Study Notes for the Sunday Mass Published by Christians for Christ Ministries. We are a non-denominational Christian ministry that seeks to encourage and facilitate Christians in studying the Holy Scriptures. **"For there is one God and one mediator between God and mankind, the man Christ Jesus."** 1 Timothy 2:5

Sunday Mass Study Notes for 09-01-2024



Welcome back to the Sunday Mass notes. This week we open with a study of a reading from the Book of Deuteronomy in which Moses pours out his heart to the Israelites just before they were to begin their final conquest and enter the Promised Land. Moses cautions the people not to add to or take from the Law but to just simply follow it. Second, we look at a reading from the Book of James, said to be "the Proverbs" of the New Testament. Then we close with the Gospel reading from Saint Mark in which Jesus scolds the scribes and Pharisees for doing exactly what Moses told the people not to do by creating religious traditions, which they held above the Mosaic Law. For the application we will address the tendency toward formulaic religion and how God uses hardship to accomplish His purposes.

Do you believe that if you obey the government, pretty much keep the Ten Commandments and go to church every week that God will reward you with a life filled with some level of prosperity and good health? What if you sensed and were obedient to a call from God to uproot your life in order to engage in missions? Would you then be upset if things didn't turn out perfectly for you in your new life? I know a man named Dave that studied hard to become a missionary and moved to France with his wife to reach people for Jesus in this spiritually dark but civilized nation. He worked there for many years, had a good degree of success in his ministry and followed biblical teaching in all that he

did. However, after being in France several decades, his health began to decline. As the months went by, his condition continued to worsen and at some point, he was told that he would need a liver transplant or he would die. You may ask, how could God allow this life-threatening condition in his life which threatened to end his ministry? How could God allow this situation in his life when he had sacrificed so much to move there, was faithful in his following the Bible, and was obedient in every way to the laws of his adopted nation? Later in this lesson you will hear what happened to Dave.

According to Scripture God allows challenges in the lives of believers which goes against what is known in our times as "health and wealth" or the prosperity gospel. This week we are going to see in the Gospel reading how Jesus confronted the false teachings occurring during His ministry from a Jewish religious group called the Pharisees. These were a sect that taught, in effect, salvation by works and held some of the same false beliefs as the modern prosperity gospel preachers of today.

It would be easy to misread the first reading if we have this formulaic or prosperity gospel in mind. The formula goes like this: I am obedient to God's commands, then He has to give me the circumstances in life that I think I deserve. The problem behind this formula is that it lacks the relational underpinning that God desires for us. We obey Him out of our own effort and then feel justified in our sense of entitlement. We will need to read the Old Testament through the eyes of relationship with God now made possible through grace (Ephesians 2:8-9).

Introduction to the First Reading:

The first reading is from the Book of Deuteronomy, a word that means literally "second law." The Book begins with a chronicle of the events of the Hebrew people in the period just after the wilderness wanderings. Because of the people's disobedience they were forbidden from entering the Promised Land and spent thirty-eight years wandering in the desert under the leadership of Moses. During this time God revealed the Law to Moses and began the Levitical Priesthood with his brother Aaron as the first high priest. At the end of these thirty-eight years, God prompted Moses to lead military campaigns against the two regional leaders on the "other side" (meaning the east) of the Jordan River. The Hebrew army soundly defeated both King Sihon of Heshbon and King Og of Bashan. According to this Scripture, the Hebrews "captured all [their] cities at that time and devoted to destruction every city, men, women and children. We left no survivors. Only the livestock we took as spoil for ourselves with the plunder of the cities we captured" (Deuteronomy 2:34-35). These events occurred over the final two years, which closed out the full forty years of wandering in the desert outside of God's Promised Land (to the west of the Jordan).

Even more so than in previous readings in order to glean the proper meaning from the passages that follow, it is necessary to clearly understand the context. Reflect upon each of the following points that will help to lead you to the proper contextual understanding of today's lesson.

- God does not change (Malachi 3:6, James 1:17), but He does change the terms through which He deals with His people according to His covenants. There are five covenants in the Old Testament Bible.

  I. First was the Noahic (pronounced "no aye ick") Covenant spoken of in Genesis Chapter 9 in which God promised never to destroy the earth again with a flood. The New Testament records that instead the earth will be renewed by fire (2 Peter 3:7).

  II. The second covenant was the Abrahamic Covenant found in Genesis Chapter 12. In this, God promised that Israel would be a great nation (Genesis 12:2), that they would be led to the Promised Land (v. 1), and that through Israel the entire world would be blessed (v. 3). These unconditional promises will be fulfilled through the Nation of Israel, somehow, in the future.

  III. The third covenant was the Mosaic Covenant through which God introduced the Law to Moses on Mt. Sinai (Exodus 19), and the context of the first reading today. The promises of this Covenant were conditioned upon the people's obedience to the Law, something that only Jesus could fulfill. The Law was clear and exact, unlike the religious traditions that were derived from it over the centuries (as we will read about in the Gospel lesson). Moses spent forty years teaching the people the Law, and they spent forty years breaking it! Point of Fact: Had I lived during that time I wouldn't have done any better than they did.

  IV. The forth covenant was the Davidic Covenant in which God promised that David and his descendants would rule over the House of Israel forever. This covenant was and will be fulfilled through Jesus Christ, who is of David's kingly line of Judah.

  IV. The last covenant of the Old Testament (and the entire Bible) was the New Covenant spoken of in Jeremiah 31. God promised in the New Covenant that He would forgive the sins of His people (Jeremiah 31:34b), and give them new hearts with a desire to follow Him (v. 34). The New Covenant was ultimately fulfilled in the Person of Jesus Christ. Jesus Christ gives all believers a new heart through sending His Holy Spirit to live inside us (John 7:38-39, 2 Corinthians 5:17). This Covenant is the terms through which God deals with us as believers today.

- God's plan of salvation for people has never changed, whether in the Old or New Testaments,

> although God has revealed His plan more clearly through the revelation of Jesus Christ (see Colossians 1:26 and Hebrews 1:1). Everyone is saved by faith in God's Savior whether it was Jews in the Old Testament, Jews in the New Testament, or Gentiles during either of the Testaments. "For by grace you have been saved through faith; and that not of yourselves, it is the gift of God; 9 not as a result of works, so that no one may boast" (Ephesians 2:8-9). God is clear that there is only one unforgivable sin, which is a rejection of His only provision for the forgiveness of sin.

Finally, this is the key point that we need to remember as we study the first reading showing the sinful behavior of the Jews and how Jesus confronted the false teachings of the Pharisees in the Gospel lesson:

- God assesses different short-term penalties for sin according to each era and covenant. For example, before the Noahic Covenant when Cain killed Abel, God dealt immediately with this sin by putting a mark on Cain, exiling him to a foreign land, and causing him to tirelessly till unfruitful soil (Genesis 4:12-15). As a second example, in the first reading today we will see Moses' mention of an instance in which God acted quickly and harshly to judge sin among the Jewish exiles. Later during the time of the Exodus which is the context of the first reading, God ruled His people as a "theocratic kingdom." During this time Moses, his successor Joshua (and later the prophets and King David) received direct guidance from God. During the "theocratic kingdom" God levied heavy consequences upon those who broke the Law. In John's Gospel Jesus used the metaphor of God's pruning in the life of a believer in order to bring about more fruit (John 15:2). God's pruning in the context of the theocratic kingdom may have meant sudden death for the disobedient Jew, whether it came from God or as a result of capital punishment levied by the Israelite priests (and later Kings).

In our era, God operates according to the New Covenant in which he prunes believers during their earthly lives (John 15:2) while storing up His judgement for unbelievers largely until the end of their lives (John 15:6, "cast into the fire and burned"). Even during the Old Testament times God revealed His grace to the unbelieving world by lavishing His material blessings upon them, although their eternal destination was hell. This is very clear from both Psalm 37 and Psalm 73. Lest we think that God doesn't immediately judge sin in some cases, we must remember the story of Ananias and Sapphira in the Book of Acts (Acts 5:1-11), as well as Saint Paul's teaching about some being sick

and some have died because of their unholy behavior in the love feast and communion meal (1 Corinthians 11:30).

Now, with this context in mind, let's move to today's reading which is an address by Moses to the people as he prepares to appoint Joshua his successor (3:28) who would soon lead the people into the new land. Although Moses himself was forbidden by God to enter (Deuteronomy 3:23-26), God did allow him to travel to the top of Mount Pisgah to see a divine vision of the land just before his death (3:27).

First Reading:

> *Deuteronomy 4:1-8 NAS95 1 "Now, O Israel, listen to the statutes and the judgments which I am teaching you to perform, so that you may live and go in and take possession of the land which the LORD, the God of your fathers, is giving you. 2 You shall not add to the word which I am commanding you, nor take away from it, that you may keep the commandments of the LORD your God which I command you. 3 Your eyes have seen what the LORD has done in the case of Baal-peor, for all the men who followed Baal-peor, the LORD your God has destroyed them from among you. 4 But you who held fast to the LORD your God are alive today, every one of you. 5 See, I have taught you statutes and judgments just as the LORD my God commanded me, that you should do thus in the land where you are entering to possess it. 6 So keep and do them, for that is your wisdom and your understanding in the sight of the peoples who will hear all these statutes and say, 'Surely this great nation is a wise and understanding people.' 7 For what great nation is there that has a god so near to it as is the LORD our God whenever we call on Him? 8 Or what great nation is there that has statutes and judgments as righteous as this whole law which I am setting before you today?"*

Moses urged the people to follow the Levitical Law without adding to it or taking from it (v. 2) so that they may "live and go in and take possession of the land" being given by God to them (v. 1). We will see later in the Gospel reading that the people didn't heed God's warning not to add to the law. Interestingly, God repeated this admonition in the very last Book of the New Testament not to add to or take from the Scriptures (Revelation 22:18). God's marching orders were for the people to just do what He has clearly told them through the Law delivered to Moses. Twice in this reading Moses tells the people to keep the commandments of the Law (v. 1, v. 2). Keeping the Law in the context of the reading does bring with it the promise of material blessing because God had promised the people entrance to the Promised Land. The recipients of the blessing were the minority of those in the

Exodus, those who were still alive and the ones whom had "held fast to the LORD" (v. 4). If God killed a person because of their sin, then obviously, they didn't receive the blessings of the Promised Land. As we noted in the introduction, the consequences of disobedience during the theocratic kingdom could be severe and immediate. Beginning in verse 3 Moses recounted what God did to the disobedient people as recorded in the Book of Numbers. The people had become immersed in the worship of the god "Baal of Peor" (Numbers 25:5). Here the Book of Numbers says, "The LORD said to Moses, 'Take all the leaders of the people and execute them in broad daylight before the LORD, so that the fierce anger of the LORD may turn away from Israel'" (Numbers 25:4). A plague followed in which 24,000 people died (Numbers 25:9). This was God's way of purging the evil in order to protect the integrity of those who were seeking to follow God with a pure heart.

Another point from the reading was that God had established the Nation of Israel as a light to everyone in the world. God's "chosen people" were not chosen just for their own sake, but for the salvation of all people groups through their testimony of God's greatness (see also John 4:22). Moses addressed the people just before they were to begin the final conquest(s) to claim the land, saying, "So keep and do them, for that is your wisdom and your understanding in the **sight of the peoples who will hear all these statutes** and say, 'Surely this great nation is a wise and understanding people'" (v. 6, emphasis added). The Jews whose hearts were pointed towards the worship of the true God expressed their beliefs through the observance of the Law. The Jews' unique lifestyle served as God's showplace to the Gentile nations surrounding them. Their unique civil, moral, and ceremonial Laws were designed by God as a herald to the idolatrous people of the world. This was especially true when the Jews were dispersed around the world during the various captivities that God allowed throughout history, a pattern which continues to this very day. As Christians, we are called by God in a way similar to be like the Jew, living in a peculiar way, heralding the good news of God's grace and shining biblical light to our sin darkened world (Matthew 5:14, Ephesians 5:8). This ministry isn't just reserved for vocational works like my missionary friend Dave in France.

As we transition to the second reading, we will see some practical ways in which we are believers in Jesus Christ can live our lives as a beacon shining on the pathway for people to find God.

Introduction to the Second Reading:

The second reading is from the Book of James, a letter often called the "Proverbs of the New Testament." James is a Book filled with practical wisdom and the application of godly principles drawn from throughout Scripture. The message woven into the entire book of James is the principle

stated by Jesus, "For out of the abundance of the heart the mouth speaks" (Matthew 12:34). In a letter such as written by James, the literary context (knowing the verses before and after the reading, and the flow of the author's thought) is very important for understanding the original author's intent. In the reading today, the verse immediately prior to the reading was omitted (verse 16). Once that is included there is a nice connection created between the first reading and the Gospel lesson we will look at later.

Second Reading:

> *James 1:16 Do not be deceived, my beloved brethren. 1:17-27 17 Every good thing given and every perfect gift is from above, coming down from the Father of lights, with whom there is no variation or shifting shadow. 18 In the exercise of His will He brought us forth by the word of truth, so that we would be a kind of first fruits among His creatures. 19 This you know, my beloved brethren. But everyone must be quick to hear, slow to speak and slow to anger; 20 for the anger of man does not achieve the righteousness of God. 21 Therefore, putting aside all filthiness and all that remains of wickedness, in humility receive the word implanted, which is able to save your souls. 22 But prove yourselves doers of the word, and not merely hearers who delude themselves. 23 For if anyone is a hearer of the word and not a doer, he is like a man who looks at his natural face in a mirror; 24 for once he has looked at himself and gone away, he has immediately forgotten what kind of person he was. 25 But one who looks intently at the perfect law, the law of liberty, and abides by it, not having become a forgetful hearer but an effectual doer, this man will be blessed in what he does. 26 If anyone thinks himself to be religious, and yet does not bridle his tongue but deceives his own heart, this man's religion is worthless. 27 Pure and undefiled religion in the sight of our God and Father is this: to visit orphans and widows in their distress, and to keep oneself unstained by the world.*

James cautioned the people to "not be deceived" (v. 16), but about what? His caution was to not be deceived about the source of good things. The enemy subtly tries to convince us that God's gifts are not good or that good can come from any other source besides God. The source of every authentic blessing is God (v. 17). He encourages them by pointing out that they are the first fruits of the future believers (v. 18). This is much like the Jews we saw in the first reading who were uniquely commissioned by God as a light to the nations.

You'll notice that James called the people "my beloved brethren" twice in the first four verses to give a loving context of his more confrontational statements in this passage. He gets to the heart of the

matter by hitting his readers square between the eyes with teaching on the danger of the tongue (v. 19, v. 26, also repeated in chapter 3), and the falseness of believers who profess one thing, but live another way. In God's economy, there is no such thing as not "living up" to our beliefs. Instead, our lifestyle and choices are merely reflecting our true beliefs. Basic religion, James says, is "to visit orphans and widows in their distress, and to keep oneself unstained by the world" (v. 27). While not everyone has a direct ministry to orphans and widows, James is highlighting the need for us to express our religion in practical acts of service to the "least of these" (Matthew 25:40). The orphans and widows of his day would have been those who are marginalized by society, vulnerable to exploitation and overlooked because of their inability to reward those who serve them. Serving those who cannot give you any "kick back" helps to ensure that our motives are pure.

In the closing verse James said to "keep oneself unstained by the world." This is an important admonition that, if heeded daily, could help all of us live a more abundant life in the Lord. This is akin to "being in the world, but not of it" (Matthew 17:14-16), which allows us to be a witness to those who do not know the Lord as we live with a different mindset. The Book of James provides many such godly proverbs which can help us to live fully surrendered lives for Jesus. In the first reading we saw where Moses called the people to obey the Law of God. James calls people to obey not only the teachings of Jesus but also the spirit of the New Covenant. He also provides additional instruction in practical ways to implement this new relationship with God. We don't have to be motivated by guilt or shame as we consider serving God. When we truly listen to the Holy Spirit, Who is the life giving force empowering us to perform things including (and exceeding) "basic religion," He teaches us how to follow through with our particular race to run (Hebrews 12:1). In this way we look to fulfill not just the letter of the law, but we truly start to see how to be God's hands and feet in the world, thus fulfilling the spirit of His ways. This contrast between the letter of the law and the spirit of the law connects us to the Gospel lesson, where we will see Jesus' teaching against the falsehoods taught by the Pharisees who embraced the letter of the Law but disregarded the spirit of the Law altogether.

Introduction to the Gospel Reading:

Today's reading is, pardon the pun, sandwiched between Jesus' feeding of the five thousand (Mark 6:30-34) and His feeding of the four thousand (Mark 8:1-10). Just prior to the events in the reading today, Jesus had walked on the water (Mark 6:48) and healed many sick people in the lakeside community of Gennesaret (Mark 6:53-56).

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Gospel Reading:

> *Mark 7:1-23 NAS95 1 The Pharisees and some of the scribes gathered around Him when they had come from Jerusalem, 2 and had seen that some of His disciples were eating their bread with impure hands, that is, unwashed. 3 (For the Pharisees and all the Jews do not eat unless they carefully wash their hands, thus observing the traditions of the elders; 4 and when they come from the market place, they do not eat unless they cleanse themselves; and there are many other things which they have received in order to observe, such as the washing of cups and pitchers and copper pots.) 5 The Pharisees and the scribes asked Him, "Why do Your disciples not walk according to the tradition of the elders, but eat their bread with impure hands?" 6 And He said to them, "Rightly did Isaiah prophesy of you hypocrites, as it is written: 'THIS PEOPLE HONORS ME WITH THEIR LIPS, BUT THEIR HEART IS FAR AWAY FROM ME. 7 'BUT IN VAIN DO THEY WORSHIP ME, TEACHING AS DOCTRINES THE PRECEPTS OF MEN.' 8 "Neglecting the commandment of God, you hold to the tradition of men." 9 He was also saying to them, "You are experts at setting aside the commandment of God in order to keep your tradition. 10 "For Moses said, 'HONOR YOUR FATHER AND YOUR MOTHER'; and, 'HE WHO SPEAKS EVIL OF FATHER OR MOTHER, IS TO BE PUT TO DEATH'; 11 but you say, 'If a man says to his father or his mother, whatever I have that would help you is Corban (that is to say, given to God),' 12 you no longer permit him to do anything for his father or his mother; 13 thus invalidating the word of God by your tradition which you have handed down; and you do many things such as that." 14 After He called the crowd to Him again, He began saying to them, "Listen to Me, all of you, and understand: 15 there is nothing outside the man which can defile him if it goes into him; but the things which proceed out of the man are what defile the man. 16 "If anyone has ears to hear, let him hear." 17 When he had left the crowd and entered the house, His disciples questioned Him about the parable. 18 And He said to them, "Are you so lacking in understanding also? Do you not understand that whatever goes into the man from outside cannot defile him, 19 because it does not go into his heart, but into his stomach, and is eliminated?" (Thus He declared all foods clean.) 20 And He was saying, "That which proceeds out of the man, that is what defiles the man. 21 "For from within, out of the heart of men, proceed the evil thoughts, fornications, thefts, murders, adulteries, 22 deeds of coveting and wickedness, as well as deceit, sensuality, envy, slander, pride and foolishness. 23 "All these evil things proceed from within and defile the man."*

The scribes and Pharisees formed their own flavor of "Deuteronomy," or second law, not heeding Moses' call we read about in the first reading. As James warned, they were deceived about even doing the works of the Law regarding basic religion including the honoring of the parents, a clear commandment of God (Exodus 20:12). The behaviors associated with basic religion were the things that the Pharisees consciously chose not to do! Because the scribes and Pharisees were the religious

leaders of the day, it was vitally important for Jesus to point out the hypocrisy of their ways and to warn people against their bad influence.

There were a few things in this passage that the religious leaders did that were opposing true heart religion. The first was their insistence on having pure hands, but neglecting to have a pure heart. The second was that they had contrived a religious practice that provided a means to neglect financial assistance to their parents by saying those resources were instead given to God ("Corban," v. 11). The scribes' and Pharisees' "traditions" did in fact trump the first Law of God, that given by Moses and taught throughout the first five Books of the Bible. Jesus explained that what defiles a person is not what goes into their body, but it is what comes out of their heart. The uncleanness is already a part of us, it just takes the right variables to have it come out and show itself. The sin-sickness of the human heart is the issue that Jesus wanted them to see, so that they might see turn to Him for healing as the soul physician (Luke 5:31).

The big idea in the reading is the difference between following human traditions and dead religion versus possessing a life-giving relationship with the lover of a believer's soul through the fellowship of the Holy Spirit. The Pharisees were teaching a false message of salvation by works. Their non-gospel would accord well with the "health and wealth" teachers of today or the tendency to reduce God down to a formula. Either way, these false messages set us up to expect God to act in certain ways based on our good behavior and subtly demand that He hold up His end of the "bargain." Unfortunately, this is a misguided understanding of how to relate to God.

In the opening I mentioned the story of a missionary who walked with God in every way but still experienced tremendous difficulties. As a result of some excellent medical care he was able to receive the liver transplant that he needed to sustain his life. He has recovered and is continuing to serve overseas even in light of the fact that he will remain on rejection drugs and suffer from their side effects for the rest of his life.

I met with Dave recently to discuss what he has learned so far through his experiences. He told me that one of the things that really sustained him was when he called together a group of leaders from his church who prayed over him and anointed him with oil in obedience to what James wrote, "Is anyone among you sick? Then he must call for the elders of the church, and they are to pray over him, anointing him with oil in the name of the Lord" (James 5:14). Dave said that this really helped him to turn the matter over to God. Second, the church came around him and offered excellent prayer support during his most difficult time. He told me that many people reached out to him and

told them that they were praying for him. These things gave him confidence that regardless of what happened it would all be for the glory of God. Interestingly, some of the French people told him everything would turn out okay because, "he was a Christian." These sentiments provided Dave with many teachable moments in which he was able to explain to the people that God allows hardships in the lives of Christians and perhaps even more so than those who don't believe. He knew that everything ultimately would turn out okay, but that believing in God did not guarantee a good and long-lived life.

As Christians just because we do everything right doesn't mean that we will be blessed in the earthly sense in which we might expect, including material blessings and good health. Instead, God allows challenges in our lives to lead us to a fuller relationship with Him. Our Christian lives are not like baking a cake. We can't just put together the exact right ingredients using a measured formula and follow the recipe exactly and have the cake turn out perfectly well each and every time. Sometimes God throws a monkey wrench into our plans in order to achieve His purposes. What's more, we may not even know or understand these purposes during out natural lifetimes. Unlike the Pharisees who taught salvation by works and outward obedience to their own set of laws, God calls us to walk in faith alone while behaving in ways as directed by the Holy Spirit. This does include closely understanding the biblical principles taught in the New Testament and the Ten Commandments of the Old. But we should not live our lives "formulaically," doing things for God and expecting Him to "bless" us on our terms. He will surely bless us, but His definition of blessing is a lot broader than our limited perspective. May we learn to walk by faith and not our feelings or our sight.

Reflection Questions

1. In the second reading James said, *27 Pure and undefiled religion in the sight of our God and Father is this: to visit orphans and widows in their distress, and to keep oneself unstained by the world (James 1:27)*. This admonition can weigh heavy on the minds of some Christians because they don't often find themselves busy visiting orphans and widows in distress.

A. In what ways do you obey the spirit of James' calling through the activities that you do engage in for God.

B. In what ways can you create connections in your life between the first part of verse 27 (Pure and

undefiled religion in the sight of our God and Father is this: to visit orphans and widows in their distress) and the last part (keep oneself unstained by the world)? List at least two ways in which you do.

2. Do you catch yourself being a Pharisee, overlooking the motives of the heart and instead, focusing upon minor, outward faults in yourself and others?

A. How does knowing that God looks on the heart change how you evaluate what's important in your own life and in relationship with others?

B. Ask God to reveal to you in what areas you are glossing over God's goodness in a certain person and missing His heart for them.