**Study Notes for the Sunday Mass** Published by Christians for Christ Ministries. We are a non-denominational Christian ministry that seeks to encourage and facilitate Christians in studying the Holy Scriptures. **"For there is one God and one mediator between God and mankind, the man Christ Jesus."** 1 Timothy 2:5

# Sunday Mass Study Notes for 09-15-2024




One time while I was studying the first reading from Isaiah Chapter 50, I came across an interesting commentary on a web site. This supposedly Christian pastor wrote about the identity of the servant figure in the reading either as the Nation of Israel as a whole, or perhaps as he said, "an individual person." Then he gave an analysis of verses 4 – 9a in which he never once identified the "servant" mentioned there with the Person of Jesus Christ. This contradicts the Gospel narrative who very clearly ascribed these exact events in describing the Passion of Jesus Christ (for example Matthew 26:67). This week we will study that reading from Isaiah and learn about what Jesus had to say in the Gospel reading about those who like the pastor I mentioned, deny or ignore that Jesus is the Christ of God presented by Isaiah. This week we will also learn from James about two types of faith, one that saves and one that does not. The key idea that runs throughout the three readings today is the faithfulness (or lack thereof) of God's servants.

***Introduction to the First Reading:***

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The first reading is from Isaiah 50 and is one of what is known as Isaiah's "Servant Songs." The Servant Songs prove in a powerful way that Jesus of Nazareth is God's Righteous Servant, the long-awaited Messiah. As we mentioned in the introduction, some present-day scholars (especially including Jewish writers) identify the servant in these songs as the entire Nation of Israel. This is true in a certain sense and especially about the one spoken of in the opening verses of Chapter 50 just prior to today's reading. Verse one reads, "*Thus says the LORD: Where is your mother's bill of divorce with which I put her away? Or which of my creditors is it to whom I have sold you? No, because of your sins you were sold, and for your transgressions your mother was put away*" (Isaiah 50:1). Clearly, the Lord is using a figure of speech in referring to the Nation who went astray from Him and was sold into captivity for their sins. However, in contrast to the servant we will read in the subsequent verses, the servant figure implied in this verse is an unfaithful one. As we will see in the reading below, the Servant beginning in verse 5 is undeniably the Lord Jesus Christ Himself.

The overall preceding context of today's reading is the preparation of Judah's return from captivity at Babylon, something we know happened during the times of Nehemiah. Isaiah had also just introduced the prophecy of the future captivity under a yet to be born ruler named Cyrus (Isaiah 44:28 – 45:1). This future Persian King would be responsible for the rebuilding of the temple in Jerusalem and is also called a servant or shepherd of God (Isaiah 44:28). Isaiah prophesies about both faithful and unfaithful servants, be they Jews or Gentiles like Cyrus. This same idea of faithfulness carries into the second reading today as well as the Gospel lesson in which Jesus is the faithful Servant of God. As you read, take careful note of the characteristics of the faithful Servant.

***First Reading:***

> *Isaiah 50:5-9 NAS95 5 The Lord GOD has opened My ear; And I was not disobedient Nor did I turn back. 6 I gave My back to those who strike Me, And My cheeks to those who pluck out the beard; I did not cover My face from humiliation and spitting. 7 For the Lord GOD helps Me, Therefore, I am not disgraced; Therefore, I have set My face like flint, And I know that I will not be ashamed. 8 He who vindicates Me is near; Who will contend with Me? Let us stand up to each other; Who has a case against Me? Let him draw near to Me. 9 Behold, the Lord GOD helps Me; Who is he who condemns Me? Behold, they will all wear out like a garment; The moth will eat them.*

Although the Nation of Israel sinned, God was obedient in fulfilling His promises of redemption through His Servant Son Jesus Christ. The Servant (whom we know as Jesus) was obedient in doing all that God had for Him to accomplish (v. 5). Although Jesus was condemned by the then leaders of

the world, He was obedient to God and looked to His Father for His ultimate vindication. In a similar way, we too are called to obey our Father God in accomplishing all the things He has for us to do and we will ultimately be vindicated when we meet the Lord.

***Introduction to the Second Reading:***

The second reading is a continuation of the study from James we read last week, but moving ahead to verse 14. The content of his teaching is the quality of true faith. Throughout the Bible, there are many examples of people possessing different qualities of faith, one that saves and one that does not. Rahab was commended for her saving faith by the author of Hebrews when he said, "By faith Rahab the prostitute did not perish with those who were disobedient, because she had received the spies in peace" (Hebrews 11:31). Rahab was a prostitute in Jericho who received the two spies sent by Joshua and hid them in defiance of the King (Joshua 2:1-6). Had she not taken this bold step of faith she would have perished at the hands of the Israelites when they toppled the city. As we read from James, we will see both kinds of faith, the kind that saves and expresses itself in godly actions (Ephesians 2:10), and the kind that cannot save. It is this latter kind about which we will read later in the Gospel lesson about which Jesus said, "*For whoever is ashamed of Me and My words in this adulterous and sinful generation, the Son of Man will also be ashamed of him when He comes in the glory of His Father with the holy angels" (*Matthew 8:38).

***Second Reading:***

> *James 2:14-18 NAS95 14 What use is it, my brethren, if someone says he has faith but he has no works? Can that faith save him? 15 If a brother or sister is without clothing and in need of daily food, 16 and one of you says to them, "Go in peace, be warmed and be filled," and yet you do not give them what is necessary for their body, what use is that? 17 Even so faith, if it has no works, is dead, being by itself. 18 But someone may well say, "You have faith and I have works; show me your faith without the works, and I will show you my faith by my works."*

James asks a hypothetical question, essentially, "What good is a dead faith because a dead faith doesn't result in the salvation of one's soul" (v. 14). He then went on to illustrate the works that proceed from a person possessing such a dead faith. This person could say something like, "be warmed and filled" (v. 16b) to a person that is cold and hungry. There are two types of faith, that which can save and that which cannot. The faithful servant is one whose works manifest themselves

into acts of service. This is a type of faith that can save, and does save a person (1 John 5:13). Although they are saved by God's grace through faith alone (Ephesians 2:8-9) this faith manifests itself in good works (Ephesians 2:10).

As we move onto the Gospel lesson, remember how in the first reading we saw how Isaiah portrayed Jesus as the faithful Servant Who willingly surrendered Himself to the vile treatment of His tormentors. In contrast, we also saw how Isaiah in the earlier verses spoke of the unfaithfulness of the implied servant figure, the Nation of Israel who was sold into captivity for their sin. In the Gospel lesson, we will see how Jesus is the faithful Servant of God and how Saint Peter boldly proclaims this message even though he misunderstood the nature of God's Servant Son.

***Introduction to the Gospel Reading:***

The Gospel reading from Saint Mark begins Jesus' inevitable and irreversible journey to the cross. As we saw in the pleas of the Suffering Servant in Isaiah, in today's Gospel reading Jesus testifies about the difficult plan that His Father has for Him (Mark 8:31). The context of the reading is in Caesarea Philip. This is a place that I encountered during my trip to Israel that has an eerie sense about it, almost as if Jesus' conflict with Satan had somehow permeated the rocks of that place to this very day. As you read, keep in mind that the purpose of Jesus' miracles was to show the people Who He was, to bring them to repentance of their sins, and to move them to place their trust in Him for eternal life.

***Gospel Reading:***

The reading omitted verses 36-38 which have been included below.

> *Mark 8:27-38 NAS95 27 Jesus went out, along with His disciples, to the villages of Caesarea Philippi; and on the way He questioned His disciples, saying to them, "Who do people say that I am?" 28 They told Him, saying, "John the Baptist; and others say Elijah; but others, one of the prophets." 29 And He continued by questioning them, "But who do you say that I am?" Peter answered and said to Him, "You are the Christ." 30 And He warned them to tell no one about Him. 31 And He began to teach them that the Son of Man must suffer many things and*

> *be rejected by the elders and the chief priests and the scribes, and be killed, and after three days rise again. 32 And He was stating the matter plainly. And Peter took Him aside and began to rebuke Him. 33 But turning around and seeing His disciples, He rebuked Peter and said, "Get behind Me, Satan; for you are not setting your mind on God's interests, but man's." 34 And He summoned the crowd with His disciples, and said to them, "If anyone wishes to come after Me, he must deny himself, and take up his cross and follow Me. 35 For whoever wishes to save his life will lose it, but whoever loses his life for My sake and the gospel's will save it. 36 For what does it profit a man to gain the whole world, and forfeit his soul? 37 For what will a man give in exchange for his soul? 38 For whoever is ashamed of Me and My words in this adulterous and sinful generation, the Son of Man will also be ashamed of him when He comes in the glory of His Father with the holy angels."*

For the very first time Jesus revealed His Father's plan for Him which was to offer His body as the ultimate and final sacrifice during the Passover celebration. Jesus knew that He had to fulfill the plan His father had for Him exactly, including how and when He was to die. Jesus used the term "I am" in verse 27, something which His Jewish hearers would have known was a claim of divinity. In asking them who they thought He was, Jesus was clearly identifying Himself as God, the Suffering Servant of Isaiah, the One Who would offer Himself as a sacrifice for the sins of the world. After Jesus had warned them not to tell anyone that He was the Christ (v. 30) although His miracles spoke profoundly about His nature (see John 10:25, "The works that I do in My Father's Name bear witness of Me"), He explained to His disciples "plainly" (v. 32) what was to happen to Him in Jerusalem. Note how the text says, "He **began** to teach them" (v. 31a, emphasis added) about this, because even after He rose from the dead, His disciples still didn't understand. He told his disciples to keep quiet about His identity in order to fulfil the Father's timing of His life as the Jews were already seeking to kill Him (John 5:18). We see that in verse 32 Peter, the student, took Jesus, the Teacher, aside and began to rebuke Him! Jesus identification of Himself as the Suffering Servant from Isaiah didn't accord well with Peter's view of Jesus as the conquering Messiah. Peter unwittingly spoke for Satan in attempting to change Jesus' destiny on the cross, in the same way that Satan tempted Jesus in the wilderness (Mark 1:12-13). We will say more about this below.

Peter, like many of us, was impulsive and frequently acted first and too stock of his actions later. After having spent the better part of three years, he was obviously upset that anyone would harm Jesus, especially the chief priests and scribes. He was clearly the leader of the group of twelve disciples and the first one and a representative of all twelve to whom were later given the "keys of the kingdom," meaning that He entrusted them with the dispersion of the Gospel message to the world. His main role was as a witness to the Jews (Galatians 2:8). Sometimes called the "first among equals," he played a leading role in the early church as can be seen in Acts Chapter 1 when he was the first to gather the ten remaining disciples in order to replace Judas Iscariot the traitor. Peter,

whose heart was changed by the Holy Spirit, was the first of the disciples to confess Jesus as the Messiah (Matthew 16:16-18). He was called a "pillar of the church" in Paul's Letter to the Galatians (Galatians 2:9) and acted as the de facto spokesman of the disciples (see Matthew 15:15, 18:21, 19:27, Mark 11:21, etc.). Peter couldn't bear the thought of losing his best friend and ministry partner for whom he had dedicated his life the past several years. Peter, like the Old Testament Prophets and Jesus, had also suffered from the constant persecution of the scribes and Pharisees, and one can only imagine his anger when Jesus told him that this nemesis would kill his Messiah!

Yes, the purposes of God had to be fulfilled through Jesus offering Himself as a Savior for our sins. Peter, who was overcome both with his passion and love of Jesus, was as Jesus said, also influenced by the Father of Lies (v. 32). The time of Jesus ministry was an era of extreme demonic activity. Almost a dozen times in the Gospels Jesus was confronted by a demon possessed person and cast it out of them (for example Matthew 9:33, Mark 7:26, Luke 4:33). Our enemy the devil seems to have a lot of capabilities, but we know for certain that Peter wasn't in any way "possessed by a demon." No, what happened in this incident was that Peter simply repeated a mantra that was implanted in the world by the father of the world (2 Corinthians 4:4), the father of lies (John 8:44), Satan, the devil himself. This lie was the Messiah would come and set up his eternal kingdom without the need for anyone to deal with their sin, either in a personal or corporal sense for all of Israel. The people of the god of this age (2 Corinthians 4:4) saw no need to humble themselves before God, repent of their sins, and allow God to give His life as the perfect, once for all sacrifice of sin forever (Hebrews 10:14). For a very brief instant Peter was conformed to this world, something about which Saint Paul later warned us when he said, "Be not conformed to this world, but be transformed by the renewing of your heart (Romans 12:2).

***Concluding Thoughts:***

In the introduction of today's lesson, I mentioned a theologically liberal preacher who studied the same text we read in Isaiah and came to a completely different conclusion regarding the identity of the figure in the song of the servant. Perhaps he was ashamed of Jesus so as not to offend his Jewish readers. As we saw in the Gospel reading, Jesus had a stern warning for those who would not confess Him as the Messiah. Jesus made a scary statement concerning this in today's Gospel reading about people who express that kind of faith. "*For whoever is ashamed of Me and My words in this adulterous and sinful generation, the Son of Man will also be ashamed of him when He comes in the glory of His Father with the holy angels*" (Mark 8:38). This pastor's denial of the obvious identity of Jesus in Isaiah 50 contrasts sharply with Peter who through the inspiration of the Holy Spirit recognized and confessed Jesus as the Christ. Peter's faith is the kind about which James spoke, the

kind saves, the type that expresses itself through good works.

Throughout the readings today, we saw two types of servants, the faithful ones like Jesus and His true followers, and the unfaithful ones that God will send into permanent captivity, unlike the temporary condition suffered by the Nation of Israel. My prayer is that we will live boldly as faithful believers in the Lord Jesus by not denying Him, whether in print, in the ways that we treat others, or in the ways in which we are obedient in serving Him. What if **we** knew how and when we were going to die? How now would we then live?

## Reflection Questions

1. That faithful servant is one whose life is marked by good works done as a result of a heart changed by God, however, we all fall short in various ways (Romans 3:23). One of the areas in which I have caught myself falling into a trap over and over again in my marriage (and in other relationships) is to propose a five-point plan to fix someone once they have poured out their heart to me concerning their problems. Have you ever fallen into this type of sinful behavior? In light of what you learned today from the readings, how can you through God's power counteract this in the future?

2. Peter was the first to boldly express that Jesus was the Christ (Mark 8:29), but his confession ended up leading to Jesus' rebuke when his concept of the Christ didn't align with the Father's plan for Jesus which included suffering, death, and resurrection. Discuss in what ways you too have misconceptions about Jesus in your life. In what ways do you expect Jesus to do something in a certain manner or timeframe, but find yourself frustrated when He accomplishes His plan in a contradictory manner?

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# Sunday Mass Study Notes for 09-08-2024




Welcome back to the Sunday Mass notes. This week, in the first reading, we examine the Prophet Isaiah's message regarding the future healing coming from God upon the whole sin-broken world. Then we continue the study of the Book of James in the second reading and close with the continuing study of the Gospel of Mark in which Jesus heals a deaf and mute man.

***Introduction to the First Reading:***

This week, in the first reading, we examine the Prophet Isaiah's message regarding the future healing coming from God upon the whole sin-broken world. This message especially resonated to the Jews who were under attack from the King of Assyria during this time.

***First Reading:***

The first reading is from the Prophet Isaiah. The historical context is during the time when King Hezekiah had made an alliance with Egypt (Isaiah 30:1-2) thereby provoking Sennacherib the King of Assyria. Hezekiah's revolt against Assyria ultimately led to his humiliation in which he was forced to cede reparations as recorded in Second Kings. The people were very afraid of the Assyrian King because he had already conquered and taken captive the Northern Kingdom of Israel. Hezekiah's unwise decision to trust in an alliance with Egypt angered God. However, at some point he came to his senses and confessed his wrongdoing, then tried to buy peace with Sennacherib. "*King Hezekiah of Judah sent to the king of Assyria at Lachish, saying, 'I have done wrong; withdraw from me; whatever you impose on me I will bear.' The king of Assyria demanded of King Hezekiah of Judah three hundred talents of silver and thirty talents of gold. Hezekiah gave him all the silver that was found in the house of the LORD and in the treasuries of the king's house. At that time Hezekiah stripped the gold from the doors of the temple of the LORD, and from the doorposts that King Hezekiah of Judah had overlaid and gave it to the king of Assyria* "2 Kings 18:14-16).

Equally important in the historical context is the location of the reading in the whole of Isaiah and the overall theological context. Today's reading from Chapter 35 precedes a section in Isaiah regarding the future judgment of the Edomites. This is a people group that can be taken both literally (as a region) and figuratively, as anyone (or nation) who opposes God. Edom is the nation that descended from Isaac's firstborn son, Esau. Esau was Jacob's brother and the one who claimed the promises of God and the blessing from Israel. Although Esau didn't war with the Hebrew people during the time of Jacob, his descendants became sworn enemies of the Jews. God says about the Edomites in Chapter 34, "For My sword is satiated in heaven, Behold it shall descend for judgment upon Edom And upon the people whom I have devoted to destruction" (Isaiah 34:5). Although we don't know exactly how God's judgment of Edom will play out, we are told many details about the judgment of the earth which must take place before Jesus returns to rule the earth. Scripture seems to indicate that the timing of the judgment is in the distant future, during what is known as the Day of the Lord (DOL). This period of God's judgment of the seals, trumpets, and bowls as described in Revelation will be accompanied with signs in the heavens. Isaiah said "the sky will be rolled up like a scroll" (Isaiah 34:4b) just as it says in Revelation 6:14. Today's reading is a message regarding the future restoration after the terrible period of time after the DOL. As in many of the prophetic passages in the Bible, and especially in Isaiah, we can locate both near term fulfillments as well as unfulfilled events that will happen sometime in the future. In some cases we can clearly see partial fulfillments of certain passages through the first coming of Jesus, but yet it is clear that the complete fulfillment won't occur until the second coming of the Lord. This is the case with today's reading.

***First Reading:***

> *Isaiah 35:4-7 NAS95 4 Say to those with anxious heart, "Take courage, fear not. Behold, your God will come with vengeance; The recompense of God will come, But He will save you." 5 Then the eyes of the blind will be opened And the ears of the deaf will be unstopped. 6 Then the lame will leap like a deer, And the tongue of the mute will shout for joy. For waters will break forth in the wilderness And streams in the Arabah. 7 The scorched land will become a pool And the thirsty ground springs of water; In the haunt of jackals, its resting place, Grass becomes reeds and rushes.*

The heart of the message was that God would first destroy His enemies and then restore the land. Although the message contained a message of physical healing, the prophet was also speaking metaphorically about the spiritual healing that would occur in the future when all of Israel would be saved (Romans 11:26). In terms of the historical context, Isaiah spoke to the people of Judah that were being threatened with attack from the Assyrian Empire who had already devastated their brothers in the Northern Kingdom. The Prophet provided a message of hope to the people, that ultimately God would prevail over his enemies by "com[ing] with vengeance, with terrible recompense" (v. 4d). This will lead to the salvation of the people, "He will come and save you" (v. 4f). During that time, the land shall be restored from war, all the evils of the world will be reversed, including blindness, deafness, lameness, and the inability to speak (v. 5). The desert shall be watered (v. 6c) and the hot sand shall be blessed with cool water (v. 7). The land, including the region of Edom that was destroyed by God (Isaiah 34:5) and had been turned into the haunt of jackals will be restored. The Prophet's message would have provided comfort to the people as they faced the onslaught of King Sennacherib while their own king tried to buy the country's freedom against this vast imposing army. While the people lived with the imminent threat of the Assyrians, Isaiah's message would have been a rallying cry for exclaiming the power of the one true God over their enemies.

When we look at the ways in which Isaiah's prophecy was fulfilled after his time we see that Jesus quoted from this very text. The way in which this happened was while John the Baptist was in prison. He evidently began to have some doubts as to whether Jesus truly was the Messiah. Perhaps he questioned why Jesus would allow him to be imprisoned. John the Baptist sent word to Jesus from prison saying, "Are You the Expected One, or shall we look for someone else?"(Matthew 11:3). Jesus answered by quoting from Isaiah. "Go and report to John what you hear and see: the BLIND RECEIVE SIGHT and the lame walk, the lepers are cleansed and the deaf hear, the dead are raised up, and the POOR HAVE THE GOSPEL PREACHED TO THEM" (Matthew 11:4-5). Jesus said that His healing ministry was in fulfillment of Isaiah's prophecy. Later in the Gospel reading, we will see another instance of how Jesus fulfilled this prophecy from Isaiah. Like many prophecies in the Old Testament, this one was only partially fulfilled during Jesus earthly lifetime. The final fulfilment will

happen when the Lord returns to establish his kingdom on earth.

The message of Isaiah for our current day includes a couple of possible application points. One, we can believe in Jesus as the Messiah and be saved from the destructive nature of sin in our own lives. No matter what we have done or what has been done to us that is sinful, Jesus the Messiah, can heal and restore the brokenness of sin. Two, when we have this type of relationship with Jesus, we can also see God the Father's heart, now, through a different lens. Instead of fearing God's wrath and punishment for sin, we can draw close to God's heart that is tender and fiercely loyal to His sons and daughters who are in distress. Romans 8:1 tells us that there is no longer any condemnation associated with those who are in Christ Jesus. So we can boldly approach the throne of grace with confidence (Hebrews 4:16). The fact that God is eager to save and embrace us should encourage and embolden us to live in light of His abiding presence in our lives.

You may wonder how things turned out for Judah. If you read further ahead in Isaiah, you can see how God worked mightily but only after Hezekiah came to his senses. Instead of leaning upon foreign alliances and gold to buy his way out, King Hezekiah eventually turned to God for deliverance, "he tore his clothes, covered himself with sackcloth and entered the house of the LORD" (Isaiah 37:1). God answered his heartfelt plea by devastating the Assyrian army: "Then the angel of the LORD went out and struck 185,000 in the camp of the Assyrians; and when men arose early in the morning, behold, all of these were dead" (Isaiah 37:36).

***Introduction to the Second Reading:***

The second reading is a continuation of the study begun in James last week. The Book of James is a Book called the "Proverbs of the New Testament" and is filled with practical wisdom for being a Christian. This reading follows James' teaching on the basic practices of religion which included "visiting orphans and widows in their distress, and keeping oneself unstained by the world" (James 1:27). This James is the one who led the first Ecumenical Council recorded in Acts 15 which dealt with rebutting the false teaching that "Unless you are circumcised according to the custom of Moses, you cannot be saved" (Acts 15:1). During this meeting, James stood up, announced a summary of the scriptural teachings on the matter (from the Old Testament), and provided the authoritative, final judgment on how the church should proceed. His teaching in the Book by his name came to the early church with the same sense of authority that he had during the proceedings of the first church council.

*Note: The reading omitted verses 6 – 7 which have been included below.*

***Second Reading:***

> *James 2:1-5 NAS95 1 My brethren, do not hold your faith in our glorious Lord Jesus Christ with an attitude of personal favoritism. 2 For if a man comes into your assembly with a gold ring and dressed in fine clothes, and there also comes in a poor man in dirty clothes, 3 and you pay special attention to the one who is wearing the fine clothes, and say, "You sit here in a good place," and you say to the poor man, "You stand over there, or sit down by my footstool," 4 have you not made distinctions among yourselves, and become judges with evil motives? 5 Listen, my beloved brethren: did not God choose the poor of this world to be rich in faith and heirs of the kingdom which He promised to those who love Him? 6 But you have dishonored the poor man. Is it not the rich who oppress you and personally drag you into court? 7 Do they not blaspheme the fair name by which you have been called?*

This passage is teaching the importance of reflecting the nature of God by treating everyone with fairness and honor. Showing favoritism in the church reflects a muddy picture of God's heart, confusing people about who God is and what He values. We are to value each person as God values them, and thus avoid the class wars and pecking orders of the world. The poor in this world have a lot to teach those who are supposedly "rich" by material standards. Instead of favoritism dictating our treatment of people, God's love for all should level the playing field. We can now approach others (rich or poor) with a sense of humility, giving them honor as image bearers of God.

James provides an excellent warning about how God hates pride (Proverbs 8:13) and desires for unity in the Church (John 17). If you think about it, the higher a person is, the further they have to fall! James' lesson closely parallels the Parable of the Wedding Feast:

*7 And He began speaking a parable to the invited guests when He noticed how they had been picking out the places of honor at the table, saying to them, 8 "When you are invited by someone to a wedding feast, do not take the place of honor, for someone more distinguished than you may have been invited by him, 9 and he who invited you both will come and say to you, 'Give your place to this man,' and then in disgrace you proceed to occupy the last place. 10 But when you are invited, go*

*and recline at the last place, so that when the one who has invited you comes, he may say to you, 'Friend, move up higher'; then you will have honor in the sight of all who are at the table with you. 11 For everyone who exalts himself will be humbled, and he who humbles himself will be exalted." (Lu 14:7-11)*

In the parable, the central truth is Jesus' message regarding the sinfulness of pride as well as a call to servanthood. In reality, using the illustration of the feast, the proudest person in the room may be the one collecting the food trays after the meal! Only God truly knows the heart (1 Corinthians 2:11), although wealth and power are often accompanied with pride. In this illustration, Jesus is calling us to reflect upon the times in which we have positioned ourselves "at the head of the table," or when we have learned from the mistakes of others in positions of power.

As a college professor who taught in various state prisons for a half dozen years, one of the primary lessons I learned was to avoid rushing to judgment of a person based upon their appearance. Prison had a way of leveling the class differences because although everyone dressed uniformly, between hairstyles, tattoos (and scars) the students had ways of making themselves appear differently. Yet even with the students wearing the same uniforms over the course of the class, it would become obvious that there was a "pecking order" among them. Some, like the rich man, "sat" in positions of power, regardless of the location of their physical desk in the classroom. Others were subservient to the leadership positions among the students which became obvious to me over the course of the semester, but which the students already knew. Places of power don't always mean sitting at the head of the table.

It is instrumental to have a proper understanding of the point that James and Jesus were getting at in order to apply these lessons to our lives. The meaning that they had in mind is best illustrated by Psalm 73. Let's read that entire text and meditate upon it before moving onto the Gospel lesson.

> *Psalms 73:1-28 NAS95 1 <<A Psalm of Asaph.>> Surely God is good to Israel, To those who are pure in heart! 2 But as for me, my feet came close to stumbling, My steps had almost slipped. 3 For I was envious of the arrogant As I saw the prosperity of the wicked. 4 For there are no pains in their death, And their body is fat. 5 They are not in trouble as other men, Nor are they plagued like mankind. 6 Therefore pride is their necklace; The garment of violence covers them. 7 Their eye bulges from fatness; The imaginations of their heart run riot. 8 They mock and wickedly speak of oppression; They speak from on high. 9 They have set their mouth*

> *against the heavens, And their tongue parades through the earth. 10 Therefore his people return to this place, And waters of abundance are drunk by them. 11 They say, "How does God know? And is there knowledge with the Most High?" 12 Behold, these are the wicked; And always at ease, they have increased in wealth. 13 Surely in vain I have kept my heart pure And washed my hands in innocence; 14 For I have been stricken all day long And chastened every morning. 15 If I had said, "I will speak thus," Behold, I would have betrayed the generation of Your children. 16 When I pondered to understand this, It was troublesome in my sight 17 Until I came into the sanctuary of God; Then I perceived their end. 18 Surely You set them in slippery places; You cast them down to destruction. 19 How they are destroyed in a moment! They are utterly swept away by sudden terrors! 20 Like a dream when one awakes, O Lord, when aroused, You will despise their form. 21 When my heart was embittered And I was pierced within, 22 Then I was senseless and ignorant; I was like a beast before You. 23 Nevertheless I am continually with You; You have taken hold of my right hand. 24 With Your counsel You will guide me, And afterward receive me to glory. 25 Whom have I in heaven but You? And besides You, I desire nothing on earth. 26 My flesh and my heart may fail, But God is the strength of my heart and my portion forever. 27 For, behold, those who are far from You will perish; You have destroyed all those who are unfaithful to You. 28 But as for me, the nearness of God is my good; I have made the Lord GOD my refuge, That I may tell of all Your works.*

Although the people who are rich in faith may suffer during this lifetime, those that are only rich in material things and full of pride will suffer eternal destruction.

***Introduction to the Gospel Reading:***

The Gospel reading continues from Mark that we looked at last week. This week the context is Jesus' teaching in the Gentile region of the Decapolis to the east of the Jordan. Today's reading follows the healing of a Gentile in the region of Tyre and Sidon (Mark 7:24) when Jesus cast out a demon from the Syrophoenician woman's daughter (Mark 7:24-30). Interestingly, the Decapolis was the same region in which Jesus was asked to leave after healing the man possessed by a legion of demons. Once the demons left the out of control man, they entered a herd of 2000 pigs, which caused them to run off a cliff into the Sea of Galilee and be destroyed. When the owners found out about this "they began to implore Him to leave their region" (Mark 5:17). Nonetheless, Jesus returned there and resumed His healing ministry. Perhaps this was because the formerly demon possessed man whom He healed went and told many others in that region about Jesus (Mark 4:20).

***Gospel Reading:***

> *Mark 7:31-37 NAS95 31 Again He went out from the region of Tyre, and came through Sidon to the Sea of Galilee, within the region of Decapolis. 32 They brought to Him one who was deaf and spoke with difficulty, and they implored Him to lay His hand on him. 33 Jesus took him aside from the crowd, by himself, and put His fingers into his ears, and after spitting, He touched his tongue with the saliva; 34 and looking up to heaven with a deep sigh, He said to him, "Ephphatha!" that is, "Be opened!" 35 And his ears were opened, and the impediment of his tongue was removed, and he began speaking plainly. 36 And He gave them orders not to tell anyone; but the more He ordered them, the more widely they continued to proclaim it. 37 They were utterly astonished, saying, "He has done all things well; He makes even the deaf to hear and the mute to speak."*

He took a very long and circuitous route to get to the Decapolis by going from Tyre through Sidon and then back to the Decapolis (v. 31). We are not told the reason why he would have taken this route and the possible many months it would have required. Despite them having earlier asked Jesus to leave their region someone brought a man to Him for healing. Jesus separated the man from the crowd then proceeded to heal him. Jesus used two physical signs to manifest the healing given to Him by His Father God. First, he put his fingers into the man's ears, and then placed His own saliva on the man's tongue (v. 33). Evidently, he did this to accommodate the others who were watching ("they" in v. 37). Jesus looked up to heaven and sighed showing His reliance upon God the Father as well as His compassion for the man's condition brought on by the fallen world. Next, the first thing Jesus told them including the man whose speech was restored was to keep silent! Jesus knew that His time had not yet come (John 7:6) and having these people broadcast about Him wouldn't serve the timing of the perfect plan the Father had for Him. Another perspective is that His statement to keep quiet had more to do with His disciples than about the Gentiles who were present during the healing. As we mentioned in the first reading, the prophets like Isaiah used physical blindness and deafness as a metaphor for the people's spiritual condition. At this point Jesus' own disciples didn't understand the spiritual significance of all that was going on because in the very next chapter He told them, "Do you not yet see or understand? Do you have a hardened heart? HAVING EYES, DO YOU NOT SEE? AND HAVING EARS, DO YOU NOT HEAR?" (Mark 8:17c – 18b). Jesus, knowing that by asking the Gentiles to keep quiet may stir them on to proclaim the healing that much more, may have been making a statement to His disciples about their unbelief. This, along with the fact that the disciples would have been familiar with the Old Testament metaphor of blindness and that Jesus opened the eyes of a blind man lends more credence to this interpretation. Jesus is in effect telling His disciples that He can open the eyes of the blind, but they were still spiritually blind to many of the realities of His nature. Although Peter soon afterwards confessed that Jesus is the Christ

(Matthew 16:16), all of them had a lot to learn about Jesus – even after He rose from the dead.

There are many applications of Jesus message for our lives today, here are a few:

- Jesus' healing of the blind man's physical ailments reminds us of the need for everyone's need for a spiritual birth. Spiritual blindness is the primary condition that vexes humanity today, the only unforgivable sin (Mark 3:22-30). In John's Gospel Jesus said that "unless a person is born from above they will never enter the kingdom of heaven" (John 3:3). Saint Paul said that "all have sinned and fallen short of the glory of God" (Romans 3:23), and "the wages of sin is death but the gift of God is eternal life through Christ Jesus our Lord" (Romans 6:23). Paul continued by saying, "that if you confess with your mouth Jesus as Lord, and believe in your heart that God raised Him from the dead, you will be saved" (Romans 10:9). The Scripture is clear that "faith comes by hearing and hearing by the Word of God" (Romans 10:17). We cannot earn this free gift but must accept it in faith. "For by grace you have been saved through faith; and that not of yourselves, it is the gift of God; not as a result of works, so that no one may boast. For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand so that we would walk in them" (Ephesians 2:8-10).

- If we desire to be like Jesus, we too can be drawn to minister to the handicapped. Considering what we learned from James, the "handicapped" aren't necessarily just the people with obvious physical issues. Instead, we can pray to consider ministering to those who are marginalized in our society.

- As we learned in the reading from Isaiah, if we and others for whom we care are struggling with handicaps, remember how the prophetic messages in the Bible point us to the perfect healing we will one day receive with the Lord Jesus. For some, this may mean experiencing physical death and meeting Jesus in heaven (John 14:3).

- We too can be astonished that Jesus does all things well (v. 37a,b)! Jesus lived a perfect life and we can be changed by how He humbled Himself by becoming obedient to the point of death, even death on a cross" (Philippians 2:8).

**Study Notes for the Sunday Mass** Published by Christians for Christ Ministries. We are a non-denominational Christian ministry that seeks to encourage and facilitate Christians in studying the Holy Scriptures. **"For there is one God and one mediator between God and mankind, the man Christ Jesus."** 1 Timothy 2:5

## Reflection Questions

1. Develop a list of some categories of people who are marginalized in our society. Second, ask God in what ways you can be praying for specific people that you know fall into this category. Ask God to show you His will regarding ways in which you could minister to one of these people before the end of the year.

2. Read John 14:1-3 and answer the question that follows.

*John 14:1-3 NAS95 1 "Do not let your heart be troubled; believe in God, believe also in Me. 2 "In My Father's house are many dwelling places; if it were not so, I would have told you; for I go to prepare a place for you. 3 "If I go and prepare a place for you, I will come again and receive you to Myself, that where I am, there you may be also.*

A. How does knowing that Jesus is 1. Going to prepare a place for you, and 2. Going to meet you when you get there, help you to face the handicaps you are experiencing in your life today?

B. Especially in light of how God has helped you with any "handicaps," would you consider sharing your testimony with the fellow readers of Mass Notes? If so, please send me your testimony or upload it in the form provided on the web site.

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# Sunday Mass Study Notes for 09-01-2024

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Welcome back to the Sunday Mass notes. This week we open with a study of a reading from the Book of Deuteronomy in which Moses pours out his heart to the Israelites just before they were to begin their final conquest and enter the Promised Land. Moses cautions the people not to add to or take from the Law but to just simply follow it. Second, we look at a reading from the Book of James, said to be "the Proverbs" of the New Testament. Then we close with the Gospel reading from Saint Mark in which Jesus scolds the scribes and Pharisees for doing exactly what Moses told the people not to do by creating religious traditions, which they held above the Mosaic Law. For the application we will address the tendency toward formulaic religion and how God uses hardship to accomplish His purposes.

Do you believe that if you obey the government, pretty much keep the Ten Commandments and go to church every week that God will reward you with a life filled with some level of prosperity and good health? What if you sensed and were obedient to a call from God to uproot your life in order to engage in missions? Would you then be upset if things didn't turn out perfectly for you in your new life? I know a man named Dave that studied hard to become a missionary and moved to France with his wife to reach people for Jesus in this spiritually dark but civilized nation. He worked there for many years, had a good degree of success in his ministry and followed biblical teaching in all that he did. However, after being in France several decades, his health began to decline. As the months went by, his condition continued to worsen and at some point, he was told that he would need a liver

transplant or he would die. You may ask, how could God allow this life-threatening condition in his life which threatened to end his ministry? How could God allow this situation in his life when he had sacrificed so much to move there, was faithful in his following the Bible, and was obedient in every way to the laws of his adopted nation? Later in this lesson you will hear what happened to Dave.

According to Scripture God allows challenges in the lives of believers which goes against what is known in our times as "health and wealth" or the prosperity gospel. This week we are going to see in the Gospel reading how Jesus confronted the false teachings occurring during His ministry from a Jewish religious group called the Pharisees. These were a sect that taught, in effect, salvation by works and held some of the same false beliefs as the modern prosperity gospel preachers of today.

It would be easy to misread the first reading if we have this formulaic or prosperity gospel in mind. The formula goes like this: I am obedient to God's commands, then He has to give me the circumstances in life that I think I deserve. The problem behind this formula is that it lacks the relational underpinning that God desires for us. We obey Him out of our own effort and then feel justified in our sense of entitlement. We will need to read the Old Testament through the eyes of relationship with God now made possible through grace (Ephesians 2:8-9).

***Introduction to the First Reading:***

The first reading is from the Book of Deuteronomy, a word that means literally "second law." The Book begins with a chronicle of the events of the Hebrew people in the period just after the wilderness wanderings. Because of the people's disobedience they were forbidden from entering the Promised Land and spent thirty-eight years wandering in the desert under the leadership of Moses. During this time God revealed the Law to Moses and began the Levitical Priesthood with his brother Aaron as the first high priest. At the end of these thirty-eight years, God prompted Moses to lead military campaigns against the two regional leaders on the "other side" (meaning the east) of the Jordan River. The Hebrew army soundly defeated both King Sihon of Heshbon and King Og of Bashan. According to this Scripture, the Hebrews "captured all [their] cities at that time and devoted to destruction every city, men, women and children. We left no survivors. Only the livestock we took as spoil for ourselves with the plunder of the cities we captured" (Deuteronomy 2:34-35). These events occurred over the final two years, which closed out the full forty years of wandering in the desert outside of God's Promised Land (to the west of the Jordan).

Even more so than in previous readings in order to glean the proper meaning from the passages that follow, it is necessary to clearly understand the context. Reflect upon each of the following points that will help to lead you to the proper contextual understanding of today's lesson.

- God does not change (Malachi 3:6, James 1:17), but He does change the terms through which He deals with His people according to His covenants. There are five covenants in the Old Testament Bible.

  I. First was the Noahic (pronounced "no aye ick") Covenant spoken of in Genesis Chapter 9 in which God promised never to destroy the earth again with a flood. The New Testament records that instead the earth will be renewed by fire (2 Peter 3:7).

  II. The second covenant was the Abrahamic Covenant found in Genesis Chapter 12. In this, God promised that Israel would be a great nation (Genesis 12:2), that they would be led to the Promised Land (v. 1), and that through Israel the entire world would be blessed (v. 3). These unconditional promises will be fulfilled through the Nation of Israel, somehow, in the future.

  III. The third covenant was the Mosaic Covenant through which God introduced the Law to Moses on Mt. Sinai (Exodus 19), and the context of the first reading today. The promises of this Covenant were conditioned upon the people's obedience to the Law, something that only Jesus could fulfill. The Law was clear and exact, unlike the religious traditions that were derived from it over the centuries (as we will read about in the Gospel lesson). Moses spent forty years teaching the people the Law, and they spent forty years breaking it! Point of Fact: Had I lived during that time I wouldn't have done any better than they did.

  IV. The forth covenant was the Davidic Covenant in which God promised that David and his descendants would rule over the House of Israel forever. This covenant was and will be fulfilled through Jesus Christ, who is of David's kingly line of Judah.

  IV. The last covenant of the Old Testament (and the entire Bible) was the New Covenant spoken of in Jeremiah 31. God promised in the New Covenant that He would forgive the sins of His people (Jeremiah 31:34b), and give them new hearts with a desire to follow Him (v. 34). The New Covenant was ultimately fulfilled in the Person of Jesus Christ. Jesus Christ gives all believers a new heart through sending His Holy Spirit to live inside us (John 7:38-39, 2 Corinthians 5:17). This Covenant is the terms through which God deals with us as believers today.

- God's plan of salvation for people has never changed, whether in the Old or New Testaments, although God has revealed His plan more clearly through the revelation of Jesus Christ (see Colossians 1:26 and Hebrews 1:1). Everyone is saved by faith in God's Savior whether it was Jews in the Old Testament, Jews in the New Testament, or Gentiles during either of the Testaments. "For by grace you have been saved through faith; and that not of yourselves, it is the gift of God; 9 not as a result of works, so that no one may boast" (Ephesians 2:8-9). God is clear that there is only one unforgivable sin, which is a rejection of His only provision for the forgiveness of sin.

Finally, this is the key point that we need to remember as we study the first reading showing the sinful behavior of the Jews and how Jesus confronted the false teachings of the Pharisees in the Gospel lesson:

- God assesses different short-term penalties for sin according to each era and covenant. For example, before the Noahic Covenant when Cain killed Abel, God dealt immediately with this sin by putting a mark on Cain, exiling him to a foreign land, and causing him to tirelessly till unfruitful soil (Genesis 4:12-15). As a second example, in the first reading today we will see Moses' mention of an instance in which God acted quickly and harshly to judge sin among the Jewish exiles. Later during the time of the Exodus which is the context of the first reading, God ruled His people as a "theocratic kingdom." During this time Moses, his successor Joshua (and later the prophets and King David) received direct guidance from God. During the "theocratic kingdom" God levied heavy consequences upon those who broke the Law. In John's Gospel Jesus used the metaphor of God's pruning in the life of a believer in order to bring about more fruit (John 15:2). God's pruning in the context of the theocratic kingdom may have meant sudden death for the disobedient Jew, whether it came from God or as a result of capital punishment levied by the Israelite priests (and later Kings).

In our era, God operates according to the New Covenant in which he prunes believers during their earthly lives (John 15:2) while storing up His judgement for unbelievers largely until the end of their lives (John 15:6, "cast into the fire and burned"). Even during the Old Testament times God revealed His grace to the unbelieving world by lavishing His material blessings upon them, although their eternal destination was hell. This is very clear from both Psalm 37 and Psalm 73. Lest we think that

God doesn't immediately judge sin in some cases, we must remember the story of Ananias and Sapphira in the Book of Acts (Acts 5:1-11), as well as Saint Paul's teaching about some being sick and some have died because of their unholy behavior in the love feast and communion meal (1 Corinthians 11:30).

Now, with this context in mind, let's move to today's reading which is an address by Moses to the people as he prepares to appoint Joshua his successor (3:28) who would soon lead the people into the new land. Although Moses himself was forbidden by God to enter (Deuteronomy 3:23-26), God did allow him to travel to the top of Mount Pisgah to see a divine vision of the land just before his death (3:27).

***First Reading:***

> *Deuteronomy 4:1-8 NAS95 1 "Now, O Israel, listen to the statutes and the judgments which I am teaching you to perform, so that you may live and go in and take possession of the land which the LORD, the God of your fathers, is giving you. 2 You shall not add to the word which I am commanding you, nor take away from it, that you may keep the commandments of the LORD your God which I command you. 3 Your eyes have seen what the LORD has done in the case of Baal-peor, for all the men who followed Baal-peor, the LORD your God has destroyed them from among you. 4 But you who held fast to the LORD your God are alive today, every one of you. 5 See, I have taught you statutes and judgments just as the LORD my God commanded me, that you should do thus in the land where you are entering to possess it. 6 So keep and do them, for that is your wisdom and your understanding in the sight of the peoples who will hear all these statutes and say, 'Surely this great nation is a wise and understanding people.' 7 For what great nation is there that has a god so near to it as is the LORD our God whenever we call on Him? 8 Or what great nation is there that has statutes and judgments as righteous as this whole law which I am setting before you today?"*

Moses urged the people to follow the Levitical Law without adding to it or taking from it (v. 2) so that they may "live and go in and take possession of the land" being given by God to them (v. 1). We will see later in the Gospel reading that the people didn't heed God's warning not to add to the law. Interestingly, God repeated this admonition in the very last Book of the New Testament not to add to or take from the Scriptures (Revelation 22:18). God's marching orders were for the people to just do what He has clearly told them through the Law delivered to Moses. Twice in this reading Moses tells

the people to keep the commandments of the Law (v. 1, v. 2). Keeping the Law in the context of the reading does bring with it the promise of material blessing because God had promised the people entrance to the Promised Land. The recipients of the blessing were the minority of those in the Exodus, those who were still alive and the ones whom had "held fast to the LORD" (v. 4). If God killed a person because of their sin, then obviously, they didn't receive the blessings of the Promised Land. As we noted in the introduction, the consequences of disobedience during the theocratic kingdom could be severe and immediate. Beginning in verse 3 Moses recounted what God did to the disobedient people as recorded in the Book of Numbers. The people had become immersed in the worship of the god "Baal of Peor" (Numbers 25:5). Here the Book of Numbers says, "The LORD said to Moses, 'Take all the leaders of the people and execute them in broad daylight before the LORD, so that the fierce anger of the LORD may turn away from Israel'" (Numbers 25:4). A plague followed in which 24,000 people died (Numbers 25:9). This was God's way of purging the evil in order to protect the integrity of those who were seeking to follow God with a pure heart.

Another point from the reading was that God had established the Nation of Israel as a light to everyone in the world. God's "chosen people" were not chosen just for their own sake, but for the salvation of all people groups through their testimony of God's greatness (see also John 4:22). Moses addressed the people just before they were to begin the final conquest(s) to claim the land, saying, "So keep and do them, for that is your wisdom and your understanding in the **sight of the peoples who will hear all these statutes** and say, 'Surely this great nation is a wise and understanding people'" (v. 6, emphasis added). The Jews whose hearts were pointed towards the worship of the true God expressed their beliefs through the observance of the Law. The Jews' unique lifestyle served as God's showplace to the Gentile nations surrounding them. Their unique civil, moral, and ceremonial Laws were designed by God as a herald to the idolatrous people of the world. This was especially true when the Jews were dispersed around the world during the various captivities that God allowed throughout history, a pattern which continues to this very day. As Christians, we are called by God in a way similar to be like the Jew, living in a peculiar way, heralding the good news of God's grace and shining biblical light to our sin darkened world (Matthew 5:14, Ephesians 5:8). This ministry isn't just reserved for vocational works like my missionary friend Dave in France.

As we transition to the second reading, we will see some practical ways in which we are believers in Jesus Christ can live our lives as a beacon shining on the pathway for people to find God.

***Introduction to the Second Reading:***

The second reading is from the Book of James, a letter often called the "Proverbs of the New Testament." James is a Book filled with practical wisdom and the application of godly principles drawn from throughout Scripture. The message woven into the entire book of James is the principle stated by Jesus, "For out of the abundance of the heart the mouth speaks" (Matthew 12:34). In a letter such as written by James, the literary context (knowing the verses before and after the reading, and the flow of the author's thought) is very important for understanding the original author's intent. In the reading today, the verse immediately prior to the reading was omitted (verse 16). Once that is included there is a nice connection created between the first reading and the Gospel lesson we will look at later.

***Second Reading:***

> *James 1:16 Do not be deceived, my beloved brethren. 1:17-27 17 Every good thing given and every perfect gift is from above, coming down from the Father of lights, with whom there is no variation or shifting shadow. 18 In the exercise of His will He brought us forth by the word of truth, so that we would be a kind of first fruits among His creatures. 19 This you know, my beloved brethren. But everyone must be quick to hear, slow to speak and slow to anger; 20 for the anger of man does not achieve the righteousness of God. 21 Therefore, putting aside all filthiness and all that remains of wickedness, in humility receive the word implanted, which is able to save your souls. 22 But prove yourselves doers of the word, and not merely hearers who delude themselves. 23 For if anyone is a hearer of the word and not a doer, he is like a man who looks at his natural face in a mirror; 24 for once he has looked at himself and gone away, he has immediately forgotten what kind of person he was. 25 But one who looks intently at the perfect law, the law of liberty, and abides by it, not having become a forgetful hearer but an effectual doer, this man will be blessed in what he does. 26 If anyone thinks himself to be religious, and yet does not bridle his tongue but deceives his own heart, this man's religion is worthless. 27 Pure and undefiled religion in the sight of our God and Father is this: to visit orphans and widows in their distress, and to keep oneself unstained by the world.*

James cautioned the people to "not be deceived" (v. 16), but about what? His caution was to not be deceived about the source of good things. The enemy subtly tries to convince us that God's gifts are not good or that good can come from any other source besides God. The source of every authentic blessing is God (v. 17). He encourages them by pointing out that they are the first fruits of the future believers (v. 18). This is much like the Jews we saw in the first reading who were uniquely commissioned by God as a light to the nations.

You'll notice that James called the people "my beloved brethren" twice in the first four verses to give a loving context of his more confrontational statements in this passage. He gets to the heart of the matter by hitting his readers square between the eyes with teaching on the danger of the tongue (v. 19, v. 26, also repeated in chapter 3), and the falseness of believers who profess one thing, but live another way. In God's economy, there is no such thing as not "living up" to our beliefs. Instead, our lifestyle and choices are merely reflecting our true beliefs. Basic religion, James says, is "to visit orphans and widows in their distress, and to keep oneself unstained by the world" (v. 27). While not everyone has a direct ministry to orphans and widows, James is highlighting the need for us to express our religion in practical acts of service to the "least of these" (Matthew 25:40). The orphans and widows of his day would have been those who are marginalized by society, vulnerable to exploitation and overlooked because of their inability to reward those who serve them. Serving those who cannot give you any "kick back" helps to ensure that our motives are pure.

In the closing verse James said to "keep oneself unstained by the world." This is an important admonition that, if heeded daily, could help all of us live a more abundant life in the Lord. This is akin to "being in the world, but not of it" (Matthew 17:14-16), which allows us to be a witness to those who do not know the Lord as we live with a different mindset. The Book of James provides many such godly proverbs which can help us to live fully surrendered lives for Jesus. In the first reading we saw where Moses called the people to obey the Law of God. James calls people to obey not only the teachings of Jesus but also the spirit of the New Covenant. He also provides additional instruction in practical ways to implement this new relationship with God. We don't have to be motivated by guilt or shame as we consider serving God. When we truly listen to the Holy Spirit, Who is the life giving force empowering us to perform things including (and exceeding) "basic religion," He teaches us how to follow through with our particular race to run (Hebrews 12:1). In this way we look to fulfill not just the letter of the law, but we truly start to see how to be God's hands and feet in the world, thus fulfilling the spirit of His ways. This contrast between the letter of the law and the spirit of the law connects us to the Gospel lesson, where we will see Jesus' teaching against the falsehoods taught by the Pharisees who embraced the letter of the Law but disregarded the spirit of the Law altogether.

***Introduction to the Gospel Reading:***

Today's reading is, pardon the pun, sandwiched between Jesus' feeding of the five thousand (Mark 6:30-34) and His feeding of the four thousand (Mark 8:1-10). Just prior to the events in the reading today, Jesus had walked on the water (Mark 6:48) and healed many sick people in the lakeside community of Gennesaret (Mark 6:53-56).

***Gospel Reading:***

> *Mark 7:1-23 NAS95 1 The Pharisees and some of the scribes gathered around Him when they had come from Jerusalem, 2 and had seen that some of His disciples were eating their bread with impure hands, that is, unwashed. 3 (For the Pharisees and all the Jews do not eat unless they carefully wash their hands, thus observing the traditions of the elders; 4 and when they come from the market place, they do not eat unless they cleanse themselves; and there are many other things which they have received in order to observe, such as the washing of cups and pitchers and copper pots.) 5 The Pharisees and the scribes asked Him, "Why do Your disciples not walk according to the tradition of the elders, but eat their bread with impure hands?" 6 And He said to them, "Rightly did Isaiah prophesy of you hypocrites, as it is written: 'THIS PEOPLE HONORS ME WITH THEIR LIPS, BUT THEIR HEART IS FAR AWAY FROM ME. 7 'BUT IN VAIN DO THEY WORSHIP ME, TEACHING AS DOCTRINES THE PRECEPTS OF MEN.' 8 "Neglecting the commandment of God, you hold to the tradition of men." 9 He was also saying to them, "You are experts at setting aside the commandment of God in order to keep your tradition. 10 "For Moses said, 'HONOR YOUR FATHER AND YOUR MOTHER'; and, 'HE WHO SPEAKS EVIL OF FATHER OR MOTHER, IS TO BE PUT TO DEATH'; 11 but you say, 'If a man says to his father or his mother, whatever I have that would help you is Corban (that is to say, given to God),' 12 you no longer permit him to do anything for his father or his mother; 13 thus invalidating the word of God by your tradition which you have handed down; and you do many things such as that." 14 After He called the crowd to Him again, He began saying to them, "Listen to Me, all of you, and understand: 15 there is nothing outside the man which can defile him if it goes into him; but the things which proceed out of the man are what defile the man. 16 "If anyone has ears to hear, let him hear." 17 When he had left the crowd and entered the house, His disciples questioned Him about the parable. 18 And He said to them, "Are you so lacking in understanding also? Do you not understand that whatever goes into the man from outside cannot defile him, 19 because it does not go into his heart, but into his stomach, and is eliminated?" (Thus He declared all foods clean.) 20 And He was saying, "That which proceeds out of the man, that is what defiles the man. 21 "For from within, out of the heart of men, proceed the evil thoughts, fornications, thefts, murders, adulteries, 22 deeds of coveting and wickedness, as well as deceit, sensuality, envy, slander, pride and foolishness. 23 "All these evil things proceed from within and defile the man."*

The scribes and Pharisees formed their own flavor of "Deuteronomy," or second law, not heeding Moses' call we read about in the first reading. As James warned, they were deceived about even doing the works of the Law regarding basic religion including the honoring of the parents, a clear commandment of God (Exodus 20:12). The behaviors associated with basic religion were the things

that the Pharisees consciously chose not to do! Because the scribes and Pharisees were the religious leaders of the day, it was vitally important for Jesus to point out the hypocrisy of their ways and to warn people against their bad influence.

There were a few things in this passage that the religious leaders did that were opposing true heart religion. The first was their insistence on having pure hands, but neglecting to have a pure heart. The second was that they had contrived a religious practice that provided a means to neglect financial assistance to their parents by saying those resources were instead given to God ("Corban," v. 11). The scribes' and Pharisees' "traditions" did in fact trump the first Law of God, that given by Moses and taught throughout the first five Books of the Bible. Jesus explained that what defiles a person is not what goes into their body, but it is what comes out of their heart. The uncleanness is already a part of us, it just takes the right variables to have it come out and show itself. The sin-sickness of the human heart is the issue that Jesus wanted them to see, so that they might see turn to Him for healing as the soul physician (Luke 5:31).

The big idea in the reading is the difference between following human traditions and dead religion versus possessing a life-giving relationship with the lover of a believer's soul through the fellowship of the Holy Spirit. The Pharisees were teaching a false message of salvation by works. Their non-gospel would accord well with the "health and wealth" teachers of today or the tendency to reduce God down to a formula. Either way, these false messages set us up to expect God to act in certain ways based on our good behavior and subtly demand that He hold up His end of the "bargain." Unfortunately, this is a misguided understanding of how to relate to God.

In the opening I mentioned the story of a missionary who walked with God in every way but still experienced tremendous difficulties. As a result of some excellent medical care he was able to receive the liver transplant that he needed to sustain his life. He has recovered and is continuing to serve overseas even in light of the fact that he will remain on rejection drugs and suffer from their side effects for the rest of his life.

I met with Dave recently to discuss what he has learned so far through his experiences. He told me that one of the things that really sustained him was when he called together a group of leaders from his church who prayed over him and anointed him with oil in obedience to what James wrote, "Is anyone among you sick? Then he must call for the elders of the church, and they are to pray over him, anointing him with oil in the name of the Lord" (James 5:14). Dave said that this really helped

him to turn the matter over to God. Second, the church came around him and offered excellent prayer support during his most difficult time. He told me that many people reached out to him and told them that they were praying for him. These things gave him confidence that regardless of what happened it would all be for the glory of God. Interestingly, some of the French people told him everything would turn out okay because, "he was a Christian." These sentiments provided Dave with many teachable moments in which he was able to explain to the people that God allows hardships in the lives of Christians and perhaps even more so than those who don't believe. He knew that everything ultimately would turn out okay, but that believing in God did not guarantee a good and long-lived life.

As Christians just because we do everything right doesn't mean that we will be blessed in the earthly sense in which we might expect, including material blessings and good health. Instead, God allows challenges in our lives to lead us to a fuller relationship with Him. Our Christian lives are not like baking a cake. We can't just put together the exact right ingredients using a measured formula and follow the recipe exactly and have the cake turn out perfectly well each and every time. Sometimes God throws a monkey wrench into our plans in order to achieve His purposes. What's more, we may not even know or understand these purposes during out natural lifetimes. Unlike the Pharisees who taught salvation by works and outward obedience to their own set of laws, God calls us to walk in faith alone while behaving in ways as directed by the Holy Spirit. This does include closely understanding the biblical principles taught in the New Testament and the Ten Commandments of the Old. But we should not live our lives "formulaically," doing things for God and expecting Him to "bless" us on our terms. He will surely bless us, but His definition of blessing is a lot broader than our limited perspective. May we learn to walk by faith and not our feelings or our sight.

## Reflection Questions

1. In the second reading James said, *27 Pure and undefiled religion in the sight of our God and Father is this: to visit orphans and widows in their distress, and to keep oneself unstained by the world (James 1:27)*. This admonition can weigh heavy on the minds of some Christians because they don't often find themselves busy visiting orphans and widows in distress.

A. In what ways do you obey the spirit of James' calling through the activities that you do engage in for God.

B. In what ways can you create connections in your life between the first part of verse 27 (Pure and undefiled religion in the sight of our God and Father is this: to visit orphans and widows in their distress) and the last part (keep oneself unstained by the world)? List at least two ways in which you do.

2. Do you catch yourself being a Pharisee, overlooking the motives of the heart and instead, focusing upon minor, outward faults in yourself and others?

A. How does knowing that God looks on the heart change how you evaluate what's important in your own life and in relationship with others?

B. Ask God to reveal to you in what areas you are glossing over God's goodness in a certain person and missing His heart for them.

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# Sunday Mass Study Notes for 08-25-2024

**Study Notes for the Sunday Mass** Published by Christians for Christ Ministries. We are a non-denominational Christian ministry that seeks to encourage and facilitate Christians in studying the Holy Scriptures. **"For there is one God and one mediator between God and mankind, the man Christ Jesus."** 1 Timothy 2:5




Welcome back to the Sunday Mass. This week the readings focus upon the theme of God calling people to walk in a personal relationship with Him. In the first reading from Joshua, we see a challenge issued by God to forsake the false gods the people's ancestors served. In the second reading, Saint Paul teaches about the relationship between man and his wife, and the mystery of how this parallels that between the Father and the Son. In the Gospel lesson, we study a story where Jesus' followers came to a point of decision concerning His identity as God in the flesh, the promised Messiah, the nature of whom they misunderstood.

***Introduction to the First Reading:***

The first reading is from Joshua who was the successor to Moses after the Exodus and the one who led the Hebrew people across the Jordan after Moses' death. The reading today provides an overview of the monumental charge from Joshua to serve the One true God.

***First Reading:***

*Joshua 24:1-18 NAS95 1 Then Joshua gathered all the tribes of Israel to Shechem, and called for the elders of Israel and for their heads and their judges and their officers; and they presented themselves before God. 2 Joshua said to all the people, "Thus says the LORD, the God of Israel, 'From ancient times your fathers lived beyond the River, namely, Terah, the father of Abraham and the father of Nahor, and they served other gods. 3 'Then I took your father Abraham from beyond the River, and led him through all the land of Canaan, and multiplied his descendants and gave him Isaac. 4 'To Isaac I gave Jacob and Esau, and to Esau I gave Mount Seir to possess it; but Jacob and his sons went down to Egypt. 5 'Then I sent Moses and Aaron, and I plagued Egypt by what I did in its midst; and afterward I brought you out. 6 'I brought your fathers out of Egypt, and you came to the sea; and Egypt pursued your fathers with chariots and horsemen to the Red Sea. 7 'But when they cried out to the LORD, He put darkness between you and the Egyptians, and brought the sea upon them and covered them; and your own eyes saw what I did in Egypt. And you lived in the wilderness for a long time. 8 'Then I brought you into the land of the Amorites who lived beyond the Jordan, and they fought with you; and I gave them into your hand, and you took possession of their land when I destroyed them before you. 9 'Then Balak the son of Zippor, king of Moab, arose and fought against Israel, and he sent and summoned Balaam the son of Beor to curse you. 10 'But I was not willing to listen to Balaam. So he had to bless you, and I delivered you from his hand. 11 'You crossed the Jordan and came to Jericho; and the citizens of Jericho fought against you, and the Amorite and the Perizzite and the Canaanite and the Hittite and the Girgashite, the Hivite and the Jebusite. Thus I gave them into your hand. 12 'Then I sent the hornet before you and it drove out the two kings of the Amorites from before you, but not by your sword or your bow. 13 'I gave you a land on which you had not labored, and cities which you had not built, and you have lived in them; you are eating of vineyards and olive groves which you did not plant.' 14 "Now, therefore, fear the LORD and serve Him in sincerity and truth; and put away the gods which your fathers served beyond the River and in Egypt, and serve the LORD. 15 "If it is disagreeable in your sight to serve the LORD, choose for yourselves today whom you will serve: whether the gods which your fathers served which were beyond the River, or the gods of the Amorites in whose land you are living; but as for me and my house, we will serve the LORD." 16 The people answered and said, "Far be it from us that we should forsake the LORD to serve other gods; 17 for the LORD our God is He who brought us and our fathers up out of the land of Egypt, from the house of bondage, and who did these great signs in our sight and preserved us through all the way in which we went and among all the peoples through whose midst we passed. 18 "The LORD drove out from before us all the peoples, even the Amorites who lived in the land. We also will serve the LORD, for He is our God."*

After forty years of wandering in the desert under the leadership of Moses, the people who were still alive migrated across the Jordan River into the Promised Land. Upon entering the land, they encountered many obstacles the foremost of which was their immersion into a culture of idolatry

which wasn't too different from that which plagued Abraham's father Terah (v. 2). Joshua presented to them the heart of the matter by saying, "choose for yourselves today whom you will serve: whether the gods which your fathers served which were beyond the River, or the gods of the Amorites in whose land you are living" or the One true God (v. 15). This was God's call to the people for a relationship with Him, with the terms of this relationship being to serve Him alone and not the gods of the surrounding nations. The people answered that they would indeed serve the Lord God and not the gods of the Amorites.

We know from reading the rest of the Scriptures how short-lived the Hebrew's promise was not to serve other gods and in effect creating a division between the true followers of God and the rest of the people. Because of their disobedience, God later sent foreign nations to invade their land including the Assyrians, Babylonians, Persians, Greeks, and finally the Romans. Joshua was in the first camp, saying "but as for me and my house, we will serve the LORD" (v. 15). As we will see later in the Gospel lesson, Jesus confronts the people with a similar decision. Will they follow Him, or instead follow their religious traditions? Will they follow the Father God, or their father the devil? Will they enter by the narrow road, Jesus, or follow the broad road to destruction (Matthew 7:13)?

***Introduction to the Second Reading:***

The second reading is from Ephesians 5. The context leading up to this passage is a treatise on how Christians should relate to one another. Saint Paul's teaching then zeros in on the model of submission between a husband and his wife, linking this as a reflection of the relationship between God the Son and God the Father, as well the church and Christ.

***Second Reading:***

> *Ephesians 5:21-33 NAS95 21 and be subject to one another in the fear of Christ. 22 Wives, be subject to your own husbands, as to the Lord. 23 For the husband is the head of the wife, as Christ also is the head of the church, He Himself being the Savior of the body. 24 But as the church is subject to Christ, so also the wives ought to be to their husbands in everything. 25 Husbands, love your wives, just as Christ also loved the church and gave Himself up for her, 26 so that He might sanctify her, having cleansed her by the washing of water with the word, 27 that He might present to Himself the church in all her glory, having no spot or wrinkle or*

> *any such thing; but that she would be holy and blameless. 28 So husbands ought also to love their own wives as their own bodies. He who loves his own wife loves himself; 29 for no one ever hated his own flesh, but nourishes and cherishes it, just as Christ also does the church, 30 because we are members of His body. 31 FOR THIS REASON A MAN SHALL LEAVE HIS FATHER AND MOTHER AND SHALL BE JOINED TO HIS WIFE, AND THE TWO SHALL BECOME ONE FLESH. 32 This mystery is great; but I am speaking with reference to Christ and the church. 33 Nevertheless, each individual among you also is to love his own wife even as himself, and the wife must see to it that she respects her husband.*

The big idea in the reading is the nature of the relationship that exists between the believer and God. In the same way that the Jews in the first reading had a decision to make regarding their spiritual direction, all believers, not just Christian husbands and wives, have to come to grips with their personal relationship to God and how He calls them to live out this relationship with Him. Paul opens the reading by saying that everyone (married, unmarried, widows, and widowers) must "be subject to one another in the fear of Christ" (v. 21). This is the foundational concept upon which he builds his explanation of biblical submission between and woman and her husband, which parallels the mysterious relationship that exists between Jesus and the Father (v. 32). Because "the Son of Man came not to be served but to serve others and to give his life as a ransom for many" (Matthew 20:28), we too are to serve others in mutual submission to God ("in the fear of Christ," v. 21). This includes not only wives serving their husbands, but husbands serving their wives and everyone serving each other in the church family. For Paul said in 1 Corinthians, "But now there are many members, but one body" (1 Corinthians 12:21).

Continuing upon the relational concept in the reading, Paul described how the husband is the visible leader of the family by using the word translated "head" (v. 23), which in the original Greek connoted "something that can be seen and taken a hold of." The idea is that the wife is to voluntarily place herself under the leadership of her husband. In the same way that Jesus is equal to God the Father but with different in His role, so the wife is equal in status to her husband, but in a different. Jesus' submission to the Father does not make Him inferior (Philippians 2:6-11), only obedient. So, too, the wife's submission to her husband in the Lord does not make her inferior to her husband, but it does allow her to be obedient to God. This model of the harmonious union between one man and one woman goes all the way back to the Book of Genesis: "FOR THIS REASON A MAN SHALL LEAVE HIS FATHER AND MOTHER AND SHALL BE JOINED TO HIS WIFE, AND THE TWO SHALL BECOME ONE FLESH" (v. 31). The unity between the man and the woman in marriage parallels the mysterious relationship between Christ and the church (v. 32). The Bible is clear that both the man and woman are called to be in mutual submission to God, while the woman is to submit to her husband and the man to God as the final authority. The man is called by God to be the visible ruler of

the family by first separating himself from the headship of his own father (v. 31). This is the man's conscious point of decision to leave his earthly father and join with his wife in a new relationship that leads to unity under his Father God. It's as if God tells the man, choose whom you will serve.

As we move onto the Gospel lesson, we will see how Jesus' teaching of the crowds resulted in their coming to their own point of decision regarding whom they would serve.

***Introduction to the Gospel Reading:***

Today's reading from John marks an important point in his Gospel concerning a point of decision and division. The reading contains the famous John 6:66 passage, the numbering of which brings with it the idea of the mark of the Antichrist, the great divider who is to come in the future who will separate the true believers from among everyone in the world. The concept comes from the Book of Revelation. *"16 And he causes all, the small and the great, and the rich and the poor, and the free men and the slaves, to be given a mark on their right hand or on their forehead, 17 and he provides that no one will be able to buy or to sell, except the one who has the mark, either the name of the beast or the number of his name. 18 Here is wisdom. Let him who has understanding calculate the number of the beast, for the number is that of a man; and his number is six hundred and sixty-six"* (Revelation 13:16-18). In the End Times, the people will be given one final choice regarding who they will serve. At this point, God will make a clear division between the followers of God and the only other choice, the followers of the AntiChrist. In the Gospel reading, Jesus' teaching reaches a similar climax in which Jesus calls the people to a personal relationship with Him. Although they are not outright called to decide to which camp they belong, a clear division occurs beginning in John 6:66 which begins the separation of the wheat and the chaff (Matthew 3:12). God uses these moments of decision to reveal His true followers such as the occasion in which Saint Paul stated, "For there must also be factions among you, so that those who are approved may become evident among you" (1 Corinthians 11:19).

***Gospel Reading:***

> *John 6:60-69 NAS95 60 Therefore many of His disciples, when they heard this said, "This is a difficult statement; who can listen to it?" 61 But Jesus, conscious that His disciples grumbled at this, said to them, "Does this cause you to stumble? 62 What then if you see the Son of Man*

> *ascending to where He was before? 63 It is the Spirit who gives life; the flesh profits nothing; the words that I have spoken to you are spirit and are life. 64 But there are some of you who do not believe." For Jesus knew from the beginning who they were who did not believe, and who it was that would betray Him. 65 And He was saying, "For this reason I have said to you, that no one can come to Me unless it has been granted him from the Father." 66 As a result of this many of His disciples withdrew and were not walking with Him anymore. 67 So Jesus said to the twelve, "You do not want to go away also, do you?" 68 Simon Peter answered Him, "Lord, to whom shall we go? You have words of eternal life. 69 We have believed and have come to know that You are the Holy One of God."*

This story in John marked the beginning of several such points of decision in which the people were challenged to choose between the ways of God by following Jesus or the ways of man by following a false religion and their own traditions. In this reading, the people came to the point of decision when they had heard Jesus' prior statements about Him being the "bread which came down from heaven" (John 6:58). The conflict that the people had with Jesus that caused their grumbling (John 6:43) was that they were familiar with Jesus' father Joseph and also his mother (John 6:42). Jesus was calling Himself God, and since they knew his earthly parents, they reasoned that He could not be God. The people also misunderstood the nature of the Messiah because just a few verses later they said, "However, we know where this man is from; but whenever the Christ may come, no one knows where He is from" (John 7:27). This point of division continued into the group of His twelve disciples, for Jesus knew that one of them (Judas) had already separated himself from Him. The grumbling of the larger group of disciples then resulted in a separation of the true followers of God and everyone else. As this separation occurred, Jesus presented to the twelve a challenge causing Peter to take a stand for Jesus, affirming everything that Jesus had been saying about Himself. "Lord, to whom shall we go? You have words of eternal life. We have believed and have come to know that You are the Holy One of God" (vv. 68-69).

This passage teaches us that belief in Jesus is the way to eternal life. Some of the Jews were offended that Jesus, a mere man in their eyes, would claim to be God. However, if He was the Messiah, then His demand for their belief and loyalty was justified. In some sense, everyone has to come to terms with Jesus' claim to be the only way to eternal life. Some will be like the offended Jews, who stumbled over what they saw as far-fetched claims and rejected Jesus' lordship over their lives. But others respond like Peter and say: "Lord" (which is a good way to start a sentence when you are talking to God in the flesh). . . "You have the words of eternal life" (vv. 68-69). May we continue to believe in Christ as Lord and let Him work in us the type of life that leads to eternity with the Father.

One day while I was driving, I happened upon a man walking in the afternoon along the road who seemed to be in a hurry to get somewhere. He was wearing black wingtip shoes, which kind of stuck out to me. I had never seen this particular man before. My spirit prompted me to pull beside him and offer him a ride, which he gladly accepted. He told me that his bicycle had broken down and that he was on his way to work at the local supermarket. I encountered this man several times over the course of the next few months and each time he presented himself in such a kind, godly way that I actually began to think that he was an angel. As he found out more about my faith, he began to praise and glorify God for all that He had done in my life. Perhaps it was because I didn't know him very well, but each time we met I sensed his close relationship with God. It also helped that his real name was Angelo! It wasn't until I met his wife that I finally understood he really was just a man (see Matthew 22:30).

After several encounters with Angelo, it really got me thinking about how **I** come across to the random people that I meet. Does my public persona match how I come across to people personally? How about my persona on Facebook; does it match what I truly believe? Considering Facebook, it seems to me to be okay to post that you are attending a Saturday afternoon wine tasting session; however, it is problematic when all that a person posts is about food and wine.

Like Angelo, when people meet us we should exhibit the markings of a follower of Jesus Christ. Which path are you **continuing** to choose in your daily walk with God? Joshua said in the first reading, "Now, therefore, fear the LORD and serve Him in sincerity and truth; and put away the gods which your fathers served beyond the River and in Egypt, and serve the LORD," "choose for yourselves today whom you will serve" (Joshua 24:14, 15b). Paul said in the second reading to "be subject to one another in the fear of Christ" (Ephesians 51), a behavior which can only be done through the empowerment of God's Holy Spirit as a new creation in Christ. Finally, Jesus said, "You do not want to go away also, do you?" (John 6:67b). Each day we have to choose the forsake "Egypt" and choose the pathway to walk with God. Although we make certain bad choices at times that dishonor God, the Scripture says that "if we confess our sins He is faithful and just to forgive us our sins and purify us from all unrighteousness" (1 John 1:9).

## Reflection Questions

1. What have been some of the turning points in your life, especially as you consider your relationship with God? How have you turned from being offended by Christ's radical call on your life

to a place of surrender and submission to His lordship? Are there areas of your life that you are still wrestling for control? How might these passages help you to surrender anew to His lordship?

2. If someone watched your life, choices and attitudes, to whom or what would they attribute your devotion, worship and loyalty? What things would they see to show them that you are choosing this day (and every day) to serve the Lord? What things would give a conflicted and confusing message to them of your heart's true home?

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# Sunday Mass Study Notes for 08-18-2024




Welcome back to the Sunday Mass notes. In the first reading, we look at the Book of Proverbs, where we see the concept of wisdom personified. The second reading is from Saint Paul's Letter to the Ephesians and focuses upon the behavior of those enlightened by God through faith in Jesus Christ. We close with a continuation of Jesus' lesson from last week in which Jesus called Himself the "living bread that came down out of heaven" (John 6:51).

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**Introduction to the First Reading:**

The book of Proverbs is full of true, wise sayings about everyday life and relationships. It is similar to poetry in that it often uses figurative language to make its point. Many of the Proverbs were written by King Solomon, considered the wisest man who ever lived. God blessed him with great wisdom and riches, and early in his life he followed God faithfully. Later, he sinned against God by marrying many women who followed after false gods. Sadly, Solomon followed their idolatrous ways. These Proverbs however, were given by God and are still a source of great wisdom today.

The Book of Psalms provides us with an insight concerning wisdom. Psalm 119:102-104 says:

*I have not turned aside from Your ordinances, For You Yourself have taught me. How sweet are Your words to my taste! Yes, sweeter than honey to my mouth! From Your precepts I get understanding; Therefore I hate every false way.*

**First Reading:**

> *Proverbs 9:1-6 NAS95 1 Wisdom has built her house, She has hewn out her seven pillars; 2 She has prepared her food, she has mixed her wine; She has also set her table; 3 She has sent out her maidens, she calls From the tops of the heights of the city: 4 "Whoever is naive, let him turn in here!" To him who lacks understanding she says, 5 "Come, eat of my food And drink of the wine I have mixed. 6 Forsake your folly and live, And proceed in the way of understanding."*

In Proverbs Ch. 9, the writer uses personification (giving human traits to a nonhuman object or idea) to describe wisdom. She (Wisdom) has built a strong house, indicating that wisdom gives us a strong and secure place from which to live. She is like the mistress of the house who prepares all good things for us to enjoy and invites us in to freely partake of it. Wisdom is available to us if we will only forsake our foolish ways and come and dine. Since God is the source of all wisdom, the food we must consume to get wisdom is His Word—the Bible.

Believers grow in their knowledge of God by developing a deeper understanding of God's Wisdom as revealed through the Bible. As we move to the second reading, we will see how Saint Paul calls believers to express their wisdom through godly expressions of spiritual songs, hymns and psalms. These are activities which happen during the fellowship of believers in the church, and they help us to grow in our knowledge of love of the Lord Jesus.

**Introduction to the Second Reading:**

The second reading is from Saint Paul's Letter to the Ephesians. It begins with the adverb "therefore" which means we must understand the meaning of the verses immediately before to which Paul is referring.

**Second Reading:**

> *Ephesians 5:15-20 NAS95 15 Therefore be careful how you walk, not as unwise men but as wise, 16 making the most of your time, because the days are evil. 17 So then do not be foolish, but understand what the will of the Lord is. 18 And do not get drunk with wine, for that is dissipation, but be filled with the Spirit, 19 speaking to one another in psalms and hymns and spiritual songs, singing and making melody with your heart to the Lord; 20 always giving thanks for all things in the name of our Lord Jesus Christ to God, even the Father;*

The "therefore" refers to the fact that as believers in the Lord Jesus we are "children of the light" (Ephesians 5:8b-c) who were formerly in darkness (v. 8a). Since we are children of the light, we are to produce fruit in keeping with the light, "for the fruit of the Light consists in all goodness and righteousness and truth" (v. 9). Though we live in evil times (days, v. 16b) we are called as believers to be good stewards of the light that we have through our knowledge of God's word in the Bible. Our understanding of the Bible is how we know God's will (v. 17b). We must let worldly things like wine get in the way of our walking in the truth of the Lord (v. 18), for being drunk is the behavior of the sin darkened unbelievers. One of the ways in which we can express our love for God and also to grow in the knowledge of Him is through "speaking to one another in psalms and hymns and spiritual songs, singing and making melody with your heart to the Lord" (v. 19). God also calls us to be thankful for the things that God has bestowed upon us (v. 20).

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**Introduction to the Gospel Reading:**

In the Gospel reading, we continue the discourse that Jesus had with the crowds concerning his teaching as He is the "bread which came down from heaven." The people to whom Jesus was speaking were misunderstanding both the *nature* of the Messiah as well as His *identity* as the One to whom they were listening.

**Gospel Reading:**

> *John 6:51-58 NAS95 51 "I am the living bread that came down out of heaven; if anyone eats of this bread, he will live forever; and the bread also which I will give for the life of the world is My flesh." 52 Then the Jews began to argue with one another, saying, "How can this man give us His flesh to eat?" 53 So Jesus said to them, "Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink His blood, you have no life in yourselves. 54 He who eats My flesh and drinks My blood has eternal life, and I will raise him up on the last day. 55 For My flesh is true food, and My blood is true drink. 56 He who eats My flesh and drinks My blood abides in Me, and I in him. 57 As the living Father sent Me, and I live because of the Father, so he who eats Me, he also will live because of Me. 58 This is the bread which came down out of heaven; not as the fathers ate and died; he who eats this bread will live forever."*

Once again, we return to the chapter where Jesus refers to himself by a spiritual metaphor—the bread of life. Many people were following Jesus. They saw his miracles, and they were excited about what Jesus had done and curious about what Jesus would do next. They wanted to be part of his entourage. But was that enough of a commitment to call themselves true followers of Christ? Jesus is going to shock the crowd with a stunning metaphor, designed to separate the curious from the true disciples: *"He who eats My flesh and drinks My blood has eternal life, and I will raise him up on the last day (John 6:54).* As bread gives life through its nourishment, so Jesus gives life to all who believe in Him. Bread provides its physical benefit, not when it is sitting on the table but when it is taken into the body. Jesus provides his spiritual benefits not to the followers who are merely curious but to those who make a full commitment to Him from the heart. Romans 10:9 says, "*If you confess with your mouth Jesus as Lord and believe in your heart God raised Him from the dead, you will be saved*." Eating in this case is not physical consumption, but belief from the heart that provides the spiritual benefit of eternal life.

Many could not understand the spiritual nature of Jesus' words. They missed the metaphors, and His talk of eating flesh and drinking blood was offensive to them. They demonstrated the principle that the words of Jesus cannot be understood through human wisdom alone, and no one can come to Jesus unless the Father grants it (v. 65). These disciples, blinded by their own sin, walked away and no longer followed Him.

As Jesus continued His teaching, He began to move deeply in the hearts of the crowd causing them to move closer to the point of decision that we will see next week in John 6:66. In the reading today, Jesus once again used the "I am" phrase, something which His hearers would have understood as a claim to divinity. Jesus told the crowd at least one year before His final Passover meal at what we call the "Last Supper" that it wasn't the bread that would save them, but rather their belief in Him. The manna in the Exodus was something created divinely by God which fell from the sky at night for the Hebrews to collect each day (except on the Sabbath). Even though this special "bread" came directly from God, those that ate this physical provision from God, still died physically (v. 58b). In contrast, those that "feed" upon Jesus are the ones that believe in Him as the Messiah, which is the only way to eternal life (John 14:6). If we read a few verses later in this section, Jesus explained the spiritual analogy He used by calling Himself the bread of God. He said, "It is the Spirit who gives life; the flesh profits nothing; the words that I have spoken to you are spirit and are life" (John 6:63). The people misunderstood His spiritual metaphor and stumbled upon His identity as the one and only Messiah of God.

The Jews understood that they were prohibited by the Law from the drinking blood. Leviticus says, "You shall not eat anything with the blood" (Leviticus 19:26a). This prohibition from a blood meal was repeated in the New Testament so as not to create a stumbling point with the early Jewish believers. The proclamation in the Book of Acts reads, "that you abstain from things sacrificed to idols and from blood …" (Acts 15:29a). The practice of consuming blood would have been deeply offensive to the Jews because of their immersion in the teachings of the Mosaic Law. Jesus, aware of the legalistic Pharisees in the crowd, used this metaphor to further deepen the divide that existed between the true and false followers of God.

This theme of separation continued in John's Gospel beyond this point and reached a climax just after today's reading in John 6:66 where John said, "As a result of this many of His disciples withdrew and were not walking with Him anymore." As we said in the introduction, the people to whom Jesus was speaking were misunderstanding both the nature of the Messiah as well as His identity. Only a small number of them put it all together, those on the narrow road that leads to life (Matthew 7:13). This theme is nowhere more evident that in our current world in which the true

followers of the Lord Jesus are in the minority even among cultures which seemingly exalt Christianity.

## Reflection Questions

1. Describe in what ways Jesus was truly wisdom personified, taking into account the relationship between the words of Jesus in the Bible and the person of Jesus?

2. The Gospel reading followed a series of miracles that Jesus performed for the crowd including the multiplying of the loaves and fishes. Yet we know that many of the people in the crowd did not believe in Jesus as the Messiah (John 6:66). What miracles from Jesus have you experienced in your own life? Why are your experiences different from the people in the Gospel narrative?

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# Sunday Mass Study Notes for 08-11-2024



**Study Notes for the Sunday Mass** Published by Christians for Christ Ministries. We are a non-denominational Christian ministry that seeks to encourage and facilitate Christians in studying the Holy Scriptures. **"For there is one God and one mediator between God and mankind, the man Christ Jesus."** 1 Timothy 2:5

Welcome back to the Sunday Mass notes. This week we open with the first reading from First Kings in which we find the great Prophet Elijah running away from wicked Queen Jezebel. The story reminds us that God will provide for us to accomplish the works that He has in store for us. Then we move to the second reading from Ephesians, which helps us to see what the contrast is between living as a child of the world and living as a child of God. Then we close with the continuing study of Jesus in John 6 where he confronts the unbelieving people by calling Himself the "bread of God."

***Introduction to the First Reading:***

The first reading is from First Kings and deals with the Prophet Elijah who was a mighty man of God in a dark era in Israel during the decline of the theocratic kingdom. This period followed the time of the Judges in which the Scripture said, "In those days there was no king in Israel; everyone did what was right in his own eyes" (Judges 21:25). There were bright spots in this age and one of them was the prophet Elijah. Elijah was perhaps best known for the incident recorded in First Kings 18 during a time of severe famine in Samaria. According to the Scripture Elijah challenged the prophets of Baal as to whether they could bring fire down on their sacrifice by calling on their god while Elijah would offer his sacrifice to God and ask Him to send fire to complete his burnt offering. The Priests of Baal began calling upon their god and cutting themselves in order to invoke a response but failed miserably. Next, Elijah was so certain the God would act upon his request that he soaked the wood with water (1 Kings 18:33). He prayed a simple prayer and asked God to bring down fire on the sacrifice. With a dramatic display of power, God burned up not only the entire sacrifice, but the fire licked up the water as well. Afterwards, Elijah had the Priests taken captive and then put them to death (v. 40). What an amazing victory Elijah had that day! After such an important victory one would think that Elijah would have continued his momentum and never suffered from any sort of worry. If God could light even wet wood on fire in front of the pagan priests Elijah could accomplish anything by calling upon the only true God in prayer. At least that is what one may think. Leading up to today's reading, soon afterwards the Scripture records that Elijah fell into a period of deep anxiety because of the actions of a certain ungodly woman named Jezebel. Jezebel was the evil wife of King Ahab, a king of Northern Israel. Immediately after Elijah's victory over the Prophets of Baal, wicked Jezebel sent a messenger to Elijah, saying, "So may the gods do to me and even more, if I do not make your life as the life of one of them by tomorrow about this time (1 Kings 19:2b). His response was to flee for his life because of Jezebel's threat. "And he was afraid and arose and ran for his life and came to Beersheba, which belongs to Judah, and left his servant there. But he himself went a day's journey into the wilderness and came and sat down under a juniper tree; and he requested for himself that he might die, and said, 'It is enough; now, O LORD, take my life, for I am

no better than my fathers'" (vv. 3-4). Later, Elijah fled even further into the mountains to hide in a cave (1 Kings 19:9). How could such a mighty man of God, who had just witnessed God's dynamic power in the victory over the Prophets of Baal find himself holed up and worrying in a dark cave? If a mighty man of God like Elijah could suffer with anxiety, it's no wonder that Christians can also fall into patterns of worry.

This leads us to today's reading in which we find Elijah on the run from wicked Queen Jezebel.

***First Reading:***

> *1 Kings 19:4-8 NAS95 4 But he himself went a day's journey into the wilderness, and came and sat down under a juniper tree; and he requested for himself that he might die, and said, "It is enough; now, O LORD, take my life, for I am not better than my fathers." 5 He lay down and slept under a juniper tree; and behold, there was an angel touching him, and he said to him, "Arise, eat." 6 Then he looked and behold, there was at his head a bread cake baked on hot stones, and a jar of water. So he ate and drank and lay down again. 7 The angel of the LORD came again a second time and touched him and said, "Arise, eat, because the journey is too great for you." 8 So he arose and ate and drank, and went in the strength of that food forty days and forty nights to Horeb, the mountain of God.*

Even though Elijah was fresh from his mighty victory, he fled in fear to the wilderness and asked the Lord to take his life (v. 4). God responded to his prayer in a different way by sending an angel to provide fresh food for him (vv. 5-6). After Elijah ate and rested the first time, the angel came back to him again and caused him to eat a second time (v. 7). After these two meals, Elijah traveled without food for forty days and nights until he reached Mt. Horeb (v. 8). Evidently, God miraculously delivered Elijah through this extended period of fasting in a similar way that He did when Jesus Christ fasted for a forty-day period (Matthew 4:2). We are not told whether the bread that God provided for Elijah allowed this extended fast but, in all likelihood, the two meals given to him were for the purpose of lifting his spirits to the point that he continued on his journey to Mt. Horeb. These things happened at the end of Elijah's earthly existence, as shortly after these events he appointed Elisha to be his successor and was then taken up into a cloud.

What can we learn from the reading? Even though we may despair of living because of the

impossible obstacles we face, God will provide for us when we call upon Him. He may or may not use his angelic helpers in the way that He did for Elijah, but we can trust that God will not leave us or forsake us (Deuteronomy 31:6, Hebrews 13:5). God knows just what manner and quantity to provide for us the things that will move us to the next step in accomplishing the plans that He has for our lives.

***Introduction to the Second Reading:***

The second reading is from Ephesians 4 and shows us the contrast between life as a non-believer and a believer in Christ. It reminds us that our hearts need to be in right relationship with God in order for our outward behavior to reflect God's value system.

***Second Reading:***

> *Ephesians 4:30 – 5:2 NAS95 30 Do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. 31 Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. 32 Be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven you. 1 Therefore be imitators of God, as beloved children; 2 and walk in love, just as Christ also loved you and gave Himself up for us, an offering and a sacrifice to God as a fragrant aroma.*

Saint Paul called the people in the Ephesian church not to grieve the Holy Spirit of God by carrying out sinful thoughts in their hearts and engaging in ungodly behaviors. The emphasis for changed behavior is a changed heart. A changed heart comes from being in a right relationship with God through faith in Christ. When we put our faith in Jesus Christ, we are "sealed for the day of redemption" by the Holy Spirit (4:30, see also 2 Corinthians 1:22; 5:5; Ephesians 1:13-14). God has placed upon each believer the seal of redemption through His Holy Spirit, and this invisible marking is His certification that He will deliver upon what He has promised. What this means is that we are now inhabited by the very presence of God through His Spirit. Where we go with our thoughts and with our body, we take God with us. Because God lives in us, we are a new creation, the old way of life has gone and a new way of life has come (2 Corinthians 5:17). The Holy Spirit helps us to see our lives and the world from God's perspective. We can now make decisions based on God's value system, which is in sharp contrast to the world's value system.

Christians are not to have any part in the ungodly behaviors that are associated with the unbelieving world. These behaviors are generated from a "me-first" mentality that is easily offended, resulting in bitterness, wrath, anger, clamor, slander and malice. You can see the progressive nature of sin as it takes on more and more momentum to divide us from others and actually engage in hurtful ways of interacting with others. This is a reflection of the value system of the god of this age, the devil, who is the father of those who do not have God as their father (John 8:44).

Instead, Paul called the people to emulate God through the model of Jesus Christ who willingly sacrificed Himself, not as a victim, but through His own choice (John 10:18). When we receive God's kindness, tenderness, forgiveness and love, we become children of God (John 1:12) and our hearts are shaped by this new value system. We begin to do things more like God our Father and less like our former father. Titus 2:11-13 corroborates this when it says: "The grace of God that brings salvation has appeared to all men. It teaches us to say 'No' to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age as we wait for the blessed hope—the glorious appearance of our great God and Savior Jesus Christ, who gave himself for us, to redeem us from all wickedness and to purify for himself a people of his very own, eager to do good (NIV)."

This means that "No temptation has overtaken you but such as is common to man; and God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also, so that you will be able to endure it" (1Corinthians 10:13). In the same way that God provided for Elijah's physical and emotional needs when He asked, God will also provide the things we need in order to serve Him. This includes the ability through His power to forsake the ungodly behaviors that Paul listed in the reading.

How can we apply this to our lives? This reading is helpful to consider as we interact with others throughout the week and before we partake of communion. God's love transforms how we approach relationships and the community of believers. Communion has in its very word the idea of common unity. The church comes together to participate in remembering God's way of interacting with us, which is typified by Christ's sacrifice on the cross for our sins. As a result, our way of interacting with others changes as well. Communion reminds us of Jesus' admonition in Matthew's Gospel about asking forgiveness from a person we may have offended before we bring an offering to God. "Therefore if you are presenting your offering at the altar, and there remember that your brother has something against you, leave your offering there before the altar and go; first be reconciled to your brother, and then come and present your offering" (Matthew 5:23-24). When we partake of communion, we shouldn't grieve the Holy Spirit of God (Ephesians 4:30) by clinging to ungodly

feelings towards others and bringing this into the celebration of remembrance of our Lord's death which took the place for the penalty for our sins. Instead of coming with thoughts of wrath, anger, slander, and bitterness (vv. 30 – 31) we have been changed so that we can come with minds cleansed from these things and present to God hearts filled with kindness, tenderness, forgiveness, and love (vv. 32 – 4:1).

***Introduction to the Gospel Reading:***

The Gospel reading is a continuation of the story that was started last week. The context is Jesus' teaching of the crowds that followed him after His feeding of them through the multiplying of the loaves and fishes in the closing of Chapter 5.

***Gospel Reading:***

> *John 6:41-51 NAS95 41 Therefore the Jews were grumbling about Him, because He said, "I am the bread that came down out of heaven." 42 They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How does He now say, 'I have come down out of heaven'?" 43 Jesus answered and said to them, "Do not grumble among yourselves. 44 No one can come to Me unless the Father who sent Me draws him; and I will raise him up on the last day. 45 It is written in the prophets, 'AND THEY SHALL ALL BE TAUGHT OF GOD.' Everyone who has heard and learned from the Father, comes to Me. 46 Not that anyone has seen the Father, except the One who is from God; He has seen the Father. 47 Truly, truly, I say to you, he who believes has eternal life. 48 I am the bread of life. 49 Your fathers ate the manna in the wilderness, and they died. 50 This is the bread which comes down out of heaven, so that one may eat of it and not die. 51 I am the living bread that came down out of heaven; if anyone eats of this bread, he will live forever; and the bread also which I will give for the life of the world is My flesh."*

The main point of Jesus' teaching is that belief in Him is the only way to obtain eternal life and be restored to right relationship with God the Father. Repeating our statement from last week, Jesus' point in this particular teaching wasn't whether or not He is spiritually present in the elements of communion. These issues were not even a part of the mentality of the Jewish people that He was addressing.

The passage opens with the grumbling of the Jews in disbelief against Jesus' claim to be the Messiah. They point to His human origins as proof that He could not be God's promised Messiah (v. 42). They believed that only God or possibly an angel can come down from heaven. Since some in the crowd knew Jesus' earthly father and mother, they couldn't accept His statement that He came down from heaven. We know from John 7 that the people held to a tradition about the nature of the Messiah. There they said, "However, we know where this man is from; but whenever the Christ may come, no one knows where He is from" (John 7:27). Jesus cut to the heart of the issue which was their unbelief in God. Earlier Jesus had told them:

> *John 5:37-40 NAS95 37 "And the Father who sent Me, He has testified of Me. You have neither heard His voice at any time nor seen His form. 38 You do not have His word abiding in you, for you do not believe Him whom He sent. 39 You search the Scriptures because you think that in them you have eternal life; it is these that testify about Me; 40 and you are unwilling to come to Me so that you may have life."*

This leads us to the central point of the story: the only way to God the Father is through belief in Jesus the Son (v. 47). For "He who believes in the Son has eternal life; but he who does not obey the Son will not see life, but the wrath of God abides on him" (John 3:36). Jesus said that they could not come to Him because the Father was not drawing them (v. 44). But we know that God wants all men to be saved and to come to a knowledge of the truth (1 Timothy 2:4). It seems that their hard-heartedness and lack of being willing to be "taught of God" was preventing them from being drawn to faith in Jesus. If they would let themselves hear and learn from the Father, then Christ's divinity would be obvious to them. Then they would come to Him and have assurance of a life that is eternal (v. 44b). By offering resurrection life, Jesus is overtly claiming His deity. He continues to make claims of divinity by saying that He is the One who was sent by the Father and has seen Him (vv. 45-46). It is with this backdrop that Jesus makes a bold claim, emphasized by the phrase, "Truly, truly," which is basically putting His word on the same level as Holy Scripture, infallible and inerrant. He says, "he who believes has eternal life" (v. 47).

In order to unpack this a little more, he uses an analogy that the Jews would have been familiar with from the Pentateuch (the first 5 books of the Old Testament). He harkens back to the days when the Hebrew people were in the wilderness and ate manna, which was a supernatural food that God provided for them (see Mass notes from last week). Even though they ate this supernatural food, their bodies still died. Jesus was claiming to be more than manna, He is the "manna" (or bread) that brings life to the soul (John 10:10). Being in relationship to Him who is the resurrection and the life, allows one to live eternally, even if the body dies (John 11:25). When Jesus said, "and the bread also

which I will give for the life of the world is my flesh," he was referring to His bodily sacrifice that He would make to bring atonement for our sins. The Old Testament set a precedent for the need for a blood sacrifice for the forgiveness of sins (Hebrews 9:22). So Jesus was showing that His impending death would be that sacrifice required by the Law to forgive us of our sins (1 John 2:2).

What can we learn from this reading to apply to our lives? When we celebrate communion, we remember how Jesus gave up His life to bear the penalty for our sins. When we take of the bread, we remember His body that was broken on the cross for us. When we partake of the cup, we remember Jesus' blood that was poured out for us. Before we partake of communion, we should examine our hearts in preparation. We can ask ourselves if we too have become so familiar with Jesus that we overlook that He is God? In addition, when this world starts getting to us, we can look to Him for life that is truly life, realizing that this world is not our home. We walk by faith that someday we will be with Him and all things will be made right. We can also be a spokesperson for God, sharing with others the wonderful opportunity to be made right with the Father through Jesus.

## Reflection Questions

1. We said about the second reading:

> *God has placed upon each believer the seal of redemption through His Holy Spirit, and this invisible marking is His certification that He will deliver upon what He has promised. What this means is that we are now inhabited by the very presence of God through His Spirit. Where we go with our thoughts and with our body, we take God with us. Because God lives in us, we are a new creation, the old way of life has gone and a new way of life has come (2 Corinthians 5:17). The Holy Spirit helps us to see our lives and the world from God's perspective. We can now make decisions based on God's value system, which is in sharp contrast to the world's value system.*

In what ways do you bring God into your relationships? In your work life? In your relationship with your wife? In relationship to nonbelievers?

2. Reflect upon the last time you celebrated communion. Was your heart focused upon the Lord Jesus' sacrifice for you?

Saint Paul gave us a clue as to the importance of the celebration of communion. He said in 1 Corinthians 11:30 about those who were doing so in an unholy manner, "For this reason many among you are weak and sick, and a number sleep." Although his words were in the context of the full love feast, he indicated the sincere need to examine our motives as we celebrate communion. In light of what we studied today, the next time you take communion examine your heart and sincerely prepare for the remembrance of Jesus dying on the cross for your sins.

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# Sunday Mass Study Notes for 08-04-2024




Welcome back to the Sunday Mass notes. This week we open with a reading from Exodus, where God performed a miracle to feed the multitude of Hebrew people who had just been delivered from slavery in Egypt. We then move to the letter that Saint Paul wrote to the Ephesians, where he describes what being a Christian looks like, contrasting new life in Christ to the old way of life in

darkness. Finally, we conclude with Jesus' declaration that he is the bread from heaven, harkening back to the manna that was described in the first reading from Exodus.

***Introduction to the First Reading:***

The first reading is from Exodus. The Hebrew people had just been delivered from the captivity of the Egyptians. God raised up Moses to lead His people out of Egypt. As we will see, even though God performed many miraculous signs and provisions in this first phase of the Exodus the people quickly complained against Him and wanted to return to their captivity. As you read, ask yourself in what ways you find it easy to complain about God's ways and would wish to return to captivity's predictability.

***First Reading:***

> *Exodus 16:1-15 NAS95 1 Then they set out from Elim, and all the congregation of the sons of Israel came to the wilderness of Sin, which is between Elim and Sinai, on the fifteenth day of the second month after their departure from the land of Egypt. 2 The whole congregation of the sons of Israel grumbled against Moses and Aaron in the wilderness. 3 The sons of Israel said to them, "Would that we had died by the LORD'S hand in the land of Egypt, when we sat by the pots of meat, when we ate bread to the full; for you have brought us out into this wilderness to kill this whole assembly with hunger." 4 Then the LORD said to Moses, "Behold, I will rain bread from heaven for you; and the people shall go out and gather a day's portion every day, that I may test them, whether or not they will walk in My instruction. 5 "On the sixth day, when they prepare what they bring in, it will be twice as much as they gather daily." 6 So Moses and Aaron said to all the sons of Israel, "At evening you will know that the LORD has brought you out of the land of Egypt; 7 and in the morning you will see the glory of the LORD, for He hears your grumblings against the LORD; and what are we, that you grumble against us?" 8 Moses said, "This will happen when the LORD gives you meat to eat in the evening, and bread to the full in the morning; for the LORD hears your grumblings which you grumble against Him. And what are we? Your grumblings are not against us but against the LORD." 9 Then Moses said to Aaron, "Say to all the congregation of the sons of Israel, 'Come*

> *near before the LORD, for He has heard your grumblings.'" 10 It came about as Aaron spoke to the whole congregation of the sons of Israel, that they looked toward the wilderness, and behold, the glory of the LORD appeared in the cloud. 11 And the LORD spoke to Moses, saying, 12 "I have heard the grumblings of the sons of Israel; speak to them, saying, 'At twilight you shall eat meat, and in the morning you shall be filled with bread; and you shall know that I am the LORD your God.'" 13 So it came about at evening that the quails came up and covered the camp, and in the morning there was a layer of dew around the camp. 14 When the layer of dew evaporated, behold, on the surface of the wilderness there was a fine flake-like thing, fine as the frost on the ground. 15 When the sons of Israel saw it, they said to one another, "What is it?" For they did not know what it was. And Moses said to them, "It is the bread which the LORD has given you to eat.*

The Hebrew people were in an interesting transition All of their lives, they had been slaves. Now slavery is not desirable in any context, but it is predictable and structured. You don't have to make any decisions, everything is decided for you. In the midst of the oppression, though, your basic needs are taken care of. While it was not luxurious living, the Hebrew slaves had a sense of security that was no longer available to them in their newfound freedom. Instead of looking at all that God had done to deliver them from their oppression and trust Him for their daunting future, they chose to rehearse the "good" points of their slavery (the security of food and shelter) and accused God of not caring about them.

This wasn't an isolated instance of grumbling, rather the text says, "The whole congregation of the sons of Israel grumbled against Moses and Aaron in the wilderness" (v. 2). In spite of their hard hearts, God heard the people and answered by telling Moses that He would "rain bread from heaven for you" even in the case when they did not obey Him (v. 4), which He knew they wouldn't. Moses explained to them that their complaints weren't against him but against God (v. 8). God made a special provision to provide for the Sabbath by making the manna quantitatively different (a double portion) on the day before as well as qualitatively different – it would not spoil during the Sabbath rest day. God then announced the miracle to Moses through the appearance of the Shekinah glory which the people saw (v. 10). In the meantime, in the evening before the raining of the manna from the sky began, God sent quail to the people (v. 13). The text concluded with the people seeing the manna and not recognizing what it was until Moses explained it to them (v. 15). The word "manna" in Hebrew means "what is it." As you can imagine, this was an extraordinary way for God to provide for His people. God seems to work in very unexpected ways.

There are many spiritual parallels in this reading between the provision of God through the manna

and the person and work of Jesus Christ who, as we will see in the Gospel reading, called Himself "the bread of life" (John 6:35). In spite of the fact that the people grumbled against God He still provided food for them. The parallel in the New Testament is that in spite of the fact that most of the people didn't accept Jesus as their Messiah, God still provided salvation through Him. The manna was a very unique provision that was done only by God and could not come about by any natural means. In the same way, Jesus was God's supernatural provision and also did not come about by natural means but was instead born through the power of the Holy Spirit.

***Introduction to the Second Reading:***

The second reading is from Ephesians, and the context is Paul's teaching on the spiritual unity of believers in the church and the unique calling to which God calls His people to walk together in a new way outside of sensual and greedy practices.

***Second Reading:***

> *Ephesians 4:17-24 NAS95 17 So this I say, and affirm together with the Lord, that you walk no longer just as the Gentiles also walk, in the futility of their mind, 18 being darkened in their understanding, excluded from the life of God because of the ignorance that is in them, because of the hardness of their heart; 19 and they, having become callous, have given themselves over to sensuality for the practice of every kind of impurity with greediness. 20 But you did not learn Christ in this way, 21 if indeed you have heard Him and have been taught in Him, just as truth is in Jesus, 22 that, in reference to your former manner of life, you lay aside the old self, which is being corrupted in accordance with the lusts of deceit, 23 and that you be renewed in the spirit of your mind, 24 and put on the new self, which in the likeness of God has been created in righteousness and holiness of the truth.*

Paul typified the Gentiles as unbelievers who "walk[ed] in the futility of their mind[s], being darkened in their understanding" of the true salvation that comes only from God (v. 17). Their behavior is typical of the qualities displayed in the unbelieving world, and even among the grumbling Hebrews about whom we read in the first reading. In contrast, believers are called to set aside their former practices and walk in the newness of life, being renewed in their spirits and to put on the "new self, which in the likeness of God has been created in righteousness and holiness of the

truth" (v. 24). Like the manna in the desert on the sixth day which was qualitatively different, believers are also called to be different from unbelievers who by their nature embrace ungodly behaviors because of the spiritual darkness that reigns in their hearts. As believers in Jesus, we now have a new nature in us. In order to understand our new nature, we must learn the truth about our identity in Christ, which Paul says begins when our minds are renewed. This renewing of our minds is why Bible study, prayer and being with other believers is so important for our growth in the Christian life. These practices help us to begin to see things as God sees them and then our lives become transformed as we let His ways be our ways (Romans 12:1-3).

***Introduction to the Gospel Reading:***

The Gospel reading is from John 6 where Jesus reveals to the people the parallel between God's provision of the manna in the desert and to Himself as the "bread of life" that provides eternal life through faith in Him. Knowing what happened in the story before we pick up the reading will be helpful. The immediate context of today's reading is just after the multiplying of the loaves and fishes in the feeding of the five thousand (John 6:1-15). Afterwards, Jesus fled from there because He sensed that the people were going to take Him by force to make Him their king (v. 15). Jesus, though, did not leave the region with the disciples on their boat, but he nonetheless showed up on the other side with them. This is why they ask Him when he got there and explains why they are confused in today's reading (v. 25). It was during this time that a storm arose and the disciples saw Jesus walking on the water (v. 19). Jesus got into the boat which was then immediately on the opposite shore (v. 21). In this instance, the text says that Jesus wasn't in the boat and never mentioned whether or not He calmed the sea (refer to Mark 4:35-41, Luke 8:22-25, and Matthew 8:23-27). But from these other references, we know that Jesus was able to do miraculous things, which was part of showing His legitimate right to claim Himself as the Messiah.

***Gospel Reading:***

> *John 6:24-35 NAS95 24 So when the crowd saw that Jesus was not there, nor His disciples, they themselves got into the small boats, and came to Capernaum seeking Jesus. 25 When they found Him on the other side of the sea, they said to Him, "Rabbi, when did You get here?" 26 Jesus answered them and said, "Truly, truly, I say to you, you seek Me, not because you saw signs, but because you ate of the loaves and were filled. 27 Do not work for the food which perishes, but for the food which endures to eternal life, which the Son of Man will give to you,*

> *for on Him the Father, God, has set His seal." 28 Therefore they said to Him, "What shall we do, so that we may work the works of God?" 29 Jesus answered and said to them, "This is the work of God, that you believe in Him whom He has sent." 30 So they said to Him, "What then do You do for a sign, so that we may see, and believe You? What work do You perform? 31 "Our fathers ate the manna in the wilderness; as it is written, 'HE GAVE THEM BREAD OUT OF HEAVEN TO EAT.'" 32 Jesus then said to them, "Truly, truly, I say to you, it is not Moses who has given you the bread out of heaven, but it is My Father who gives you the true bread out of heaven. 33 "For the bread of God is that which comes down out of heaven, and gives life to the world." 34 Then they said to Him, "Lord, always give us this bread." 35 Jesus said to them, "I am the bread of life; he who comes to Me will not hunger, and he who believes in Me will never thirst."*

Before we study the text, note that Jesus' point in this particular teaching wasn't whether or not He is spiritually present in the elements of communion. The main point of Jesus' teaching is that belief in Him is the only way to obtain eternal life through the Father God. Even though some of the people were familiar with Jesus, this shouldn't have stopped them from seeing the miraculous signs that He was doing and how His work confirmed the teaching of the Old Testament (John 6:45).

The reading is the third of many misunderstandings that the people had about Jesus and the nature of the promised Messiah. In each case, Jesus uses a common symbol to describe a spiritual reality. The first time this happened was back in Chapter 3 during His discussion with Nicodemus who misunderstood Jesus' reference to spiritual birth. Jesus explained the need to be born again or from above (John 3:3). The second case was Jesus' interaction with a Samaritan woman where Jesus equated trusting Him with "living water" that would satisfy the unquenchable thirst of the human soul (John 4:6-29). The symbolism that Jesus was using here with the Samaritan woman and the water was an illustration of the eternal life that can only come through faith in Him. Like Nicodemus (and to the Jews in today's reading), this connection between a concrete substance (birth, bread, water) and a spiritual reality wasn't obvious to the woman because she asked him to give her the water so she wouldn't have to keep coming to the well (John 4:15). Jesus gave a clue to His disciples about what was to come shortly after this interaction when they urged Him to eat something (John 4:31). Jesus answered them by saying, "I have food to eat that you do not know about," and "My food is to do the will of Him who sent Me and to accomplish His work" (John 4:32, 34). This is very similar to what happened in the story today, but instead of water Jesus used the symbolism of bread. This opens the next chapter in which Jesus feeds the people with physical food to provide for their temporal needs but unveils their greater need of eternal life through faith in God's only spiritual provision: Jesus, the heavenly manna.

Paul sheds light on these allusions from Israel's past for those of us who are reading this as Gentiles, without the history of the Jewish people as our backdrop. He gave the following explanation about the water, manna, and the people's unbelief in Exodus about which we read in the first reading:

*1 Corinthians 10:1-5 NAS95 1 For I do not want you to be unaware, brethren, that our fathers were all under the cloud and all passed through the sea; 2 and all were baptized into Moses in the cloud and in the sea; 3 and all ate the same spiritual food; 4 and all drank the same spiritual drink, for they were drinking from a spiritual rock which followed them; and the rock was Christ. 5 Nevertheless, with most of them God was not well-pleased; for they were laid low in the wilderness.*

Paul wanted New Testament believers to understand their spiritual heritage and to learn from their mistakes that led to disbelief and rejection of God's provision for their lives. Therefore, it is important to understand this passage in light of the broader context of Jewish history. Jesus claimed to be the promised Messiah, God's special and chosen servant to deliver people from their sins (Matthew 1:21). What they expected of the Messiah and what Jesus portrayed were two very different things. The people had a hard time accepting that God's unexpected ways (faith in the suffering servant as explained in Isaiah 53) was better than their visions of Messiah (a political ruler who would take care of their physical and material needs).

In today's story, people from among the five thousand whom Jesus fed earlier were searching for him (v. 24) Their reaction to finding Jesus miraculously on the other side of the lake was not what we would expect. They did not ask Him **how** He got there but rather **when** He got there, trying to piece together a plausible explanation (v. 25). Jesus didn't bother to answer their impertinent question, but rather cut to the heart of the matter of their deep spiritual need. They were overcome by their desire for physical bread, but Jesus saw their most critical need, spiritual food that would lead to eternal restoration and life. They followed Jesus there because they desired to eat their fill of the bread that He gave them last time, so Jesus explained to them that their physical need for bread was minor compared to their need for spiritual restoration with their Heavenly Father that came only from God. Jesus told them that although they saw the signs He did, they still didn't believe in Him as the Messiah from God, but rather approached Him as their physical provider, a sort of genie on demand (v. 26). Remember that Jesus had to flee from them right after the feeding of the five thousand because He knew that they were going to try and make Him their civil King because they saw Him as their provider. Instead of going along with their folly, Jesus instead told them, "Do not work for the food which perishes, but for the food which endures to eternal life, which the Son of Man will give to you" (v. 27).

Looking back to the manna in the desert, had the people not been so hard hearted, they could have better understood God's provision. In the case of the manna it was collected for the first five days of the week and went bad overnight. But on the sixth day God provided a double amount of a special type which was preserved for a two-day period in order to provide for a Sabbath rest day. In the spiritual sense Jesus is our special manna, the one who provides our eternal Sabbath rest (Hebrews 4). The people in this story then bullheadedly asked Jesus for another sign, an attitude about which Jesus said later, "An evil and adulterous generation craves for a sign; and yet no sign will be given to it but the sign of Jonah the prophet" (Matthew 12:39). Jesus answered their request for a sign with an explanation of how God's provision of manna was similar to the spiritual nourishment that He desired to give them, if they would ask God to change their hearts so they could listen and receive God's provision for them through Christ as Messiah. We will see next week in verse 44 that Jesus continues to explain the way to God through Him by saying, "No one can come to Me unless the Father who sent Me draws him; and I will raise him up on the last day." Jesus addresses their need for restoration in their relationship with the Father by referring back to Israel's history and said, "He gave them bread out of heaven to eat" (v. 31).

The people responded to Jesus' illustration of Himself as their spiritual bread in a similar way as did the Samaritan woman saying, "Lord, always give us this bread." Jesus answered them by using language which included the information about His interaction with the Samaritan woman and the sign of the living water. This he most likely did for the benefit of His disciples who had still not understood the sign of the feeding of the five thousand (Mark 8:17 – 21). Jesus used an "I am" statement which strongly indicated His divinity, saying "I am the bread of life; he who comes to Me will not hunger, and he who believes in Me will never thirst" (v. 34). Jesus was the double provision of the special manna that didn't perish on the sixth day that nourished the people into their Sabbath rest. The work of God is not "works", for Jesus clarified this in verse 29: "This is the work of God, that you believe in Him whom He has sent." Jesus explained that the way to God was uniquely through faith in Him.

We will see this claim better next week as we study the continuation of Jesus' teaching on this matter where Jesus said, "For this is the will of My Father, that everyone who beholds the Son and **believes** in Him will have eternal life, and I Myself will raise him up on the last day" (v. 40). The heart of the matter was **belief** in Jesus as the one and only Son of the Father, the only One through Whom came eternal life. Though the people sought physical bread to satisfy their physical needs, Jesus cut to their greatest need of spiritual healing which came only through belief in Him as the only way to God.

What does this mean for our lives? The main point of the reading was Jesus' profound statement that belief in Him as a type of spiritual manna was the only means of finding peace and eternal life with God. Unlike Nicodemus who seemingly believed Jesus later in his life (John 19:39), and the Samaritan woman who believed in Jesus immediately after listening to Him, many of the people in this story didn't believe and separated themselves from Him. This is evident in the infamous John 6-6-6- verse: "As a result of this many of His disciples withdrew and were not walking with Him anymore." After this statement, Saint Peter boldly identified Jesus as the Christ, saying, "To whom shall we go? You have the words of eternal life. We have believed and have come to know that You are the Holy One of God" (John 6:68c – 69).

To whom will you go? Will you seek eternal life through the machinations of being a good person and observing religious activities? Will you be like the Samaritan woman and Nicodemus who surrendered their lives to the person of Jesus Christ, or will you respond like many in the crowd that separated themselves from Jesus because their Messiah didn't measure up to their expectations? Later in this discourse, Jesus said, "It is the Spirit who gives life; the flesh profits nothing; the words that I have spoken to you are spirit and are life" (John 6:63). May we be convinced from this passage to seek eternal life through faith in the One and Only means, Jesus Christ.

## Reflection Questions

1. What parallels do you see between the people of our day who want God on their own terms and the hard-hearted people of Israel in the Old and New Testament readings? What does the Ephesian's passage say about this way of thinking?

2. How can you be part of bringing a message of hope and light to people who are approaching God with an expectation of God being a genie on demand (and often being disillusioned with God's unexpected ways of interacting with them)? Are there areas of your own life that you need to work through disillusionment with the Lord's unexpected ways so that you can be freed up to minister to others authentically in their own struggles with surrendering to God?

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# Sunday Mass Study Notes for 07-28-2024




Welcome back to the Sunday Mass notes. This week we see in the first reading, a miracle by the Prophet Elisha in multiplying of the loaves to feed a large crowd. Later in the Gospel lesson we see Jesus doing something similar but on a larger scale in the feeding of the five thousand. We also study Paul's Letter to the Ephesians and see some godly behaviors to which God calls us to walk as His true followers.

Some years ago this month I was able to take an extended holiday to the south of France along with my wife. During this time, I was able to unplug from my work in the IT industry and to meet up with a couple who were involved that country. This loving couple epitomizes the calling given by Paul that we will see in the second reading today "*to walk in a manner worthy of the calling with which you have been called, with all humility and gentleness, with patience, showing tolerance for one another in love*" (Ephesians 4:1c-2). In spite of their many hardships they have endured during their forty years of ministry in France, they have persisted and seen many people grow in their faith. They are an inspiration to me when I too encounter difficulties in helping people to grow in their faith.

***Introduction to the First Reading:***

The first reading is from Second Kings in the section where Elijah's replacement Elisha ministered during the time of a great famine. Elisha was a great prophet who provided for the people in a similar way in which Jesus did in the feeding of the five thousand which we will read later in the Gospel lesson. Elisha performed this miracle right after he raised the son of the Shunammite woman and the rendering of a poison pot of stew into healthy food.

***First Reading:***

> *2 Kings 4:42-44 NAS95 42 Now a man came from Baal-shalishah, and brought the man of God bread of the first fruits, twenty loaves of barley and fresh ears of grain in his sack. And he said, "Give them to the people that they may eat." 43 His attendant said, "What, will I set this before a hundred men?" But he said, "Give them to the people that they may eat, for thus says the LORD, 'They shall eat and have some left over.'" 44 So he set it before them, and they ate and had some left over, according to the word of the LORD.*

Here Elisha multiplied through God's power some twenty barley loaves into a quantity sufficient to feed one hundred men and most likely their women and children. God used Elisha in many such ways to reveal His power and to call the people to follow the One True God. In a similar way, Jesus used signs to reveal the source of His true power and to point the people to faith in Him (=God). Elisha was different though because he rightly didn't claim to be God or the Messiah, but rather pointed the way to Him through the revelation of His power with signs and miracles.

***Introduction to the Second Reading:***

The second reading is from Ephesians 4. The context is following Paul's stating of the revelation of the mystery of God that the Gentiles were fellow heirs with the Jews in the kingdom of God (Ephesians 4:6). Paul explained that he was a minister to the Gentiles (Ephesians 3:8) and how he prayed that the Ephesians would understand the riches of God's glory and to "know the love of Christ which surpasses knowledge" (3:19).

***Second Reading:***

> *Ephesians 4:1-6 NAS95 1 Therefore I, the prisoner of the Lord, implore you to walk in a manner worthy of the calling with which you have been called, 2 with all humility and gentleness, with patience, showing tolerance for one another in love, 3 being diligent to preserve the unity of the Spirit in the bond of peace. 4 There is one body and one Spirit, just as also you were called in one hope of your calling; 5 one Lord, one faith, one baptism, 6 one God and Father of all who is over all and through all and in all.*

God calls us to "walk in a manner worthy of the calling to which we have been called" (v. 1). What is this calling? The key lies in the adverb "therefore." As we have seen in previous editions of Mass Notes, we have to ask "what is it there for"? In this case it links this passage to the previous doctrine described in chapter 3: "8 To me, the very least of all saints, this grace was given, to preach to the Gentiles the unfathomable riches of Christ, 9 and to bring to light what is the administration of the mystery which for ages has been hidden in God who created all things; 10 so that the manifold wisdom of God might now be made known through the church to the rulers and the authorities in the heavenly places" (Ephesians 3:8-10). God is making a point to the rulers and authorities in heavenly places (the supernatural realm) about Who He is through the church (you and me and fellow believers). It's not just about me and what I get out of my church experience. Instead, my life becomes about walking in a way that reflects God's glory to the observant supernatural realm. What does this look like? Paul said it includes attitudes of humility, gentleness, having patience, "showing tolerance for one another in love," and working to preserve unity "in the bond of peace."

***Introduction to the Gospel Reading:***

The Gospel lesson is Jesus' feeding of the five thousand along the shores of the Sea of Galilee. This chapter of John marks the beginning of a series of turning points and especially the one we will study in future weeks in an easy to remember chapter and verse: 6:66. These turning points come about as the people begin to determine in their hearts whether they are true followers of Jesus. One of these turning points occurred in the previous chapter. "For this reason therefore the Jews were seeking all the more to kill Him, because He not only was breaking the Sabbath, but also was calling God His own Father, making Himself equal with God" (John 5:18). This is where the rubber meets the road; the true followers of God are those that recognize Jesus as God in the flesh, the Messiah, rather than just a miracle doer who they thought would deliver them from their Roman oppressors.

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***Gospel Reading:***

> *John 6:1-15 NAS95 1 After these things Jesus went away to the other side of the Sea of Galilee (or Tiberias). 2 A large crowd followed Him, because they saw the signs which He was performing on those who were sick. 3 Then Jesus went up on the mountain, and there He sat down with His disciples. 4 Now the Passover, the feast of the Jews, was near. 5 Therefore Jesus, lifting up His eyes and seeing that a large crowd was coming to Him, said to Philip, "Where are we to buy bread, so that these may eat?" 6 This He was saying to test him, for He Himself knew what He was intending to do. 7 Philip answered Him, "Two hundred denarii worth of bread is not sufficient for them, for everyone to receive a little." 8 One of His disciples, Andrew, Simon Peter's brother, said to Him, 9 "There is a lad here who has five barley loaves and two fish, but what are these for so many people?" 10 Jesus said, "Have the people sit down." Now there was much grass in the place. So the men sat down, in number about five thousand. 11 Jesus then took the loaves, and having given thanks, He distributed to those who were seated; likewise also of the fish as much as they wanted. 12 When they were filled, He said to His disciples, "Gather up the leftover fragments so that nothing will be lost." 13 So they gathered them up, and filled twelve baskets with fragments from the five barley loaves which were left over by those who had eaten. 14 Therefore when the people saw the sign which He had performed, they said, "This is truly the Prophet who is to come into the world." 15 So Jesus, perceiving that they were intending to come and take Him by force to make Him king, withdrew again to the mountain by Himself alone.*

As the story progressed, Jesus asked Philip (who was from this region) to provide for the crowd. Philip responded to Jesus showing that he had resources in the amount of 200 days wages, a significant amount but worthless that far away from the city and in light of the huge size of the crowd. Evidently, the disciples two by two ministry in the preceding weeks had been fruitful in terms of donations. Nevertheless, the people had followed Jesus some distance away from the city and saw Him as One Who would provide for them, so it was natural for Jesus to accommodate their needs through His disciples. In this case, the people found out that God was the true multiplier of things. The people did indeed recognize Jesus as a Prophet, seemingly the One prophesied about in Deuteronomy 18:15. However, they misunderstood the role of the Messiah (vv. 14 – 15). The people saw in Jesus a political ruler Who could free them from their poverty and Roman oppression. In the end, twelve baskets were left over corresponding exactly to the count of Jesus' disciples. Each disciple was left with one basket to highlight Jesus' ability to provide in the midst of impossible circumstances. God provided the food regardless of the people's faith and used this sign to point to the True Messiah Jesus.

We too may have misunderstandings about how Jesus' power should be used in the world. Though

we should ask God to provide for our circumstances, we have to recognize that like the people of the biblical era we often want God to use His power for our comfort, security, and advancement. We need to careful to let God be God and not expect Him to be our personal "Genie in the bottle" performing miracles on demand. Nobody stands above for His is the King of Kings and Lord of Lords and His purposes are beyond understanding. Even though the people in this story wanted Jesus to become their civil King, instead Jesus ministered to them to meet their spiritual needs. One day Jesus will return to rule and reign on the earth and fulfil the expectations of a perfect ruler.

## Reflection Questions

1. In the second reading we read God's calling for us to "walk in a manner worthy of the calling to which we have been called" (Ephesians 4:1). List some ways in which you may walk in a manner worthy of a heavenly calling. What are some specific things to which God may be calling you to change in your life?

2. In the Gospel lesson Jesus called upon God's miraculous power to perform a miracle to provide for people's basic needs and at the same time to confirm Himself as the Messiah. It is evident from reading the synoptic Gospels that His disciples didn't understand the miracle until Jesus explained it to them some time later after feeding a second large crowd. What ways have you missed understanding the miracles of God in your own life? List two or three ways in which God has recently provided for you that you may have taken for granted. Tell God your thankfulness for His provision and ask Him to point out to you ways in which He continues to do so.

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# Sunday Mass Study Notes for 07-21-2024

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Welcome back to the Sunday Mass notes. This week we open with a message from Jeremiah regarding the ungodly rulers of Judah which includes a message of restoration under a future ruler sent by God whom we know as Jesus Christ. Then we look at how Jesus removed the wall of separation between God and the Gentiles through faith in Jesus Christ. We conclude with the Gospel lesson from Mark in which Jesus' apostles rest period is interrupted by the incessant needs of the people.

***Introduction to the First Reading:***

The first reading is from the Prophet Jeremiah. The context is Jeremiah's proclamation of condemnation of the civil rulers, since later in verse 9 (after today's reading) he condemns the prophets (Jeremiah 23:9). This section is the prophet's condemnation of the last five kings of Judah. Included in the gloom is a message of hope and restoration especially that of the reign of ruler called the "righteous Branch."

***First Reading:***

> *Jeremiah 23:1-6 NAS95 1 "Woe to the shepherds who are destroying and scattering the sheep of My pasture!" declares the LORD. 2 Therefore thus says the LORD God of Israel concerning the shepherds who are tending My people: "You have scattered My flock and driven them away, and have not attended to them; behold, I am about to attend to you for the evil of your deeds," declares the LORD. 3 "Then I Myself will gather the remnant of My flock out of all the countries where I have driven them and bring them back to their pasture, and they will be fruitful and multiply. 4 I will also raise up shepherds over them and they will tend them; and they will not be afraid any longer, nor be terrified, nor will any be missing," declares the LORD. 5 "Behold, the days are coming," declares the LORD, "When I will raise up for David a righteous Branch; And He will reign as king and act wisely And do justice and righteousness in the land. 6 In His days Judah will be saved, And Israel will dwell securely; And this is His name by which He will be called, 'The LORD our righteousness.'"*

The rulers of Judah during this time were exceedingly evil, and God blamed them for the ultimate scattering of the tribe to Babylon which happened during the destruction of Jerusalem and the temple in 586 BC. God then promises to rebuild the fallen nation by regathering them under the rulership of "David a righteous Branch" (v. 5). This prophecy points clearly to the future reign of Jesus Christ on earth after His return. Jesus will "reign as a king and act wisely and do justice and righteousness in the land" and be called by the name "The LORD our righteousness." One day the Nation of Israel will be restored under the righteous rulership of Jesus Christ. Israel will awaken to the identity of the Ruler whom they rejected. Zechariah said it this way: "I will pour out on the house of David and on the inhabitants of Jerusalem, the Spirit of grace and of supplication, so that they will look on Me whom they have pierced; and they will mourn for Him, as one mourns for an only son, and they will weep bitterly over Him like the bitter weeping over a firstborn" (Zechariah 12:10).

***Introduction to the Second Reading:***

The second reading is from Saint Paul's Letter to the Ephesians. The context is Paul's message of hope to the Gentiles who were formerly "separate from Christ, excluded from the commonwealth of Israel, and strangers to the covenants of promise, having no hope and without God in the world" (Ephesians 2:12).

***Second Reading:***

> *Ephesians 2:13-18 NAS95 13 But now in Christ Jesus you who formerly were far off have been brought near by the blood of Christ. 14 For He Himself is our peace, who made both groups into one and broke down the barrier of the dividing wall, 15 by abolishing in His flesh the enmity, which is the Law of commandments contained in ordinances, so that in Himself He might make the two into one new man, thus establishing peace, 16 and might reconcile them both in one body to God through the cross, by it having put to death the enmity. 17 AND HE CAME AND PREACHED PEACE TO YOU WHO WERE FAR AWAY, AND PEACE TO THOSE WHO WERE NEAR; 18 for through Him we both have our access in one Spirit to the Father.*

God through Jesus' finished work of redemption on the cross made one "church" out of the formerly separate Jews and Gentiles. This one group of believers was united through the ministry of Jesus who "preached peace to you who were far away and peace to those who were near" (v. 17). The two groups now provide access to God the Father through the single Holy Spirit. As believers in Jesus Christ, we are united with all of the believers that ever existed or exist in the universe. Ultimately, we will be joined into one kingdom under the rulership of Jesus, the "Righteous Branch" as we read in the first reading.

As believers in the twenty first century, we may forget just how separated the first century Gentile believers felt from the Jews. All along, God had created the Law to separate the Jews from the surrounding world. He did this through the creation of things like food laws, moral laws, and ceremonial laws. During the time when this was written, the temple in Jerusalem was functioning and the Gentiles were prohibited with the penalty of death from entering past a certain point. Through Jesus Christ they were now granted access to the Holy of Holies Who dwelled behind the curtain of the temple, what Paul described in this reading as the "dividing wall." This wall of separation was broken down through faith in Jesus Christ. Paul said in Romans, "that if you confess with your mouth Jesus as Lord, and believe in your heart that God raised Him from the dead, you will be saved" (Romans 10:9). He went on to say, "For there is no distinction between Jew and Greek; for the same Lord is Lord of all, abounding in riches for all who call on Him" (Romans 10:12). Jesus is the One that unites all believers through faith in Him.

***Introduction to the Gospel Reading:***

The Gospel lesson is from Mark Chapter 6 and the context is just after the apostles had returned from going out two by two to preach the message of repentance to the Jews. It seems that God had opened the hearts of the people to receive their message for it seems that Judas the treasurer had

acquired at least two hundred denarii with which to be able to volunteer to buy bread for the feeding of the five thousand (Mark 6:37). Their ministry was to preach repentance, cast out demons, anoint people with oil and heal them (Mark 6:12 – 13).

***Gospel Reading:***

> *Mark 6:30-34 NAS95 30 The apostles gathered together with Jesus; and they reported to Him all that they had done and taught. 31 And He said to them, "Come away by yourselves to a secluded place and rest a while." (For there were many people coming and going, and they did not even have time to eat.) 32 They went away in the boat to a secluded place by themselves. 33 The people saw them going, and many recognized them and ran there together on foot from all the cities, and got there ahead of them. 34 When Jesus went ashore, He saw a large crowd, and He felt compassion for them because they were like sheep without a shepherd; and He began to teach them many things.*

Upon the return from their ministry, the apostles reported to Jesus about their ministry. Jesus, knowing they were tired, called them away to a time of refreshing away from the presence of the people who it seems began coming to them in crowds (v. 34). Their rest and solitude was short lived though, as the crowds continued to come to Jesus and the apostles to the extent that they anticipated their movements (v. 33). Saint John provided a clue that the reason the crowds were so evident was because they were gathering in Jerusalem for the celebration of the Passover (John 6:4). Jesus accommodated the people's great needs because "they were like sheep without a shepherd" (v. 34b). The main point was that the spiritual teachers of the age had left the preaching of the true ministry of God. Jesus came to awaken the people to their true needs, to repent of their sins and to turn to God in faith.

How many times has God called us to set aside our preconceived notions about what we are planning to do in certain circumstances? How many times have we settled down with a good book during a long airplane ride only to be disturbed by someone in an adjacent seat trying to strike up a conversation with us? As you go through the activities of the week, try to find circumstances in which you sense God would have you go in a different direction. Rather than being disturbed by disruptive circumstances, pray to find God's hand in what He would have for you in the unexpected event. Though all of us need times of rest, pray that you don't allow your preconceived time of rest to hinder what God would have you do during an interruption, even if you don't understand the reason or even the outcomes.

I remember one afternoon while I was driving home from work in suburban Detroit I saw a young woman alongside the road with a flat tire. Though I wanted to drive on past something within me caused me to stop and volunteer to change the tire. As I began my work, I had in the car some worn out gloves and placed those on my hands. One of the gloves had a hole in the hand and as I was removing the worn-out tire from her car some of the steel from the belting found its way through that hole and into my hand making a nice cut. I didn't say anything but internally cried out in pain. Meanwhile, the woman's boyfriend pulled up and stood by talking to her and watched me finish the job without saying anything to me. Between the pain of the pricks in my hand through the "holy" gloves and the awkwardness of having her boyfriend watching me, I wondered why I had stopped in the first place. There was a racial element in place as well. Although I didn't understand any of the implications of what I did, I still followed through with what God put on my heart to accomplish. I could have simply continued my leisurely drive home to my cushy suburban condo. Instead, I drive home with a bleeding hand and with uncertain kinds of metal fibers embedded along with a healthy helping of grease. When I get to heaven I plan to ask Jesus in what ways he used my service in the lives of these young people that afternoon. Until then I am called to do the things that God puts on my heart regardless of my understanding of the reason.

## Reflection Questions

1. One of the things with which I have struggled is with the strong sense of separation I felt after leaving my job at Ford Motor Company as an engineer after a tenure of nine years. During this time, much of my life revolved around the people at my workplace. Once I surrendered my magic ID card which provided me access to things like the revolving gate in the engineering center and the test track across the street, I felt a deep sense of separation. Through the years after my separation, I have attempted to make peace with my decision as I kept in contact with a small group of people back at the company. After I came to faith in Jesus, I found that I could deal with my decision much more easily in part because I discovered that God had brought me into contact with this large group of people in order to intercede for them in prayer. At times, I still have dreams about being locked out of the company gate without an ID card to get through the turn style security gate.

A. In what ways have you found yourself separated from others in your life? How has your personal relationship with Jesus helped you through these trials?

B. Consider some ways in which you can use this separation in a positive way.

2. What do the first century Gentile believers have in common with groups of believers in our world such as the Chinese or Iranian Christians? In what ways does Jesus provide hope to them that we perhaps have difficulty in understanding?

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# Sunday Mass Study Notes for Lectionary 104: 07/14/2024




Welcome back to the Sunday Mass notes. This week, we open with Amos 7:12-15, where God calls Amos, a simple farmer, to prophesy in Israel. Then we move to Ephesians 1:3-14, where Paul explains the blessings available to those in Christ. Finally, we conclude with Mark 6: 7-13. Here, Jesus sends out His disciples to minister and instructs them to trust God for their daily needs as they call people to repentance.

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***Introduction to the First Reading:***

Imagine you are an ordinary farmer, minding your own business, tending your sheep and your crops. Suddenly, God commands you to go to a neighboring land and pronounce judgment on its rebellious people. No one wants to be the bearer of bad news. Yet sometimes God calls men to be prophets, foretelling His plan and delivering His words of warning and judgment. God never intended to simply punish people. His ultimate desire was to restore His wayward children back to Himself. Amos, however, was not a prophet, nor even the son of a prophet. He was simply a farmer trying to make a living in Judah during the divided kingdom.

You may remember that the twelve tribes of Israel were divided into two kingdoms due to the sin of King Solomon. Ten tribes became the Northern Kingdom, collectively called Israel. The remaining two tribes made up the Southern Kingdom, known as Judah. In a strange twist, God called this farmer from Judah to go to Israel and prophesy against them.

At first, Amos pronounced God's judgment on Israel's enemies. No one objected to that. But then he began to recite Israel's sins. Amos first reminded them of all God had done for them. He had released them from bondage in Egypt, defeated their enemies, given them land, and raised up prophets among them. Yet Israel rebelled. They hadn't completely forgotten God. They still performed their religious rituals. But while claiming to belong to God, Israel oppressed the righteous, deprived the poor of justice, worshipped idols, and commanded the prophets not to prophesy.

Religious ritual unaccompanied by love for God and concern for the oppressed does not impress God. He despised Israel's religious hypocrisy. When He used His plumb line (a standard of holiness) to evaluate Israel, He revealed her crookedness. Amos warned them that God's judgment would surely come. Their king Jeroboam would die by the sword, and Israel would be taken captive by its enemy.

In the First Reading, Amaziah, a priest of Israel who should have been open to the Lord's message, instead commanded Amos to stop prophesying and go home. Though Amos admitted he was a farmer, not a prophet, he knew God had called him to prophesy. He would prove faithful to that call despite opposition.

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***First Reading:***

> *Amos 7:12-15 NAS95 12 Then Amaziah said to Amos, "Go, you seer, flee away to the land of Judah and there eat bread and there do your prophesying! 13 "But no longer prophesy at Bethel, for it is a sanctuary of the king and a royal residence." 14 Then Amos replied to Amaziah, "I am not a prophet, nor am I the son of a prophet; for I am a herdsman and a grower of sycamore figs. 15 "But the LORD took me from following the flock and the LORD said to me, 'Go prophesy to My people Israel."*

We are prophets in a sense, bringing God's message of salvation to those around us. This message is a mixture of bad news and good news. The wages of our sin is death, St. Paul tells us in Romans 6:23, and if we continue in our rebellion against God, we will surely die. That is very bad news. But the good news is in that same verse: "*…the gift of God is eternal life through Christ Jesus our Lord*." God has called each one of us to bear this news to the whole world. Will we be faithful to the call?

***Introduction to the Second Reading:***

Some time ago I (Marla) enjoyed visiting Moody Bible Institute in Chicago when my daughter Emily was a student there. Because Moody is located near the center of one of the largest cities in America, campus security is tight, especially in the areas where students live and hang out. Students carry a pass card that allows them access to all the restricted areas. I was an outsider there, but as long as I was with Emily, I could enjoy free access to all the college offered: I could visit the dorms, go to chapel, attend classes, eat in the cafeteria, and have coffee at Joe's Coffee Shop. Nothing was kept from me as long as I was with Emily. Without her, I would be on the outside, separated from the rich experience Moody offers. I could claim no right to these blessings. But as long as I was with her, all her blessings were mine, too.

Abundant blessings and privileges exist in the spiritual realm, but in ourselves, we have no right to them. Without Christ, we are on the outside and without hope. In the Second Reading, Paul tells

the church in Ephesus that God's plan from the foundation of the world was to include them (and us) in these great blessings.

As you read the Second Reading, notice the richness of these spiritual blessings which can be ours in abundance. Note the words *every, all, riches, lavished, fullness.* Observe the words that show how intentional God was in blessing us—*He chose us, He predestined us, He purposed, according to the kind intention of His will.* Notice how many times the words in Christ are used, for only through Christ do we have access to His abundant blessings.

***Second Reading:***

> *Ephesians 1:3-14 NAS95 3 Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ, 4 just as He chose us in Him before the foundation of the world, that we would be holy and blameless before Him. In love 5 He predestined us to adoption as sons through Jesus Christ to Himself, according to the kind intention of His will, 6 to the praise of the glory of His grace, which He freely bestowed on us in the Beloved. 7 In Him we have redemption through His blood, the forgiveness of our trespasses, according to the riches of His grace 8 which He lavished on us. In all wisdom and insight 9 He made known to us the mystery of His will, according to His kind intention which He purposed in Him 10 with a view to an administration suitable to the fullness of the times, that is, the summing up of all things in Christ, things in the heavens and things on the earth. In Him 11 also we have obtained an inheritance, having been predestined according to His purpose who works all things after the counsel of His will, 12 to the end that we who were the first to hope in Christ would be to the praise of His glory. 13 In Him, you also, after listening to the message of truth, the gospel of your salvation–having also believed, you were sealed in Him with the Holy Spirit of promise, 14 who is given as a pledge of our inheritance, with a view to the redemption of God's own possession, to the praise of His glory.*

Can you fathom the blessings we have in Christ?

*v. 5 adoption as sons* – When we trust in Christ and His death on the cross for us, we become members of God's family with all the rights and privileges of adult sons.

v. 7 *redemption through His blood* – Redemption has the idea of buying someone from the slave market and setting them free. We were slaves to sin, but God paid the price for us by sending Jesus to die in our place. He has purchased us with His blood and set us free to serve Him.

v. 7 *the forgiveness of our trespasses* – We don't deserve forgiveness, but this is evidence of His abundant grace, which He lavishes upon us.

v. 11 *an inheritance* – This is ours because in Christ we have been made a child of God. This inheritance, St. Peter explains in 1 Peter 1:4, "is imperishable and undefiled and will not fade away, reserved in heaven for you."

v. 13 *sealed with the Holy Spirit* –We are sealed in Christ by the Holy Spirit, who comes to live in every believer. Our position in Christ is secure.

St. Paul explains the *pass card* that gives us access to God's abundant blessings:

> *"…after listening to the message of truth, the gospel of your salvation–having also believed, you were sealed in Him with the Holy Spirit of promise, 14 who is given as a pledge of our inheritance, with a view to the redemption of God's own possession, to the praise of His glory." (Ephesians 1:13-14)*

We hear the message of salvation, we believe it, and are saved and sealed in Christ by the Holy Spirit. Christ's standing before God is our standing, His inheritance is our inheritance, and His

riches are our riches. God lavished them on us, because we are in Christ.

***Introduction to the Gospel Reading:***

In today's reading from Matthew, Jesus sent out the 12 disciples two by two as His representatives and under His authority. Their mission was a spiritual one. They would be taking the good news of Jesus to the lost. Naturally, Satan and his demons would be opposing them at every turn, but Jesus gave his disciples power over these dark spiritual forces.

***Gospel Reading:***

> *Mark 6:7-13 NAS95 7 And He summoned the twelve and began to send them out in pairs, and gave them authority over the unclean spirits; 8 and He instructed them that they should take nothing for their journey, except a mere staff–no bread, no bag, no money in their belt– 9 but to wear sandals; and He added, "Do not put on two tunics." 10 And He said to them, "Wherever you enter a house, stay there until you leave town. 11 Any place that does not receive you or listen to you, as you go out from there, shake the dust off the soles of your feet for a testimony against them." 12 They went out and preached that men should repent. 13 And they were casting out many demons and were anointing with oil many sick people and healing them.*

The disciples were to take nothing for their journey—no food, money, or extra clothing. Commentators have posed three reasons for what seems to us a strange command. First, extra possessions are an encumbrance. We have probably all experienced times when, instead of owning our possessions, they owned us. Our possessions require care and maintenance, consuming time and money and distracting us from more important matters of life. Are my possessions serving God, or are they distracting me from ministry? The disciples were to take nothing extra that could encumber them.

Second, the disciples were to go out in complete dependence on God's power and provision. One hallmark of Jesus' life on earth was that He lived in complete dependence on the Father (John 5:19, 5:30, 7:16). The disciples were to do likewise, depending on God for their daily provisions.

Third, Jesus established the principle that the people to whom a minister ministers should support him. It was appropriate for the disciples to enjoy the hospitality and provision of those receiving the blessings of their ministry.

If a city or household rejected the disciples and their message, the disciples were to shake the dust off the soles of their feet as they left. *Jews sometimes shook the dust off their clothing when returning from Gentile lands as a sign of contempt.** When the disciples did it, it was a sign of judgment. The disciples' message of salvation was often accompanied by miracles. Rejecting the message in the face of supernatural authentication indicated an intractable heart. Those who rejected the disciples were ultimately rejecting the One who sent them. And when people reject Jesus, they are rejecting the only provision for their sin. By shaking the dust off their feet, the disciples were communicating a warning: *We offered you what you needed for salvation, but you turned it down. The responsibility for your sins remains on your shoulders. Judgment is coming. We have nothing more to offer you.*

It is a moment none of us would want to face. And we don't have to if we repent and believe.

*https://www.biblegateway.com/resources/reformation-study-bible/Matt.10.14-Matt.10.15

## Reflection Questions

1. Which of the blessings listed in Ephesians 1 are you most thankful for and why?

2. If God were to send you out to minister, which of your possessions would be most difficult to leave behind? What could you do this week to decrease your attachment to things and increase your dependence upon God?