, if indeed we suffer with Him so that we may also be glorified with Him.*

> *1 John 2:3-11: 3 By this we know that we have come to know Him, if we keep His commandments. 4 The one who says, "I have come to know Him," and does not keep His commandments, is a liar, and the truth is not in him; 5 but whoever keeps His word, in him the love of God has truly been perfected. By this we know that we are in Him: 6 the one who says he abides in Him ought himself to walk in the same manner as He walked. 7 Beloved, I am not writing a new commandment to you, but an old commandment which you have had from the beginning; the old commandment is the word which you have heard. 8 On the other hand, I am writing a new commandment to you, which is true in Him and in you, because the darkness is passing away and the true Light is already shining. 9 The one who says he is in the Light and yet hates his brother is in the darkness until now. 10 The one who loves his brother abides in the Light and there is no cause for stumbling in him. 11 But the one who hates his brother is in the darkness and walks in the darkness, and does not know where he is going because the darkness has blinded his eyes.*

2. Pride is one of the things that keeps people from entering into a righteous relationship with God through Jesus Christ. Read the verses that follow and answer the questions below.

> *Proverbs 6:16-19: 16 There are six things which the LORD hates, Yes, seven which are an abomination to Him: 17 Haughty eyes, a lying tongue, And hands that shed innocent blood, a heart that devises evil schemes, feet that are quick to rush into evil, a false witness who pours out lies, and a person who stirs up conflict in the community.*

James 4:13-15: 13 Come now, you who say, "Today or tomorrow we will go to such and such a city, and spend a year there and engage in business and make a profit." 14 Yet you do not know what your life will be like tomorrow. You are just a vapor that appears for a little while and then vanishes away. 15 Instead, you ought to say, "If the Lord wills, we will live and also do this or that."

A. Why do you think that pride was first on the list of things which the LORD hates? How are all the rest of the evil things on that list connected to and/or generated by pride? In what ways does pride blind people to the scriptural truths of salvation through faith in Jesus?

B. In what ways do you identify with what James said about the self-confident person? In light of your answer, how could you pray to look at things differently this week?

Sunday Mass Study Notes for Lectionary 102: 07/06/2025



Welcome back to the Sunday Mass notes. This week, we learn about finding peace and comfort from God during challenging times by resting in His future promises of peace and prosperity, as outlined in the closing chapter of Isaiah. We learn about the value of humility and how God calls us to reflect on His works, not our own. In the Gospel reading, we see God's early missionary force sent out before His crucifixion to spread the word of the kingdom being ushered in through the Messiah, Jesus, and about the coming judgment for those who ignored His promises.

Introduction to the First Reading:

The context of the message from the last chapter of the Book of Isaiah is God's closing message to Judah concerning the ultimate future restoration of Jerusalem, the city of God's choosing given to the people of his choosing – the Nation of Israel. Chapter 66 provides essential insights for the contemporary audience, who faced threats from the Assyrian Empire, which soon took over the Northern Kingdom, as well as the Babylonians, who later took over Judah itself.

First Reading:

> *Isaiah 66:10-14 NAS95 10 "Be joyful with Jerusalem and rejoice for her, all you who love her; Be exceedingly glad with her, all you who mourn over her, 11 That you may nurse and be satisfied with her comforting breasts, That you may suck and be delighted with her bountiful bosom. 12 For thus says the LORD, "Behold, I extend peace to her like a river, And the glory of the nations like an overflowing stream; And you will be nursed, you will be carried on the hip and fondled on the knees. 13 As one whom his mother comforts, so I will comfort you; And you will be comforted in Jerusalem. 14 Then you will see this, and your heart will be glad, And your bones will flourish like the new grass; And the hand of the LORD will be made known to His servants, But He will be indignant toward His enemies.*

In the opening verses, God instructs Isaiah that Jerusalem is a holy mother of God's people, a place of safe dwelling and nourishment full of bounty (vv. 10–11). Jerusalem, which was still standing at that time and had yet to face the utter destruction promised to it (Isaiah 22:1-14), had been a beacon of God's glory to the world since the conquest of the Jebusites and the placement of the temple there. The city in which God dwelled served to reveal Himself to the Hebrew nation as well as the surrounding Gentiles. It is no coincidence that the name Jerusalem itself means "city of peace" since it was (and will be in some future age) the representation of God's presence and rule on earth. In verse 12, we see this aspect of the City of Peace extolled, where God says, "Behold, I extend peace to her like a river." The next part of this verse reveals the future, universal significance of the City of God, not just to the Jews but also to the Gentiles. God says that He will bring the glory of the nations into Jerusalem, and he shows the coming of the nations to be a good thing. These would have been strange words to Isaiah's contemporary audience since they would have viewed anything from the Gentiles as unclean and dangerous. This was primarily because the Gentile Assyrian army was poised, ready to strike down the Jewish Northern Kingdom very shortly. The reading concludes by continuing the expression of God's peace and comfort to His people (vv. 13 – 15). God said their hearts would be glad (14a), that they would flourish physically like "new grass" (14b), and that He would conquer their enemies (14c).

This message of hope given by Isaiah, the Prophet of Judah, would have been very comforting to the people who had only to look to God for their ultimate deliverance from their enemies and future peace. Little did they know that the ultimate peace would not come until after they had killed their promised Messiah and waited while God fulfilled His divine plan by bringing the Gentiles to faith in Him through the mystery of the church (Ephesians 5:32). In our day we can look to Isaiah's message and find a similar application. We can trust that in the end, God will vanquish our enemies, bring eternal peace to us, and ultimately fulfill all the prophetic promises He has made to us. When we read about the "nations" in the Old Testament passages, such as those found in Isaiah, we can trust that God has a plan for us and that we are a people grafted into the nation of His choosing, Israel. As in-grafted believers, we share not only in the responsibilities of God's people but also in the current and promised blessings.

The Scriptures teach us the importance of focusing on God, both in good times and in bad. I recall an incident a few years ago when I was windsurfing on the eastern coast of Florida. The boom, which held the sail to the mast, suddenly broke in two, and I was forced to swim a long distance back to shore. My readers may recognize that many of the illustrations I include are often drawn from my experiences windsurfing! As I made my way back towards shore with a sidestroke while grasping onto my board and broken rig, I kept my focus on the distant shoreline. I found it helpful to focus on my goal as I made progress towards it at a snail's pace. It is during these times that keeping the goal in sight is helpful, and how promises are never to leave us or forsake us. During the easy times, it's easy to place our beliefs on a shelf and not retrieve them again until the next hard thing comes along. But during our difficult struggles, God becomes paramount in our minds. This isn't necessarily a bad thing because we do indeed turn closer to God when hard times come, rather than falling away and feeling that God has left us during our challenges. As I continued my long swim that day, as I got closer to the shore, the lifeguard who had earlier been blowing his whistle at me for being too close to the guarded area began watching me through binoculars to see if I needed any help. With the whistle-blowing exercise fresh in my mind, I happily scurried onto the grassy shoreline of the public park quickly rather than waiting around for him to question me. I thought, how dare I break down in the guarded area where windsurfing was prohibited, and there was nothing that the lifeguard could do about it! These lessons teach me the importance of relying on God and the value of focusing on Him during both the good times and the bad.

Introduction to the Second Reading:

The second reading picks up where we left off last week in the Book of Galatians. Here, Paul continues his explanation of salvation by faith alone and not through the works of the Law. Earlier, Paul had just finished explaining the danger of the believers falling into the trap of conforming to religious Jewish practices for the sake of preventing persecution for their faith. Paul said, "Those

who desire to make a good showing in the flesh try to compel you to be circumcised, simply so that they will not be persecuted for the cross of Christ" (Galatians 6:12). Some in the church were urging conformance to religious practices including circumcision and the boasting about it as though they were the religious police, judge, and jury (v. 13). Paul's opposition to their boasting is the subject of today's reading.

Second Reading:

> *Galatians 6:14-18 NAS95 14 But may it never be that I would boast, except in the cross of our Lord Jesus Christ, through which the world has been crucified to me, and I to the world. 15 For neither is circumcision anything, nor uncircumcision, but a new creation. 16 And those who will walk by this rule, peace, and mercy be upon them, and the Israel of God. 17 From now on, let no one cause trouble for me, for I bear on my body the brand-marks of Jesus. 18 The grace of our Lord Jesus Christ be with your spirit, brethren. Amen.*

In this short message, Saint Paul extolled the value of boasting only in the finished work of Jesus Christ, who died on the cross for us, rather than in anything that we do, even if it be of great religious or spiritual value. God promises that peace will fall upon those who walk humbly in light of this admonition, although they may endure persecution for Him (v. 17, the "brand marks of Jesus"). Paul closes the reading and the entire Book of Galatians with a closing blessing in which he calls for God's blessing while affirming the brotherhood of those whom he had addressed so sternly throughout his message.

Paul's words from the reading remind us of the Prophet Micah's message from God to the people of his era. Near the end of his Book he wrapped up the entirety of the calling God was placing upon the people in one short sentence: "He has told you, O man, what is good; And what does the LORD require of you But to do justice, to love kindness, And to walk humbly with your God?" (Micah 6:8). As we saw in the first reading God calls us to focus upon His works and promises and through this we find comfort through our difficult times. In today's second reading, Paul added to this by reminding his readers of the value of walking in humility and boasting only about what God has done for them rather than what they have done for Him.

Introduction to the Gospel Reading:

The context of the Gospel reading from Luke is Jesus' sending of the seventy, an early missionary

group who went out across the land in pairs to present the message that "the kingdom of God [had] come near to [them" (v. 9). This group was given spiritual power for healing along with this message which also included an admonition for those who turned against God's provisions of the kingdom.

Gospel Reading:

> *Luke 10:1-12 NAS95 1 Now after this the Lord appointed seventy others, and sent them in pairs ahead of Him to every city and place where He Himself was going to come. 2 And He was saying to them, "The harvest is plentiful, but the laborers are few; therefore beseech the Lord of the harvest to send out laborers into His harvest. 3 Go; behold, I send you out as lambs in the midst of wolves. 4 Carry no money belt, no bag, no shoes; and greet no one on the way. 5 Whatever house you enter, first say, 'Peace be to this house.' 6 If a man of peace is there, your peace will rest on him; but if not, it will return to you. 7 Stay in that house, eating and drinking what they give you; for the laborer is worthy of his wages. Do not keep moving from house to house. 8 Whatever city you enter and they receive you, eat what is set before you; 9 and heal those in it who are sick, and say to them, 'The kingdom of God has come near to you.' 10 But whatever city you enter and they do not receive you, go out into its streets and say, 11 'Even the dust of your city which clings to our feet we wipe off in protest against you; yet be sure of this, that the kingdom of God has come near.' 12 I say to you, it will be more tolerable in that day for Sodom than for that city."*
> *Luke 10:17-20 NAS95 17 The seventy returned with joy, saying, "Lord, even the demons are subject to us in Your name." 18 And He said to them, "I was watching Satan fall from heaven like lightning. 19 Behold, I have given you authority to tread on serpents and scorpions, and over all the power of the enemy, and nothing will injure you. 20 Nevertheless do not rejoice in this, that the spirits are subject to you, but rejoice that your names are recorded in heaven."*

God sent the seventy pairs with precise instructions, the first of which was to discern the receptiveness of the house in which they were preparing to enter. Jesus had earlier warned His disciples in the Sermon on the Mount about "not casting their pearls before swine" (Matthew 7:6), meaning not to attempt to preach godly things to those who persist in ungodliness and are unwilling to listen. Jesus expanded upon this admonition by promising to His missionary force that those who don't listen will be subject to severe and eternal discipline. Jesus told them that the destruction of those who reject the message would be worse than the destruction experienced by the unrepentant sinners in Sodom, which the Lord destroyed by divine fire from heaven (v. 12). This missionary force returned after the conclusion of their assignment with the astounding news of divine power over Satanic forces (v. 17). Jesus then told them about how He had already seen Satan fall from his exalted position and how He had given them this divine authority which they experienced during their journey (v. 19). In closing, Jesus pointed them to His higher purpose. They were not to boast about the power that He had given them for their missionary responsibilities but rather to rejoice in the fact that, unlike Satan and the nonbelievers, their names were written in the Book of Life in

Heaven (v. 20).

By application, the power to which Jesus extended to His first ministry force of seventy people extends to us to a certain extent today. As missionaries of Jesus, we are called to use discernment in gauging the receptiveness of our audience. We are also to recognize that like the seventy, we too possess divine power that comes from God according to the spiritual gift that is given to us (Romans 12:6-8; 1 Corinthians 12:4-11; and 1 Corinthians 12:28). We are also reminded to keep in mind the urgency of this message because nonbelievers will be judged with a worse fate than those of Sodom. And like we saw in the second reading, we need to walk humbly before the Lord and exalt in His works rather than our own. We are to "rejoice that [our] names are recorded in heaven" (v. 20) while using the example of the seventy as guidance in how we are to approach that that may be highly resistant to the Gospel.

A few things to keep in mind regarding the reading are:

- There is a great need for missionaries in our world today.
- God places a significant intrinsic value upon each person, where He wishes that none would perish (2 Peter 3:9).
- The consequences of rejecting Jesus are real and eternal.
- Jesus demonstrated the value of community in accomplishing His missionary work by sending the missionaries in pairs. We don't need to perform our "scary" ministry alone, but rather, we can follow Jesus' example and work in teams to achieve the greater glory of God.
- A fantastic spiritual battle is unfolding behind the scenes in the heavenly realm. As believers, we enter the "second heaven," which is an invisible domain but which is very real in terms of the spiritual battles being waged.

- Through all of these things, we need to remember Jesus' Great Commission, "Go therefore and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit, teaching them to observe all that I commanded you; and lo, I am with you always, even to the end of the age" (Matthew 28:19-20).

Reflection Questions

1. In the Gospel reading, we learned about Jesus' first missionary force of seventy people sent out as "lambs amid wolves (v. 3). In what ways do you feel like a lamb among wolves in the work that God has called for you to do today?

2. In what ways do God's promises empower you to accomplish His work, including the Great Commission? How does gaining a better understanding of God's promises help you? What are some ways in which you could learn more about God's promises and create future reminders about what you have learned?

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Welcome back to the Sunday Mass notes. This week we learn about the commission of the prophet Ezekiel. Then we study the value of weakness in the life of Paul and by application how God uses it for our good. We close with a study of Mark's Gospel in which we see the rejection of Jesus' message by those close to him from His own hometown.

Introduction to the First Reading:

The first reading is from the Prophet Ezekiel. The context is the opening of his prophecy and would have been written after he had been carried off captive to Babylon in 597 BC. Ezekiel said in 1:1 that he was 30 years old when he began his ministry, the same age as when the priests begin working in their position. Ezekiel was unique in that he held both offices, that of prophet and priest (see Ezekiel 1:3). The young man Ezekiel wrote of the visions he received from God while he "by the river Chebar among the exiles" (1:1). Today's reading is God's commissioning of Ezekiel to speak to the Nation of Israel that was in the process of being judged by Him for their sins.

First Reading:

> *Ezekiel 2:1-5 NAS95 1 Then He said to me, "Son of man, stand on your feet that I may speak with you!" 2 As He spoke to me the Spirit entered me and set me on my feet; and I heard Him speaking to me. 3 Then He said to me, "Son of man, I am sending you to the sons of Israel, to a rebellious people who have rebelled against Me; they and their fathers have transgressed against Me to this very day. 4 I am sending you to them who are stubborn and obstinate children, and you shall say to them, 'Thus says the Lord GOD.' 5 As for them, whether they listen or not–for they are a rebellious house–they will know that a prophet has been among them."*

Since Ezekiel was far removed from the temple, his ministry duties as a priest would have been practically eliminated. However, God called Ezekiel to a new ministry as a prophet and empowered him through the sending of the Holy Spirit specially to him. The Spirit of God was the One that "set [him] on [his] feet" and only after this event did Ezekiel begin hearing God speak directly to him in contrast to the visions he recorded in the opening of the book. Now that Ezekiel was commissioned as God's prophet, the oracles began pouring out of him. First, God told him to whom he was sent: the "sons of Israel" (v. 3b). Next, as if Ezekiel didn't already know, God told him about the rebellious nature of the people. God used multiple harsh phrases to describe them including rebellious (3 times), transgressors, stubborn, obstinate, as well as implied that they would not listen (v. 5).

What can we learn from this commissioning passage of Ezekiel's life? While we may not be a prophet or a priest, we can see some principles about how God works and what our response to Him should be. First, when God calls a servant He empowers them through His Spirit. As church age believers, we are guaranteed that the Holy Spirit lives within us (Ephesians 1:14) to empower us to do works of service that He has prepared in advance for us to do (Ephesians 2:10). Second, we are to carry out God's commission regardless of the response of those who we are serving. We should not be complexly oblivious to receiving constructive feedback on how to improve in serving people. However, this passage is teaching that sometimes our service will go unappreciated. When that is the case, God is calling us to remain faithful, regardless of the response.

I know of a missionary who worked in Germany for a dozen years without seeing even a single faith convert to the Lord. It would have been very easy to be discouraged and to evaluate his work as a failure. But in God's value system this man, like Ezekiel, was faithful even though there wasn't a lot on the outside to show for it. In Ezekiel's case, rabbinical tradition says that he was eventually killed by someone who resisted his message. Both of these examples serve to encourage us to persevere under adverse circumstance when we are trying to do God's will in our own lives.

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Introduction to the Second Reading:

The second reading is from Saint Paul's Second Letter to the Corinthians. In this passage, Paul is explaining the importance of weakness for our spiritual growth.

Second Reading:

> *2 Corinthians 12:7-10 NAS95 7 Because of the surpassing greatness of the revelations, for this reason, to keep me from exalting myself, there was given me a thorn in the flesh, a messenger of Satan to torment me–to keep me from exalting myself! 8 Concerning this I implored the Lord three times that it might leave me. 9 And He has said to me, "My grace is sufficient for you, for power is perfected in weakness." Most gladly, therefore, I will rather boast about my weaknesses, so that the power of Christ may dwell in me. 10 Therefore I am well content with weaknesses, with insults, with distresses, with persecutions, with difficulties, for Christ's sake; for when I am weak, then I am strong.*

When is weakness ever a good thing? In our culture, the answer is never, but in God's economy it serves a valuable purpose. Paul, because of his unique position as one who had direct revelation from God, could have tried to do ministry in his own strength. Dependence upon God is our life source. Unfortunately, we can be deceived into thinking that we don't need God, even as a Christian. So God in His kindness and wisdom allowed the "thorn in the flesh" to come upon Paul. The "thorn in the flesh" is a messenger of Satan, which is obviously something bad, something we wouldn't want for ourselves. Even though Paul pleaded and thought that he would be more productive without it, God reassured him that this bad thing could be used for his own good. The good that God used it for was to break Paul's of the dangerous and self-destructive nature of self-reliance and instead develop a spirit of dependence upon God which was his lifeline.

Like Paul, we are often deluded into believing that real life is found in exerting our independence and power over our circumstances. Self-reliance though, does not lead us to eternal life. Instead, abiding in Christ and dependence upon God is where real life is found (John 15:1-5). These character qualities of abiding and dependence upon God do not come naturally to us. God, in His infinite wisdom, knows how to keep us close to Himself and He will use even worse circumstances, i.e. a thorn in the flesh, to carry out His purpose in our life.

Introduction to the Gospel Reading:

In the next passage, we will see a fatal response to Jesus' display of supernatural power in his home town of Nazareth.

Gospel Reading:

> *Mark 6:1-6 NAS95 1 Jesus went out from there and came into His hometown; and His disciples followed Him. 2 When the Sabbath came, He began to teach in the synagogue; and the many listeners were astonished, saying, "Where did this man get these things, and what is this wisdom given to Him, and such miracles as these performed by His hands? 3 Is not this the carpenter, the son of Mary, and brother of James and Joses and Judas and Simon? Are not His sisters here with us?" And they took offense at Him. 4 Jesus said to them, "A prophet is not without honor except in his hometown and among his own relatives and in his own household." 5 And He could do no miracle there except that He laid His hands on a few sick people and healed them. 6 And He wondered at their unbelief. And He was going around the villages teaching.*

In this vignette, we see people discrediting Jesus' ministry because of their own shortsightedness and resentment. In other passages, we see people being humbled by Jesus' display of power. Here the people of Jesus' hometown list the names of specific family members in an attempt to invalidate His miraculous signs. This would seemingly let them off the hook for being accountable to recognize the Messiah among them. The proper response to the Messiah would be to follow Him, but they choose to disdain Him. As we saw in the first reading, the people of Israel are a rebellious lot, obstinate, and refuse to listen even when miraculous signs manifest in their presence. As a result of their great lack of faith Jesus' miraculous signs were withheld because God shows up when we exercise faith in Him (Hebrews 11:6).

This passage teaches us that there are two responses to Jesus' rightful claim as Messiah. One response is to believe and place our trust in Jesus even when it feels kind of awkward or it costs us dearly. The second response is to push away the overwhelming evidence by discrediting the messengers of the Gospel and His message. These people could see the signs because they were coming from Jesus who was to them just a regular human being. Instead of shifting their lives to be open to Jesus' claim of divinity and messiahship they rejected Him. We can learn from their fatal response.

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Reflection Questions

1. In the past I have struggled with some health issues that were chronic in nature and undiagnosed. The daily frustration and concern over this continues to cause me to live my life in a way much closer to God's kingdom than the world. Without this constant struggle, I would not be as conscious of my need for the Lord and his daily sustenance. List one weakness with which you are suffering from which you have asked God to deliver you. Talk to Him in prayer about how He might be using this to develop your dependence upon Him.

2. During the Fourth of July holiday, I frequently travel back to my hometown to celebrate. I encounter people who are aware of the spiritual transformation that happened in my life when I surrendered my life to Jesus. Sometimes they respond to me in a similar way as the people in Jesus' hometown who resented the fact that He was holy. How can the passages from this week's study encourage you to persist in your own holiness and personal service of the Lord even when others disparage or scoff at your spiritual development?

Sunday Mass Study Notes for 07-03-2022



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Welcome back to the Sunday Mass notes. This week we learn something about how to find peace and comfort from God during hard times by resting upon His future promises of peace and prosperity in the closing chapter of Isaiah. We learn about the value of humility and how God calls us to reflect upon His works and not our own. In the Gospel reading we see God's early missionary force sent out before His crucifixion in order to spread the word of the kingdom being ushered in through the Messiah Jesus and about coming judgment for those who ignored His promises.

Introduction to the First Reading:

The context of the message from the last chapter of the Book of Isaiah is God's closing message to Judah concerning the ultimate future restoration of Jerusalem, the city of God's own choosing given to the people of his choosing – the Nation of Israel. Chapter 66 provides important insights to the contemporary audience who were facing threats from the Assyrian Empire who soon took over the Northern Kingdom and also the Babylonians who later took over Judah itself.

First Reading:

Isaiah 66:10-14 NAS95 10 "Be joyful with Jerusalem and rejoice for her, all you who love her; Be exceedingly glad with her, all you who mourn over her, 11 That you may nurse and be satisfied with her comforting breasts, That you may suck and be delighted with her bountiful bosom. 12 For thus says the LORD, "Behold, I extend peace to her like a river, And the glory of the nations like an overflowing stream; And you will be nursed, you will be carried on the hip and fondled on the knees. 13 As one whom his mother comforts, so I will comfort you; And you will be comforted in Jerusalem. 14 Then you will see this, and your heart will be glad, And your bones will flourish like the new grass; And the hand of the LORD will be made known to His servants, But He will be indignant toward His enemies.

In the opening verses God taught Isaiah how Jerusalem was as a holy mother of God's people, a place of safe dwelling and nourishment full of bounty (vv. 10 – 11). Jerusalem, which was at that time

still standing and had yet to face the utter destruction promised to it (Isaiah 22:1-14), had been since the conquering of the Jebusites and the placing of the temple there been a beacon of God's glory to the world. The city in which God dwelled served to reveal Himself to the Hebrew nation as well as the surrounding Gentiles. It is no coincidence that the name Jerusalem itself means "city of peace" since it was (and will be in some future age) the representation of God's presence and rule on earth. In verse 12 we see this aspect of the City of Peace extolled, where God says, "Behold, I extend peace to her like a river." The next part of this verse reveals the future, universal significance of the City of God, not just to the Jews but also to the Gentiles. God says that He will bring the glory of the nations into Jerusalem, with the coming of the nations is shown by Him to be a good thing. These would have been strange words to Isaiah's contemporary audience since they would have viewed anything from the Gentiles as unclean and dangerous. This was especially in light of the fact that the Gentile Assyrian army was poised ready to strike down the Jewish Northern Kingdom very shortly. The reading concludes by continuing the expression of God's peace and comfort to His people (vv. 13 – 15). God said their hearts would be glad (14a), that they would flourish physically like "new grass" (14b), and that He would conquer their enemies (14c).

This message of hope given by Isaiah the Prophet of Judah would have been very comforting to the people who had only to look to God for their ultimate deliverance from their enemies and future peace. Little did they know that the ultimate peace would not come until after they had killed their promised Messiah and waited while God fulfilled His divine plan by bringing the Gentiles to faith in Him through the mystery of the church (Ephesians 5:32). In our day we can look to Isaiah's message and find a similar application. We can trust that in the end God will vanquish our enemies, bring eternal peace to us as spiritual prosperity and ultimately will fulfil all of the prophetic promises that He has made to us. When we read about the "nations" in the Old Testament passages such as we saw in Isiah, we can trust that God has a plan for us and that we are a people grafted into the nation of his choosing, Israel. As in-grafted believers, we share not only in the responsibilities of God's people, but also in the current and promised blessings.

The Scriptures teach us about the importance of focusing upon God, both in the good times and the bad. I remember once a few years back while I was windsurfing on the eastern coast of Florida when the boom which held the sail to the mast suddenly broke in two and I was forced to swim a long distance back to the shore. My readers may recognize that many of the illustrations I include are often drawn from my experiences windsurfing! As I made my way back towards shore with a sidestroke while grasping onto my board and broken rig and kept my focus upon the distant shoreline. I found it helpful to focus upon my goal as I made progress towards it at a snail's pace. It is during these times when keeping the goal in sight is helpful and how promises never to leave us or forsake us. During the easy times it's easy to place our beliefs on a shelf and not retrieve them again until the next hard thing comes along. But during our difficult struggles, God becomes paramount in our minds. This isn't necessarily a bad thing because we do indeed turn closer to God when hard

times come rather than to fall away and feel that God has left us during our challenges. As I continued my long swim that day as I got closer to the shore the lifeguard who earlier been blowing his whistle at me for being too close to the guarded area began watching me through binoculars to see if I needed any help. With the whistle blowing exercise fresh in my mind, I happily scurried onto the grassy shoreline of the public park quickly rather than waiting around for him to question me. I thought, how dare I break down in the guarded area where windsurfing was prohibited, and there was nothing that the lifeguard could do about it! These lessons teach me reliance upon God and the value of focusing upon Him during the good times and the bad.

Introduction to the Second Reading:

The second reading picks up where we left off last week in Galatians. Here Paul continues his explanation of salvation by faith alone and not through the works of the Law. Earlier, Paul had just finished explaining the danger of the believers falling into the trap of conforming to religious Jewish practices for the sake of preventing persecution for their faith. Paul said, "Those who desire to make a good showing in the flesh try to compel you to be circumcised, simply so that they will not be persecuted for the cross of Christ" (Galatians 6:12). Some in the church were urging conformance to religious practices including circumcision and the boasting about it as though they were the religious police, judge, and jury (v. 13). Paul's opposition to their boasting is the subject of today's reading.

Second Reading:

Galatians 6:14-18 NAS95 14 But may it never be that I would boast, except in the cross of our Lord Jesus Christ, through which the world has been crucified to me, and I to the world. 15 For neither is circumcision anything, nor uncircumcision, but a new creation. 16 And those who will walk by this rule, peace and mercy be upon them, and upon the Israel of God. 17 From now on let no one cause trouble for me, for I bear on my body the brand-marks of Jesus. 18 The grace of our Lord Jesus Christ be with your spirit, brethren. Amen.

In this short message, Saint Paul extolled the value of boasting only in the finished work of Jesus Christ, who died on the cross for us rather than in anything that we do, even if it be of great religious or spiritual value. God promises the peace will fall upon those that walk humbly in light of this admonition although they may endure persecution for Him (v. 17, the "brand marks of Jesus"). Paul closes the reading and the entire Book of Galatians with a closing blessing in which he calls for

God's blessing while affirming the brotherhood of those whom he had addressed so sternly throughout his message.

Paul's words from the reading reminds us of the Prophet Micah's message from God to the people of his era. Near the end of his Book he wrapped up the entirety of the calling God was placing upon the people in one short sentence: "He has told you, O man, what is good; And what does the LORD require of you But to do justice, to love kindness, And to walk humbly with your God?" (Micah 6:8). As we saw in the first reading God calls us to focus upon His works and promises and through this we find comfort through our difficult times. In today's second reading Paul added to this by reminding his readers the value of walking in humility and boasting only in what God has done for them rather in what they have done for Him.

Introduction to the Gospel Reading:

The context of the Gospel reading from Luke is Jesus' sending of the seventy, an early missionary group who went out across the land in pairs to present the message that "the kingdom of God [had] come near to [them" (v. 9). This group was given spiritual power for healing along with this message which also included an admonition for those who turned against God's provisions of the kingdom.

Gospel Reading:

Luke 10:1-12 NAS95 1 Now after this the Lord appointed seventy others, and sent them in pairs ahead of Him to every city and place where He Himself was going to come. 2 And He was saying to them, "The harvest is plentiful, but the laborers are few; therefore beseech the Lord of the harvest to send out laborers into His harvest. 3 Go; behold, I send you out as lambs in the midst of wolves. 4 Carry no money belt, no bag, no shoes; and greet no one on the way. 5 Whatever house you enter, first say, 'Peace be to this house.' 6 If a man of peace is there, your peace will rest on him; but if not, it will return to you. 7 Stay in that house, eating and drinking what they give you; for the laborer is worthy of his wages. Do not keep moving from house to house. 8 Whatever city you enter and they receive you, eat what is set before you; 9 and heal those in it who are sick, and say to them, 'The kingdom of God has come near to you.' 10 But whatever city you enter and they do not receive you, go out into its streets and say, 11 'Even the dust of your city which clings to our feet we wipe off in protest against you; yet be sure of this, that the kingdom of God has come near.' 12 I say to you, it will be more tolerable in that day for Sodom than for that city."

Luke 10:17-20 NAS95 17 The seventy returned with joy, saying, "Lord, even the demons are subject to us in Your name." 18 And He said to them, "I was watching Satan fall from heaven like lightning. 19 Behold, I have given you authority to tread on serpents and scorpions, and over all the power of the enemy, and nothing will injure you. 20 Nevertheless do not rejoice in this, that the spirits are subject to you, but rejoice that your names are recorded in heaven."

God sent the seventy pairs with very specific instructions, the first of which was to discern the receptiveness of the house in which they were preparing to enter. Jesus had earlier warned His disciples in the Sermon on the Mount about "not casting their pearls before swine" (Matthew 7:6), meaning not to attempt to preach godly things to those persisting in ungodliness and unwilling to listen. Jesus expanded upon this admonition by promising to His missionary force that those who don't listen will be subject to severe and eternal discipline. Jesus told them that the destruction of those who reject the message would be worse than the destruction experienced by the unrepentant sinners in Sodom which the Lord destroyed by divine fire from heaven (v. 12). This missionary force returned after the conclusion of their assignment with the astounding news of divine power over Satanic forces (v. 17). Jesus then told them about how He had already seen Satan fall from his exalted position and how He had given them this divine authority which they experienced during their journey (v. 19). In closing, Jesus pointed them to His higher purpose. They were not to boast about the power that He had given them for their missionary responsibilities, but rather to rejoice in the fact that, unlike Satan and the nonbelievers, their names were written in the Book of Life in heaven (v. 20).

By application, the power to which Jesus extended to His first ministry force of seventy people extends to us in a certain extent today. As missionaries of Jesus, we are called to use discernment in gaging the receptiveness of our audience. We are also to recognize that like the seventy we too possess divine power that comes from God according to the spiritual gift which is given to us (Romans 12:6-8; 1 Corinthians 12:4-11; and 1 Corinthians 12:28). We are also reminded to keep in mind the urgency of this message because nonbelievers will be judged with a worse fate than those of Sodom. And like we saw in the second reading we need to walk humbly before the Lord and exalt in His works rather than our own. We are to "rejoice that [our] names are recorded in heaven" (v. 20) while using the example of the seventy as guidance in how we are to approach that that may be highly resistant to the Gospel.

A few things to keep in mind regarding the reading are:

- There is a great need for missionaries in our world today.

- God places a great intrinsic value upon each person where He wishes that none would perish (2 Peter 3:9).
- The consequences of rejecting Jesus are real and eternal.
- Jesus demonstrated the value of community in accomplishing His missionary work by sending the missionaries in pairs. We don't need to accomplish our "scary" ministry alone, but rather we can follow Jesus' example and work in teams to achieve the greater glory of God.
- There is a fantastic spiritual battle that is happening behind the scenes in the heavenly realm. As believers we enter the "second heaven" which is invisible domain, but which is very real in terms of the spiritual battles being waged.
- Through all of these things we need to remember Jesus' Great Commission, "Go therefore and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit, teaching them to observe all that I commanded you; and lo, I am with you always, even to the end of the age" (Matthew 28:19-20).

Reflection Questions

1. In the Gospel reading we learned about Jesus' first missionary force of seventy people sent out as "lambs in the midst of wolves (v. 3). In what ways do you feel as a lamb among wolves in the work that God has called for you to do today?

2. In what ways to God's promises empower you to accomplish His work, including the Great Commission? How does gaining a better understanding of God's promises help you? What are some ways in which you could learn more about God's promises and create future reminders about what you have learned?

Sunday Mass Study Notes for 07-04-2021

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Welcome back to the Sunday Mass notes. This week we learn about the commission of the prophet Ezekiel. Then we study the value of weakness in the life of Paul and by application how God uses it for our good. We close with a study of Mark's Gospel in which we see the rejection of Jesus' message by those close to him from His own home town.

Introduction to the First Reading:

The first reading is from the Prophet Ezekiel. The context is the opening of his prophecy and would have been written after he had been carried off captive to Babylon in 597 BC. Ezekiel said in 1:1 that he was 30 years old when he began his ministry, the same age as when the priests begin working in their position. Ezekiel was unique in that he held both offices, that of prophet and priest (see Ezekiel 1:3). The young man Ezekiel wrote of the visions he received from God while he "by the river Chebar among the exiles" (1:1). Today's reading is God's commissioning of Ezekiel to speak to the Nation of Israel that was in the process of being judged by Him for their sin.

First Reading:

Ezekiel 2:1-5 NAS95 1 Then He said to me, "Son of man, stand on your feet that I may speak with you!" 2 As He spoke to me the Spirit entered me and set me on my feet; and I heard Him speaking to me. 3 Then He said to me, "Son of man, I am sending you to the sons of Israel, to a rebellious people who have rebelled against Me; they and their fathers have transgressed against Me to this very day. 4 I am sending you to them who are stubborn and obstinate children, and you shall say to them, 'Thus says the Lord GOD.' 5 As for them, whether they listen or not–for they are a rebellious

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Since Ezekiel was far removed from the temple his ministry duties as a priest would have been practically eliminated. However, God called Ezekiel to a new ministry as a prophet and empowered him through the sending of the Holy Spirit specially to him. The Spirit of God was the One that "set [him] on [his] feet" and only after this event did Ezekiel begin hearing God speak directly to him in contrast to the visions he recorded in the opening of the book. Now that Ezekiel was commissioned as God's prophet, the oracles began pouring out to him. First, God told him to whom he was sent: the "sons of Israel" (v. 3b). Next, as if Ezekiel didn't already know, God told him about the rebellious nature of the people. God used multiple harsh phrases to describe them including rebellious (3 times), transgressors, stubborn, obstinate, as well as implied that they would not listen (v. 5).

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2. During the Fourth of July holiday I frequently travel back to my hometown to celebrate. I encounter people who are aware of the spiritual transformation that happened in my life when I surrendered my life to Jesus. Sometimes they respond to me in a similar way as the people in Jesus' hometown who resented the fact that He was holy. How can the passages from this week's study encourage you to persist in your own holiness and personal service of the Lord even when others disparage or scoff at your spiritual development?

Sunday Mass Study Notes for 07-05-2020



Welcome back to the Sunday Mass notes. The first reading highlights a prophecy of Jesus who came humbly the first time riding into Jerusalem on a donkey. However, He will return a second time in justice and power to claim victory over a world entrenched in war against Him and His people. In the second reading, we encounter the contrast between those who had Jesus' Spirit living inside of

them and those who are driven purely by their carnal, spiritually dead natures. As we move to the Gospel lesson, we will learn about how Jesus relied upon prayer to God the Father for His spiritual victory. The last reading gives us insight into the communication that occurred between these two Persons of the Godhead, which is a pattern for the type of communion that God wants with all of us (John 17:20-21).

Introduction to the First Reading:

The first reading is from the Prophet Zechariah. Zechariah was one of the twelve Minor Prophets, a term that indicates the size of their writings in contrast to the larger Books written by the Major Prophets such as Isaiah and Jeremiah. Zechariah wrote during the exile of the Jews to Babylon and returned to Jerusalem with Zerrubbabel, also known as Sheshbazzar (Ezra 1:8) the leader of the tribe of Judah. One of the things for which Zechariah is known is the prophecy of the flying scroll (Zechariah 5:1-11). This message symbolized the Word of God that had been disobeyed by Israel and the moral components which were also broken by the entire world. The message called for judgment according to God's righteous rule. The context of the reading for today is during the reign of the Persian King Darius some two years before the Jews rebuilt the Temple in Jerusalem. In Chapter 8 Zechariah had prophesied about what we know today as the return of the Lord Jesus to Jerusalem. He said, "Thus says the LORD, 'I will return to Zion and will dwell in the midst of Jerusalem. Then Jerusalem will be called the City of Truth, and the mountain of the LORD of hosts will be called the Holy Mountain'" (Zechariah 8:3). Chapter 9 opens with a prophecy against the nations surrounding Israel followed by a pronouncement that God would deliver His people. "But I will camp around My house because of an army, Because of him who passes by and returns; And no oppressor will pass over them anymore, For now I have seen with My eyes" (Zechariah 9:8).

As you study the reading take careful note of the prophecy of the Coming King and remember Jesus' triumphal entry into Jerusalem on the day we call Palm Sunday (Mark 11:1-11).

First Reading:

9 Rejoice greatly, O daughter of Zion! Shout in triumph, O daughter of Jerusalem! Behold, your king is coming to you; He is just and endowed with salvation, humble, and mounted on a donkey, Even on

a colt, the foal of a donkey. 10 I will cut off the chariot from Ephraim and the horse from Jerusalem; and the bow of war will be cut off. And He will speak peace to the nations; and His dominion will be from sea to sea, and from the River to the ends of the earth. (Zechariah 9:9-10)

In this prophecy, we see both advents of Jesus compressed into three short verses. Verse 9 contains Zechariah's prophecy that was fulfilled on the day that Jesus entered Jerusalem riding on a donkey on Palm Sunday. In verse 10, the tenor suddenly changed from one of a triumphal celebration of the coming Messiah to one of war. At Christ's Second Advent, He will cut off the world war (v. 10a) and "He will speak peace to the nations" (v.10b). Finally, Zechariah said that the territory under the reign of the king would range from the Euphrates River all the way around the earth.

The war about which Zechariah was speaking is the war that will come with the appearance of the man known in Scripture as the Antichrist. Saint Paul said, "Let no man deceive you by any means: for that day shall not come, except there come a falling away first, and that man of sin be revealed, the son of perdition" (2 Thessalonians 2:3). This "man of sin" will fill the world's vacuum for a leader and will seize power by intrigue (Daniel 11:21). We can take comfort in knowing that one day Jesus will return to the earth to usher in worldwide peace and bring in an era of justice. When we see wars and rumors of war all around us, this does not take God by surprise. He is waiting for the perfect timing to bring His Son back to rule and reign on the earth. Second, we can rest in the fact that although Zechariah probably didn't understand the prophecy that he wrote, he faithfully recorded it in the Scriptures. We can trust that the prophecies such as this one from Zechariah provide important, after-the-fact, confirmation of the accuracy of God's Word, even if they are hard to understand before the events have played out. This gives us confidence to follow God's Word, because we know that it is not manmade, it is supernatural.

Introduction to the Second Reading:

The second reading today is from Saint Paul's Letter to the Romans. Paul opened Chapter 8 in Romans by explaining the difference between a person that was born again through the Spirit of God and the one whose heart was set on the flesh (Romans 8:6). The believer, whose righteousness is found through faith in the finished work of Jesus Christ, is in a right relationship with God. Paul said, "There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit" (Romans 8:1). Next, he explained the significant contrast of the heart of the unbeliever. "For the mind set on the flesh is death, but the mind set on the Spirit is life and peace, because the mind set on the flesh is hostile toward God; for it does not subject itself to the law of God, for it is not even able to do so, and those who are in the flesh cannot please God"

(Romans 8:6-8). This context is helpful in understanding the word "however" which serves as a contrast and opens today's reading beginning in verse 9. We included verse ten although it didn't appear in the reading.

Second Reading:

9 However, you are not in the flesh but in the Spirit, if indeed the Spirit of God dwells in you. But if anyone does not have the Spirit of Christ, he does not belong to Him. 10 If Christ is in you, though the body is dead because of sin, yet the spirit is alive because of righteousness. 11 But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ Jesus from the dead will also give life to your mortal bodies through His Spirit who dwells in you. 12 So then, brethren, we are under obligation, not to the flesh, to live according to the flesh– 13 for if you are living according to the flesh, you must die; but if by the Spirit you are putting to death the deeds of the body, you will live. (Romans 8:9-13)

Paul said that a person must have the Spirit of God dwelling in them in order to belong to Him. This is the same thing that Jesus explained to the Jewish ruler Nicodemus who came to Jesus at night, which I like to call "Nick at night." Jesus told him, "Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God" (John 3:3b-ff). Jesus and Paul taught the same very important scriptural truth, a person must be indwelled by the Holy Spirit of God in order to be one of His children. This indwelling happens the moment a person surrenders his or her life to Christ for salvation. Whether or not they sense anything tangibly, this is when the Holy Spirit comes to live inside of a believer. It is a mystery of God (John 3:8), but something we can be assured happens because of the reliability of God's Word.

Paul further explained that although the believer's body would die because of sin, their spirit was made alive (quickened) because of the righteousness of Jesus Christ imparted to them through faith (v. 10). Next, Paul gave words of hope for believers by saying that since Christ was raised from the dead someday our bodies will also be given eternal life (v. 11). Finally, Paul called believers to put to death the carnal, fleshly behaviors inherent in our sinful nature through the power of the Holy Spirit (v. 13).

It is important for us to pause here and contemplate what Paul said regarding the calling of believers towards holy living. "[F]or if you are living according to the flesh, you must die; but if by the Spirit you are putting to death the deeds of the body, you will live" (v. 13). His teaching on this

matter took the form of a set of "if then" conditional statements. **If** a person who doesn't have the Spirit of God lives according to the natural flesh, which of course is the only direction they know to take, **then** they will die. But **if** you who are indwelled by the Holy Spirit (are born from again, born from above by the Holy Spirit, John 3:3) **then** you will have empowerment from God's Holy Spirit to live according to the purposes of the Spirit, who inherently has life. Jesus is the empowering force that lives within us through God's Holy Spirit, enabling us to turn from the natural inclinations of our sinful flesh and towards the things of the Spirit. It's not so much that God doesn't like unholy living and punishes it with death, it's more about the natural course of consequences that are inherent in the universe that God designed. He pleads with people to choose life, but often times we choose death (Deuteronomy 30:19). Paul makes a striking case for the ongoing growth of believers to become more and more like Christ, from the inside out, because we have a new relationship of grace with His Spirit who "teaches us to say 'no' to ungodliness" and calls us to righteous living (Titus 2:12).

Introduction to the Gospel Reading:

The Gospel lesson is from Saint Matthew. The context of the lesson is when Jesus was traveling from city to city with the disciples (Matthew 11:1) to preach and teach. Jesus had some not-so-nice things to say about His experiences there. "Then He began to denounce the cities in which most of His miracles were done, because they did not repent" (Mt 11:20). Jesus used several examples of the cities to which He had visited, then spoke about Capernaum, a town located on the north shore of the Sea of Galilee, a town that possibly was the location of Saint Peter's home. "And you, Capernaum, will not be exalted to heaven, will you? You will descend to Hades; for if the miracles had occurred in Sodom which occurred in you, it would have remained to this day" (Matthew 11:23). We pick up with the reading in verse 25.

Gospel Reading:

25 At that time Jesus said, "I praise You, Father, Lord of heaven and earth, that You have hidden these things from the wise and intelligent and have revealed them to infants. 26 Yes, Father, for this way was well-pleasing in Your sight. 27 All things have been handed over to Me by My Father; and no one knows the Son except the Father; nor does anyone know the Father except the Son, and anyone to whom the Son wills to reveal Him. 28 Come to Me, all who are weary and heavy-laden, and I will give you rest. 29 Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and YOU WILL FIND REST FOR YOUR SOULS. 30 For My yoke is easy and My burden is light." (Matthew 11:25-30)

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Here we see a prayer between God the Son and God the Father, given by Jesus in a public setting so as to provide the hearers with certain important spiritual insights. Remember that Jesus had just finished speaking about the urgent need for the people to repent. In His ministry, Jesus had taken over where John the Baptist had left off with this urgent call of repentance. Frequently the "wise and intelligent" (v. 25c) find it quite difficult to humble themselves and become like infants (v. 25c). God asks us to come to him humbly (Matthew 5:5) and rewards those who diligently seek Him (Hebrews 11:6).

Jesus revealed several very important spiritual truths in this passage:

- God has given Jesus complete sovereign control over the earth.
- The only Person with a true understanding of God the Father is God the Son AND those to whom God the Son has revealed Himself.
- Jesus has provided the believer a position of rest. We not only do not have to earn our salvation but we also may rest and trust in our righteous standing with God. We saw this in the second reading today from Romans 8 as well.
- The way of Jesus is easy compared to the way of the religious. In those days, the religious leaders were called Pharisees and they thought they earned their salvation by doing many religious things. In contrast, the believer's burden is light because the hard work that Jesus did in earning our salvation is already completed. Nothing can be added to it no matter how hard we work. Therefore, being yoked to Jesus provides freedom from the burdensome labor of religion.

Jesus' calling is to the humble people, like Himself, not proud ones who are "carnally minded" (Romans 8:6) as we saw in the second reading. In the same way that Jesus pronounced curses upon the nations that did not repent, God will one day pronounce judgment upon each unbelieving person who doesn't repent. "For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live" (Romans 8:13). We can rest in our faith in Jesus for He said, "Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and YOU WILL FIND REST FOR YOUR SOULS. For My yoke is easy and My burden is light" (Mathew 11:29-30).

Have a great week being happily "yoked" to Jesus.

Reflection Questions

1. We read about the difference between a person who is "carnally minded" and one who is motivated by the Spirit of God. How can a person know that they are saved? Read the following verses and write down a few ways in which a person can know they are in a right relationship with God.

Romans 8:16-17: 16 The Spirit Himself testifies with our spirit that we are children of God, 17 and if children, heirs also, heirs of God and fellow heirs with Christ, if indeed we suffer with Him so that we may also be glorified with Him.

1 John 2:3-11: 3 By this we know that we have come to know Him, if we keep His commandments. 4 The one who says, "I have come to know Him," and does not keep His commandments, is a liar, and the truth is not in him; 5 but whoever keeps His word, in him the love of God has truly been perfected. By this we know that we are in Him: 6 the one who says he abides in Him ought himself to walk in the same manner as He walked. 7 Beloved, I am not writing a new commandment to you, but an old commandment which you have had from the beginning; the old commandment is the word which you have heard. 8 On the other hand, I am writing a new commandment to you, which is true in Him and in you, because the darkness is passing away and the true Light is already shining. 9 The one who says he is in the Light and yet hates his brother is in the darkness until now. 10 The one who loves his brother abides in the Light and there is no cause for stumbling in him. 11 But the one who hates his brother is in the darkness and walks in the darkness, and does not know where he is going because the darkness has blinded his eyes.

2. Pride is one of the things that keeps people from entering into a righteous relationship with God through Jesus Christ. Read the verses that follow and answer the questions below.

Proverbs 6:16-19: 16 There are six things which the LORD hates, Yes, seven which are an abomination to Him: 17 Haughty eyes, a lying tongue, And hands that shed innocent blood, a heart that devises evil schemes, feet that are quick to rush into evil, a false witness who pours out lies, and a person who stirs up conflict in the community.

James 4:13-15: 13 Come now, you who say, "Today or tomorrow we will go to such and such a city,

and spend a year there and engage in business and make a profit." 14 Yet you do not know what your life will be like tomorrow. You are just a vapor that appears for a little while and then vanishes away. 15 Instead, you ought to say, "If the Lord wills, we will live and also do this or that."

A. Why do you think that pride was first on the list of things which the LORD hates? How are all the rest of the evil things on that list connected to and/or generated by pride? In what ways does pride blind people to the scriptural truths of salvation through faith in Jesus?

B. In what ways do you identify with what did James said about the self-confident person? In light of your answer, how could you pray to look at things differently this week?

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Sunday Mass Study Notes for Sunday, 07-07-2019



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Welcome back to the Sunday Mass notes. This week we learn something about how to find peace and comfort from God during hard times by resting upon His future promises of peace and prosperity in the closing chapter of Isaiah. We learn about the value of humility and how God calls us to reflect upon His works and not our own. In the Gospel reading we see God's early missionary force sent out before His crucifixion in order to spread the word of the kingdom being ushered in through the Messiah Jesus and about coming judgment for those who ignored His promises.

Introduction to the First Reading:

The context of the message from the last chapter of the Book of Isaiah is God's closing message to Judah concerning the ultimate future restoration of Jerusalem, the city of God's own choosing given to the people of his choosing – the Nation of Israel. Chapter 66 provides important insights to the contemporary audience who were facing threats from the Assyrian Empire who soon took over the Northern Kingdom and also the Babylonians who later took over Judah itself.

First Reading:

> *Isaiah 66:10-14 NAS95 10 "Be joyful with Jerusalem and rejoice for her, all you who love her; Be exceedingly glad with her, all you who mourn over her, 11 That you may nurse and be satisfied with her comforting breasts, That you may suck and be delighted with her bountiful bosom. 12 For thus says the LORD, "Behold, I extend peace to her like a river, And the glory of the nations like an overflowing stream; And you will be nursed, you will be carried on the hip and fondled on the knees. 13 As one whom his mother comforts, so I will comfort you; And you will be comforted in Jerusalem. 14 Then you will see this, and your heart will be glad, And your bones will flourish like the new grass; And the hand of the LORD will be made known to His servants, But He will be indignant toward His enemies.*

In the opening verses God taught Isaiah how Jerusalem was as a holy mother to God's people, a place of safe dwelling and nourishment full of bounty (vv. 10 – 11). Jerusalem, which was at that time still standing and had yet to face the utter destruction promised to it (Isaiah 22:1-14), had been since the conquering of the Jebusites and the placing of the temple there been a beacon of God's glory to the world. The city in which God dwelled served to reveal Himself to the Hebrew nation as well as the surrounding Gentiles. It is no coincidence that the name Jerusalem itself means "city of peace" since it was (and will be in some future age) the representation of God's presence and rule on earth. In verse 12 we see this aspect of the City of Peace extolled, where God says, "Behold, I extend peace to her like a river." The next part of this verse reveals the future, universal significance of the City of God not just to the Jews but also to the Gentiles. God says that He will bring the glory of the nations

into Jerusalem, with the coming of the nations is shown by Him to be a good thing. These would have been strange words to Isaiah's contemporary audience since they would have viewed anything from the Gentiles as unclean and dangerous. This was especially in light of the fact that the Gentile Assyrian army was posed ready to strike down the Jewish Northern Kingdom very shortly. The reading concludes by continuing the expression of God's peace and comfort to His people (vv. 13 – 15). God said their hearts would be glad (14a), that they would flourish physically like "new grass" (14b), and that He would conquer their enemies (14c).

This message of hope given by Isaiah the Prophet of Judah would have been very comforting to the people who had only to look to God for their ultimate deliverance from their enemies and future peace. Little did they know that the ultimate peace would not come until after they had killed their promised Messiah and waited while God fulfilled His divine plan by bringing the Gentiles to faith in Him through the mystery of the church (Ephesians 5:32). In our day we can look to Isaiah's message and find a similar application. We can trust that in the end God will vanquish our enemies, bring eternal peace to us as spiritual prosperity and ultimately will fulfil all of the prophetic promises that He has made to us. When we read about the "nations" in the Old Testament passages such as we saw in Isiah, we can trust that God has a plan for us and that we are a people grafted into the nation of his choosing, Israel. As in-grafted believers we share not only in the responsibilities of God's people, but also in the current and promised blessings.

The Scriptures teach us about the importance of focusing upon God both in the good times and the bad. I remember once a few years back while I was windsurfing on the eastern coast of Florida when the boom which held the sail to the mast suddenly broke in two and I was forced to swim a long distance back to the shore. My readers may recognize that many of the illustrations I include are often drawn from my experiences windsurfing! As I made my way back towards shore with a side-stroke while grasping onto my board and broken rig and kept my focus upon the distant shoreline. I found it helpful to focus upon my goal as I made progress towards it at a snail's pace. It is during these times when keeping the goal in sight is helpful and how promises never to leave us or forsake us. During the easy times it's easy to place our beliefs on a shelf and not retrieve them again until the next hard thing comes along. But during our difficult struggles God becomes paramount in our minds. This isn't necessarily a bad thing because we do indeed turn more closely to God when hard times come rather than to fall away and feel that God has left us during our challenges. As I continued my long swim that day as I got closer to the shore the lifeguard who earlier been blowing his whistle at me for being too close to the guarded area began watching me through binoculars to see if I needed any help. With the whistle blowing exercise fresh in my mind I happily scurried onto the grassy shoreline of the public park quickly rather than waiting around for him to question me. I thought, how dare I break down in the guarded area where windsurfing was prohibited, and there was nothing that the lifeguard could do about it! These lessons have taught me reliance upon God and the value of focusing upon Him during the good times and the bad.

Introduction to the Second Reading:

The second reading picks up where we left off last week in Galatians. Here Paul continues his

explanation of salvation by faith alone and not through the works of the Law. Earlier, Paul had just finished explaining the danger of the believers falling into the trap of conforming to religious Jewish practices for the sake of preventing persecution for their faith. Paul said, "Those who desire to make a good showing in the flesh try to compel you to be circumcised, simply so that they will not be persecuted for the cross of Christ" (Galatians 6:12). Some in the church were urging conformance to religious practices including circumcision and the boasting about it as though they were the religious police, judge, and jury (v. 13). Paul's opposition to their boasting is the subject of today's reading.

Second Reading:

> *Galatians 6:14-18 NAS95 14 But may it never be that I would boast, except in the cross of our Lord Jesus Christ, through which the world has been crucified to me, and I to the world. 15 For neither is circumcision anything, nor uncircumcision, but a new creation. 16 And those who will walk by this rule, peace and mercy be upon them, and upon the Israel of God. 17 From now on let no one cause trouble for me, for I bear on my body the brand-marks of Jesus. 18 The grace of our Lord Jesus Christ be with your spirit, brethren. Amen.*

In this short message, Saint Paul extolled the value of boasting only in the finished work of Jesus Christ who died on the cross for us rather than in anything that we do, even if it be of great religious or spiritual value. God promises the peace will fall upon those that walk humbly in light of this admonition although they may endure persecution for Him (v. 17, the "brand marks of Jesus"). Paul closes the reading and the entire Book of Galatians with a closing blessing in which he calls for God's blessing while affirming the brotherhood of those whom he had addressed so sternly throughout his message.

Paul's words from the reading reminds us of the Prophet Micah's message from God to the people of his era. Near the end of his Book he wrapped up the entirety of the calling God was placing upon the people in one short sentence: "He has told you, O man, what is good; And what does the LORD require of you But to do justice, to love kindness, And to walk humbly with your God?" (Micah 6:8). As we saw in the first reading God calls us to focus upon His works and promises and through this we find comfort through our difficult times. In today's second reading Paul added to this by reminding his readers the value of walking in humility and boasting only in what God has done for them rather in what they have done for Him.

Introduction to the Gospel Reading:

The context of the Gospel reading from Luke is Jesus' sending of the seventy, an early missionary group who went out across the land in pairs to present the message that "the kingdom of God [had]

come near to [them" (v. 9). This group was given spiritual power for healing along with this message which also included an admonition for those who turned against God's provisions of the kingdom.

Gospel Reading:

> *Luke 10:1-12 NAS95 1 Now after this the Lord appointed seventy others, and sent them in pairs ahead of Him to every city and place where He Himself was going to come. 2 And He was saying to them, "The harvest is plentiful, but the laborers are few; therefore beseech the Lord of the harvest to send out laborers into His harvest. 3 Go; behold, I send you out as lambs in the midst of wolves. 4 Carry no money belt, no bag, no shoes; and greet no one on the way. 5 Whatever house you enter, first say, 'Peace be to this house.' 6 If a man of peace is there, your peace will rest on him; but if not, it will return to you. 7 Stay in that house, eating and drinking what they give you; for the laborer is worthy of his wages. Do not keep moving from house to house. 8 Whatever city you enter and they receive you, eat what is set before you; 9 and heal those in it who are sick, and say to them, 'The kingdom of God has come near to you.' 10 But whatever city you enter and they do not receive you, go out into its streets and say, 11 'Even the dust of your city which clings to our feet we wipe off in protest against you; yet be sure of this, that the kingdom of God has come near.' 12 I say to you, it will be more tolerable in that day for Sodom than for that city."*
>
> *Luke 10:17-20 NAS95 17 The seventy returned with joy, saying, "Lord, even the demons are subject to us in Your name." 18 And He said to them, "I was watching Satan fall from heaven like lightning. 19 Behold, I have given you authority to tread on serpents and scorpions, and over all the power of the enemy, and nothing will injure you. 20 Nevertheless do not rejoice in this, that the spirits are subject to you, but rejoice that your names are recorded in heaven."*

God sent the seventy in pairs with very specific instructions, the first of which was to discern the receptiveness of the house in which they were preparing to enter. Jesus had earlier warned His disciples in the Sermon on the Mount about "not casting their pearls before swine" (Matthew 7:6), meaning not to attempt to preach godly things to those persisting in ungodliness and unwilling to listen. Jesus expanded upon this admonition by promising to His missionary force that those who don't listen will be subject to severe and eternal discipline. Jesus told them that the destruction of those who reject the message would be worse than the destruction experienced by the unrepentant sinners in Sodom which the Lord destroyed by divine fire from heaven (v. 12). This missionary force returned after the conclusion of their assignment with the astounding news of divine power over Satanic forces (v. 17). Jesus then told them about how He had already seen Satan fall from his exalted position and how He had given them this divine authority which they experienced during their journey (v. 19). In closing, Jesus pointed them to His higher purpose. They were not to boast about the power that He had given them for their missionary responsibilities but rather to rejoice in

the fact that, unlike Satan and the nonbelievers, their names were written in Book of Life in heaven (v. 20).

By application, the power to which Jesus extended to His first ministry force of seventy people extends to us in a certain extent today. As missionaries of Jesus we are called to use discernment in gaging the receptiveness of our audience. We are also to recognize that like the seventy we too possess divine power that comes from God according to the spiritual gift which is given to us (Romans 12:6-8; 1 Corinthians 12:4-11; and 1 Corinthians 12:28). We are also reminded to keep in mind the urgency of this message because nonbelievers will be judged with a worse fate than those at Sodom. And like we saw in the second reading we need to walk humbly before the Lord and exalt in His works rather than our own. We are to "rejoice that [our] names are recorded in heaven" (v. 20) while using the example of the seventy as guidance in how we are to approach that that may be highly resistant to the Gospel.

A few things to keep in mind regarding the reading are:

- There is a great need for missionaries in our world today.
- God places a great intrinsic value upon each person where He wishes that none would perish (2 Peter 3:9).
- The consequences of rejecting Jesus are real and eternal.
- Jesus demonstrated the value of community in accomplishing His missionary work by sending the missionaries in pairs. We don't need to accomplish our "scary" ministry alone but rather we can follow Jesus' example and work in teams to achieve the greater glory of God.
- There is a fantastic spiritual battle that is happening behind the scenes in the heavenly realm. As believers we enter the "second heaven" which is invisible domain but which is very real in terms of the spiritual battles being waged.
- Through all of these things we need to remember Jesus' Great Commission, "Go therefore and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit, teaching them to observe all that I commanded you; and lo, I am with you always, even to the end of the age" (Matthew 28:19-20).

Reflection Questions

1. In the Gospel reading we learned about Jesus' first missionary force of seventy people sent out as "lambs in the midst of wolves (v. 3). In what ways do you feel as a lamb among wolves in the work that God has called for you to do today?

2. In what ways to God's promises empower you to accomplish His work, including the Great Commission? How does gaining a better understanding of God's promises help you? What are some ways in which you could learn more about God's promises and create future reminders about what you have learned?

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Sunday Mass Study Notes for Sunday, 07-08-2018



Welcome back to the Sunday Mass notes. This week we learn about the commission of the prophet Ezekiel. Then we study the value of weakness in the life of Paul and by application how God uses it for our good. We close with a study of Mark's Gospel in which we see the rejection of Jesus' message by those close to him from His own home town.

Introduction to the First Reading:

The first reading is from the Prophet Ezekiel. The context is the opening of his prophecy and would have been written after he had been carried off captive to Babylon in 597 BC. Ezekiel said in 1:1 that he was 30 years old when he began his ministry, the same age as when the priests begin working in their position. Ezekiel was unique in that he held both offices, that of prophet and priest (see Ezekiel 1:3). The young man Ezekiel wrote of the visions he received from God while he "by the river Chebar among the exiles" (1:1). Today's reading is God's commissioning of Ezekiel to speak to the Nation of Israel that was in the process of being judged by Him for their sin.

Study Notes for the Sunday Mass Published by Christians for Christ Ministries. We are a non-denominational Christian ministry that seeks to encourage and facilitate Christians in studying the Holy Scriptures. **"For there is one God and one mediator between God and mankind, the man Christ Jesus."** 1 Timothy 2:5

First Reading:

> *Ezekiel 2:1-5 NAS95 1 Then He said to me, "Son of man, stand on your feet that I may speak with you!" 2 As He spoke to me the Spirit entered me and set me on my feet; and I heard Him speaking to me. 3 Then He said to me, "Son of man, I am sending you to the sons of Israel, to a rebellious people who have rebelled against Me; they and their fathers have transgressed against Me to this very day. 4 I am sending you to them who are stubborn and obstinate children, and you shall say to them, 'Thus says the Lord GOD.' 5 As for them, whether they listen or not–for they are a rebellious house–they will know that a prophet has been among them."*

Since Ezekiel was far removed from the temple his ministry duties as a priest would have been practically eliminated. However, God called Ezekiel to a new ministry as a prophet and empowered him through the sending of the Holy Spirit specially to him. The Spirit of God was the One that "set [him] on [his] feet" and only after this event did Ezekiel begin hearing God speak directly to him in contrast to the visions he recorded in the opening of the book. Now that Ezekiel was commissioned as God's prophet, the oracles began pouring out to him. First, God told him to whom he was sent: the "sons of Israel" (v. 3b). Next, as if Ezekiel didn't already know, God told him about the rebellious nature of the people. God used multiple harsh phrases to describe them including rebellious (3 times), transgressors, stubborn, obstinate, as well as implied that they would not listen (v. 5).

What can we learn from this commissioning passage from Ezekiel's life? While we may not be a prophet or a priest, we can see some principles about how God works and what our response to Him should be. First, when God calls a servant He empowers them through His Spirit. As church age believers we are guaranteed that the Holy Spirit lives within us (Ephesians 1:14) to empower us to do works of service that He has prepared in advance for us to do (Ephesians 2:10). Second, we are to carry out God's commission regardless of the response of those who we are serving. We should not be complexly oblivious to receiving constructive feedback in how to improve in serving people. However, this passage is teaching that sometimes our service will go unappreciated. When that is the case God is calling us to remain faithful, regardless of the response.

I know of a missionary who worked in Germany for a dozen years without seeing even a single faith convert to the Lord. It would have been very easy to be discouraged and to evaluate his work as a failure. But in God's value system this man, like Ezekiel, was faithful even though there wasn't a lot on the outside to show for it. In Ezekiel's case, rabbinical tradition says that he was eventually killed by someone who resisted his message. Both of these examples serve to encourage us to persevere under adverse circumstance when we are trying to do God's will in our own lives.

Introduction to the Second Reading:

The second reading is from Saint Paul's Second Letter to the Corinthians. In this passage, Paul is explaining the importance of weakness for our spiritual growth.

Second Reading:

> *2 Corinthians 12:7-10 NAS95 7 Because of the surpassing greatness of the revelations, for this reason, to keep me from exalting myself, there was given me a thorn in the flesh, a messenger of Satan to torment me–to keep me from exalting myself! 8 Concerning this I implored the Lord three times that it might leave me. 9 And He has said to me, "My grace is sufficient for you, for power is perfected in weakness." Most gladly, therefore, I will rather boast about my weaknesses, so that the power of Christ may dwell in me. 10 Therefore I am well content with weaknesses, with insults, with distresses, with persecutions, with difficulties, for Christ's sake; for when I am weak, then I am strong.*

When is weakness ever a good thing? In our culture the answer is never, but in God's economy it serves a valuable purpose. Paul, because of his unique position as one who had direct revelation from God, could have tried to do ministry in his own strength. Dependence upon God is our life source. Unfortunately, we can be deceived into thinking that we don't need God, even as a Christian. So God in His kindness and wisdom allowed the "thorn in the flesh" to come upon Paul. The "thorn in the flesh" is a messenger of Satan, which is obviously something bad, something we wouldn't want for ourselves. Even though Paul pleaded and thought that he would be more productive without it, God reassured him that this bad thing could be used for his own good. The good that God used it for was to break Paul's of the dangerous and self-destructive nature of self-reliance and instead develop a spirit of dependence upon God which was his lifeline.

Like Paul, we are often deluded into believing that real life is found in exerting our independence and power over our circumstances. Self-reliance though, does not lead us to eternal life. Instead, abiding in Christ and dependence upon God is where real life is found (John 15:1-5). These character qualities of abiding and dependence upon God do not come naturally to us. God, in His infinite wisdom, knows how to keep us close to Himself and He will use even bad circumstances, i.e. a thorn in the flesh, to carry out His purpose in our life.

Introduction to the Gospel Reading:

In the next passage, we will see a fatal response to Jesus' display of supernatural power in his home town of Nazareth.

Gospel Reading:

> *Mark 6:1-6 NAS95 1 Jesus went out from there and came into His hometown; and His disciples followed Him. 2 When the Sabbath came, He began to teach in the synagogue; and the many listeners were astonished, saying, "Where did this man get these things, and what is this wisdom given to Him, and such miracles as these performed by His hands? 3 Is not this the carpenter, the son of Mary, and brother of James and Joses and Judas and Simon? Are not His sisters here with us?" And they took offense at Him. 4 Jesus said to them, "A prophet is not without honor except in his hometown and among his own relatives and in his own household." 5 And He could do no miracle there except that He laid His hands on a few sick people and healed them. 6 And He wondered at their unbelief. And He was going around the villages*

teaching.

In this vignette we see people discrediting Jesus' ministry because of their own short sightedness and resentment. In other passages, we see people being humbled by Jesus' display of power. Here the people of Jesus' hometown list the names of specific family members in an attempt to invalidate His miraculous signs. This would seemingly let them off the hook for being accountable to recognize the Messiah among them. The proper response to the Messiah would be to follow Him but they choose to disdain Him. As we saw in the first reading the people of Israel are a rebellious lot, obstinate, and refuse to listen even when miraculous signs are manifested in their presence. As a result of their great lack of faith Jesus' miraculous signs were withheld because God shows up when we exercise faith in Him (Hebrews 11:6).

This passage teaches us that there are two responses to Jesus' rightful claim as Messiah. One response is to believe and place our trust in Jesus even when it feels kind of awkward or it costs us dearly. The second response is to push away the overwhelming evidence by discrediting the messengers of the Gospel and His message. These people could see the signs because they were coming from Jesus who was to them just a regular human being. Instead of shifting their lives to be open to Jesus' claim of divinity and messiahship they rejected Him. We can learn from their fatal response.

Reflection Questions

1. In the past I have struggled with some health issues that were chronic in nature and undiagnosed. The daily frustration and concern over this continues to cause me to live my life in a way much closer to God's kingdom than the world. Without this constant struggle I would not be as conscious of my need for the Lord and his daily sustenance. List one weakness with which you are suffering from which you have asked God to deliver you. Talk to Him in prayer about how He might be using this to develop your dependence upon Him.

2. During the Fourth of July holiday I frequently travel back to my hometown to celebrate. I encounter people who are aware of the spiritual transformation that happened in my life when I surrendered my life to Jesus. Sometimes they respond to me in a similar way as the people in Jesus' hometown who resented the fact that He was holy. How can the passages from this week's study encourage you to persist in your own holiness and personal service of the Lord even when others disparage or scoff at your spiritual development?

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Sunday Mass Study Notes for Sunday, 7-9-2017



Welcome back to the Sunday Mass notes. The first reading highlights a prophecy of Jesus who came humbly the first time riding into Jerusalem on a donkey. However, He will return a second time in justice and power to claim victory over a world entrenched in war against Him and His people. In the second reading, we encounter the contrast between those who had Jesus' Spirit living inside of them and those who are driven purely by their carnal, spiritually dead natures. As we move to the Gospel lesson, we will learn about how Jesus relied upon prayer to God the Father for His spiritual victory. The last reading gives us insight into the communication that occurred between these two Persons of the Godhead, which is a pattern for the type of communion that God wants with all of us (John 17:20-21).

Introduction to the First Reading:

The first reading is from the Prophet Zechariah. Zechariah was one of the twelve Minor Prophets, a term that indicates the size of their writings in contrast to the larger Books written by the Major Prophets such as Isaiah and Jeremiah. Zechariah wrote during the exile of the Jews to Babylon and returned to Jerusalem with Zerrubbabel, also known as Sheshbazzar (Ezra 1:8) the leader of the tribe of Judah. One of the things for which Zechariah is known is the prophecy of the flying scroll (Zechariah 5:1-11). This message symbolized the Word of God that had been disobeyed by Israel and

the moral components which were also broken by the entire world. The message called for judgment according to God's righteous rule. The context of the reading for today is during the reign of the Persian King Darius some two years before the Jews rebuilt the Temple in Jerusalem. In Chapter 8 Zechariah had prophesied about what we know today as the return of the Lord Jesus to Jerusalem. He said, "Thus says the LORD, 'I will return to Zion and will dwell in the midst of Jerusalem. Then Jerusalem will be called the City of Truth, and the mountain of the LORD of hosts will be called the Holy Mountain'" (Zechariah 8:3). Chapter 9 opens with a prophecy against the nations surrounding Israel followed by a pronouncement that God would deliver His people. "But I will camp around My house because of an army, Because of him who passes by and returns; And no oppressor will pass over them anymore, For now I have seen with My eyes" (Zechariah 9:8).

As you study the reading take careful note of the prophecy of the Coming King and remember Jesus' triumphal entry into Jerusalem on the day we call Palm Sunday (Mark 11:1-11).

First Reading:

9 Rejoice greatly, O daughter of Zion! Shout in triumph, O daughter of Jerusalem! Behold, your king is coming to you; He is just and endowed with salvation, humble, and mounted on a donkey, Even on a colt, the foal of a donkey. 10 I will cut off the chariot from Ephraim and the horse from Jerusalem; and the bow of war will be cut off. And He will speak peace to the nations; and His dominion will be from sea to sea, and from the River to the ends of the earth. (Zechariah 9:9-10)

In this prophecy, we see both advents of Jesus compressed into three short verses. Verse 9 contains Zechariah's prophecy that was fulfilled on the day that Jesus entered Jerusalem riding on a donkey on Palm Sunday. In verse 10, the tenor suddenly changed from one of a triumphal celebration of the coming Messiah to one of war. At Christ's Second Advent, He will cut off the world war (v. 10a) and "He will speak peace to the nations" (v.10b). Finally, Zechariah said that the territory under the reign of the king would range from the Euphrates River all the way around the earth.

The war about which Zechariah was speaking is the war that will come with the appearance of the man known in Scripture as the Antichrist. Saint Paul said, "Let no man deceive you by any means: for that day shall not come, except there come a falling away first, and that man of sin be revealed, the son of perdition" (2 Thessalonians 2:3). This "man of sin" will fill the world's vacuum for a leader and will seize power by intrigue (Daniel 11:21). We can take comfort in knowing that one day Jesus will return to the earth to usher in worldwide peace and bring in an era of justice. When we see wars and rumors of war all around us, this does not take God by surprise. He is waiting for the perfect timing to bring His Son back to rule and reign on the earth. Second, we can rest in the fact that although Zechariah probably didn't understand the prophecy that he wrote, he faithfully recorded it in the Scriptures. We can trust that the prophecies such as this one from Zechariah provide important, after-the-fact, confirmation of the accuracy of God's Word, even if they are hard to understand before the events have played out. This gives us confidence to follow God's Word, because we know that it is not manmade, it is supernatural.

Introduction to the Second Reading:

The second reading today is from Saint Paul's Letter to the Romans. Paul opened Chapter 8 in Romans by explaining the difference between a person that was born again through the Spirit of God and the one whose heart was set on the flesh (Romans 8:6). The believer, whose righteousness is found through faith in the finished work of Jesus Christ, is in a right relationship with God. Paul said, "There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit" (Romans 8:1). Next, he explained the significant contrast of the heart of the unbeliever. "For the mind set on the flesh is death, but the mind set on the Spirit is life and peace, because the mind set on the flesh is hostile toward God; for it does not subject itself to the law of God, for it is not even able to do so, and those who are in the flesh cannot please God" (Romans 8:6-8). This context is helpful in understanding the word "however" which serves as a contrast and opens today's reading beginning in verse 9. We included verse ten although it didn't appear in the reading.

Second Reading:

9 However, you are not in the flesh but in the Spirit, if indeed the Spirit of God dwells in you. But if anyone does not have the Spirit of Christ, he does not belong to Him. 10 If Christ is in you, though the body is dead because of sin, yet the spirit is alive because of righteousness. 11 But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ Jesus from the dead will also give life to your mortal bodies through His Spirit who dwells in you. 12 So then, brethren, we are under obligation, not to the flesh, to live according to the flesh– 13 for if you are living according to the flesh, you must die; but if by the Spirit you are putting to death the deeds of the body, you will live. (Romans 8:9-13)

Paul said that a person must have the Spirit of God dwelling in them in order to belong to Him. This is the same thing that Jesus explained to the Jewish ruler Nicodemus who came to Jesus at night, which I like to call "Nick at night." Jesus told him, "Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God" (John 3:3b-ff). Jesus and Paul taught the same very important scriptural truth, a person must be indwelled by the Holy Spirit of God in order to be one of His children. This indwelling happens the moment a person surrenders his or her life to Christ for salvation. Whether or not they sense anything tangibly, this is when the Holy Spirit comes to live inside of a believer. It is a mystery of God (John 3:8), but something we can be assured happens because of the reliability of God's Word.

Paul further explained that although the believer's body would die because of sin, their spirit was made alive (quickened) because of the righteousness of Jesus Christ imparted to them through faith (v. 10). Next, Paul gave words of hope for believers by saying that since Christ was raised from the dead someday our bodies will also be given eternal life (v. 11). Finally, Paul called believers to put to death the carnal, fleshly behaviors inherent in our sinful nature through the power of the Holy Spirit (v. 13).

It is important for us to pause here and contemplate what Paul said regarding the calling of believers towards holy living. "[F]or if you are living according to the flesh, you must die; but if by the Spirit you are putting to death the deeds of the body, you will live" (v. 13). His teaching on this matter took the form of a set of "if then" conditional statements. **If** a person who doesn't have the Spirit of God lives according to the natural flesh, which of course is the only direction they know to take, **then** they will die. But **if** you who are indwelled by the Holy Spirit (are born from again, born from above by the Holy Spirit, John 3:3) **then** you will have empowerment from God's Holy Spirit to live according to the purposes of the Spirit, who inherently has life. Jesus is the empowering force that lives within us through God's Holy Spirit, enabling us to turn from the natural inclinations of our sinful flesh and towards the things of the Spirit. It's not so much that God doesn't like unholy living and punishes it with death, it's more about the natural course of consequences that are inherent in the universe that God designed. He pleads with people to choose life, but often times we choose death (Deuteronomy 30:19). Paul makes a striking case for the ongoing growth of believers to become more and more like Christ, from the inside out, because we have a new relationship of grace with His Spirit who "teaches us to say 'no' to ungodliness" and calls us to righteous living (Titus 2:12).

Introduction to the Gospel Reading:

The Gospel lesson is from Saint Matthew. The context of the lesson is when Jesus was traveling from city to city with the disciples (Matthew 11:1) to preach and teach. Jesus had some not-so-nice things to say about His experiences there. "Then He began to denounce the cities in which most of His miracles were done, because they did not repent" (Mt 11:20). Jesus used several examples of the cities to which He had visited, then spoke about Capernaum, a town located on the north shore of the Sea of Galilee, a town that possibly was the location of Saint Peter's home. "And you, Capernaum, will not be exalted to heaven, will you? You will descend to Hades; for if the miracles had occurred in Sodom which occurred in you, it would have remained to this day" (Matthew 11:23). We pick up with the reading in verse 25.

Gospel Reading:

25 At that time Jesus said, "I praise You, Father, Lord of heaven and earth, that You have hidden these things from the wise and intelligent and have revealed them to infants. 26 Yes, Father, for this way was well-pleasing in Your sight. 27 All things have been handed over to Me by My Father; and no one knows the Son except the Father; nor does anyone know the Father except the Son, and anyone to whom the Son wills to reveal Him. 28 Come to Me, all who are weary and heavy-laden, and I will give you rest. 29 Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and YOU WILL FIND REST FOR YOUR SOULS. 30 For My yoke is easy and My burden is light." (Matthew 11:25-30)

Here we see a prayer between God the Son and God the Father, given by Jesus in a public setting so as to provide the hearers with certain important spiritual insights. Remember that Jesus had just finished speaking about the urgent need for the people to repent. In His ministry, Jesus had taken

over where John the Baptist had left off with this urgent call of repentance. Frequently the "wise and intelligent" (v. 25c) find it quite difficult to humble themselves and become like infants (v. 25c). God asks us to come to him humbly (Matthew 5:5) and rewards those who diligently seek Him (Hebrews 11:6).

Jesus revealed several very important spiritual truths in this passage:

- God has given Jesus complete sovereign control over the earth.
- The only Person with a true understanding of God the Father is God the Son AND those to whom God the Son has revealed Himself.
- Jesus has provided the believer a position of rest. We not only do not have to earn our salvation but we also may rest and trust in our righteous standing with God. We saw this in the second reading today from Romans 8 as well.
- The way of Jesus is easy compared to the way of the religious. In those days, the religious leaders were called Pharisees and they thought they earned their salvation by doing many religious things. In contrast, the believer's burden is light because the hard work that Jesus did in earning our salvation is already completed. Nothing can be added to it no matter how hard we work. Therefore, being yoked to Jesus provides freedom from the burdensome labor of religion.

Jesus' calling is to the humble people, like Himself, not proud ones who are "carnally minded" (Romans 8:6) as we saw in the second reading. In the same way that Jesus pronounced curses upon the nations that did not repent, God will one day pronounce judgment upon each unbelieving person who doesn't repent. "For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live" (Romans 8:13). We can rest in our faith in Jesus for He said, "Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and YOU WILL FIND REST FOR YOUR SOULS. For My yoke is easy and My burden is light" (Mathew 11:29-30).

Have a great week being happily "yoked" to Jesus.

Reflection Questions

1. We read about the difference between a person who is "carnally minded" and one who is motivated by the Spirit of God. How can a person know that they are saved? Read the following verses and write down a few ways in which a person can know they are in a right relationship with God.

Romans 8:16-17: 16 The Spirit Himself testifies with our spirit that we are children of God, 17 and if children, heirs also, heirs of God and fellow heirs with Christ, if indeed we suffer with Him so that we may also be glorified with Him.

1 John 2:3-11: 3 By this we know that we have come to know Him, if we keep His commandments. 4 The one who says, "I have come to know Him," and does not keep His commandments, is a liar, and the truth is not in him; 5 but whoever keeps His word, in him the love of God has truly been perfected. By this we know that we are in Him: 6 the one who says he abides in Him ought himself to walk in the same manner as He walked. 7 Beloved, I am not writing a new commandment to you, but an old commandment which you have had from the beginning; the old commandment is the word which you have heard. 8 On the other hand, I am writing a new commandment to you, which is true in Him and in you, because the darkness is passing away and the true Light is already shining. 9 The one who says he is in the Light and yet hates his brother is in the darkness until now. 10 The one who loves his brother abides in the Light and there is no cause for stumbling in him. 11 But the one who hates his brother is in the darkness and walks in the darkness, and does not know where he is going because the darkness has blinded his eyes.

2. Pride is one of the things that keeps people from entering into a righteous relationship with God through Jesus Christ. Read the verses that follow and answer the questions below.

Proverbs 6:16-19: 16 There are six things which the LORD hates, Yes, seven which are an abomination to Him: 17 Haughty eyes, a lying tongue, And hands that shed innocent blood, a heart that devises evil schemes, feet that are quick to rush into evil, a false witness who pours out lies, and a person who stirs up conflict in the community.

James 4:13-15: 13 Come now, you who say, "Today or tomorrow we will go to such and such a city, and spend a year there and engage in business and make a profit." 14 Yet you do not know what your life will be like tomorrow. You are just a vapor that appears for a little while and then vanishes away. 15 Instead, you ought to say, "If the Lord wills, we will live and also do this or that."

A. Why do you think that pride was first on the list of things which the LORD hates? How are all the rest of the evil things on that list connected to and/or generated by pride? In what ways does pride blind people to the scriptural truths of salvation through faith in Jesus?

B. In what ways do you identify with what did James said about the self-confident person? In light of your answer, how could you pray to look at things differently this week?

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