Study Notes for the Sunday Mass Published by Christians for Christ Ministries. We are a non-denominational Christian ministry that seeks to encourage and facilitate Christians in studying the Holy Scriptures. **"For there is one God and one mediator between God and mankind, the man Christ Jesus."** 1 Timothy 2:5

Sunday Mass Study Notes for Sunday, 04-21-2019



Welcome back to the Sunday Mass notes for Easter Sunday. On this joyful day of celebration, we remember how God raised His Son, our Savior, Jesus from the dead. Through Jesus' death and resurrection, we have eternal life through faith in His finished work on the cross. Accordingly, this week's readings answer some of the most important questions that humans have ever asked about eternal life. The first reading is a message from Saint Peter that explains the good news of Jesus' death and resurrection that has been provided for all humankind. The second reading from Saint Paul's Letter to the Colossians provides the implications of what believing in Jesus looks like in the life of the believer. Finally, we conclude with the glorious story of Jesus' resurrection from the Gospel of Saint John.

Throughout my earlier years, our family always held a special celebration of Jesus' resurrection on this important day of Easter Sunday. Our festivities included a delicious dinner with special people including my grandmothers, grandmas, aunts, uncles, and of course my brothers and sisters. Back then, I understood that Jesus' resurrection from the dead was very important. As I grew into adulthood, I came to a much fuller understanding of the meaning of Easter Sunday and I am learning how to live in the reality of Jesus' resurrection for every day of my life. My prayer is that through this study you, too, will come to a deeper appreciation of what Jesus did for us and live in His resurrection power all throughout the days ahead.

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Introduction to the First Reading:

The first reading this week is from the Acts of the Apostles, Chapter 10. The context of this section is Saint Peter's address to Cornelius, the gentile Centurion from Caesarea. A Centurion was a roman military leader who led 100 men. The story of what we are about to read happened a few days after Peter had seen a vision of a huge sheet lowered to the ground containing a variety of animals, including ones that the Jews were forbidden from eating according to the Old Testament Law. God revealed to Peter that he was no longer bound by these dietary food laws, and by extrapolation, that the proclamation of the Gospel was being opened to the Gentiles. God told Peter, "What God has cleansed, no longer consider unholy" (Acts 10:15b-ff). At the same time that Peter had his vision of accepting Gentiles, Cornelius, a God-fearing Gentile, had a vision in which an angel of God spoke to him about salvation. He sent messengers to Peter in Joppa with orders to bring him to his home in Caesarea. Because Peter had been convinced in this vision about associating with Gentiles, he agreed to travel to Cornelius' home. When Peter arrived Cornelius fell at his feet and worshiped him, but Peter stopped him. Peter then said, "Stand up; I too am a man" (v. 26). He addressed the crowd that Cornelius had gathered by saying, "You yourselves know how unlawful it is for a man who is a Jew to associate with a foreigner or to visit him; and yet God has shown me that I should not call any man unholy or unclean" (v. 28). Then Cornelius explained that he had seen a vision of an angel who told him to send for Simon Peter at the home of one Simon the tanner who lived by the sea (v. 32). It was at this point that we join Peter's address to Cornelius along with his relatives and close friends (Acts 10:24).

Now let's read the text, noting that some of the omitted verses were included in order to provide the full context.

First Reading:

> *Acts 10:34-43 NAS95 34 Opening his mouth, Peter said: "I most certainly understand now that God is not one to show partiality, 35 but in every nation the man who fears Him and does what is right is welcome to Him. 36 The word which He sent to the sons of Israel, preaching peace through Jesus Christ (He is Lord of all) — 37 you yourselves know the thing which took place throughout all Judea, starting from Galilee, after the baptism which John proclaimed. 38 You know of Jesus of Nazareth, how God anointed Him with the Holy Spirit and with power, and how He went about doing good and healing all who were oppressed by the devil, for God was with Him. 39 We are witnesses of all the things He did both in the land of the Jews and in Jerusalem. They also put Him to death by hanging Him on a cross. 40 God raised Him up on the third day and granted that He become visible, 41 not to all the people, but to witnesses who were chosen beforehand by God, that is, to us who ate and drank with Him after He arose from the dead. 42 And He ordered us to preach to the people, and solemnly to testify that this is the One who has been appointed by God as Judge of the living and the dead. 43 Of Him all the prophets bear witness that through His name everyone who believes in Him receives forgiveness of sins."*

Peter said quite an earful; his message encapsulated almost the entirety of the Gospel. He told the gentile Cornelius and his family the Good News regarding the forgiveness of sins offered to anyone who believes, Jew or Gentile alike (v. 34), through faith in Jesus Christ (v. 43). Peter, fresh from his vision of the animals coming down in the large sheet, affirmed that God was no respecter of persons; this salvation was available to everyone (vv.34 – 35). Peter provided a high-level narrative to Cornelius of his personal, eyewitness testimony concerning the events about Jesus Christ. He said that Jesus:

- Was anointed by God with power (v.38),
- Ministered to the people by healing and opposing the devil (v.39),
- Was crucified by the Jews in Jerusalem (v.39b),
- Was raised by God on the third day (v.40),
- Was made visible to select witnesses after His resurrection (v.41), and
- Provided the disciples with specific instructions regarding preaching the truth about Jesus being the divinely appointed Judge of the living and the dead (v.42).

Peter confirmed that Jesus was the fulfillment of the testimony given by all of the Old Testament prophets. Finally, Peter announced the best news of all, that **anyone** who believes in Jesus receives forgiveness of their sins (v.43). What, though, does "believing in Jesus" mean? For many believe that Jesus existed or that He was a good teacher. When the Bible talks about believing in Jesus, it means having a personal, experiential trust that we put in Jesus for our salvation. We all know that we have done evil things and thought wrongly about people. These wrong behaviors and mindsets are what the Bible calls sin. Because of our choices to sin, we each have a debt that we owe to the Holy God, our Creator who designed us for Himself. By sinning, we basically declared cosmic treason. This sin debt will need to be paid. The question is, who will pay? We have two payment options: 1. an eternity in hell, or 2. belief in Jesus' payment for our sin. All of the best deeds in the world do not cancel out our sin debt. The Bible is very clear about this, for it says, "the wages of sin is death" (Romans 6:23). Death, meaning eternal separation from God, is the payment for sin. And that is why Jesus' death on the cross is so important. Here is where He made the payment for my sin and your sin. This payment is offered to us as a free gift of eternal life. Therefore, belief in Jesus is accepting this gift of Jesus' payment for your sin debt and trusting in Him for eternal life. This is why the celebration of Easter (Good Friday and Resurrection Sunday) is such a glorious memorial in the Christian church.

Introduction to the Second Reading:

Understanding Peter's testimony in the first reading that anyone who believes in Jesus receives the forgiveness of their sins, provides a convenient gateway to the second reading where we see that humans cannot attain to God through their own efforts. This reading is from Saint Paul's Letter to

the Colossians, chapter 3. This Book is one of the biblical books known as the "Prison Epistles" named because Paul wrote them while he was in prison in Rome. The reading today opens with the word "therefore" in verse one. Any time we see that word (as you may have noted in previous editions of Mass Notes) we have to ask, "What is it the 'therefore' there for?" The "therefore" in 3:1 refers to what Paul said in the previous chapters. In order to give the passage more context, we will explore this in much further detail below.

Stepping back to look at the big picture, Paul's overall purpose in the Epistle was to correct heresy that was being taught in the church. The heresy had four elements that Paul addressed in chapter 2. These false beliefs included the denial of the sufficiency and preeminence of Jesus Christ (2:8), the exaltation of Jewish ritualism (2:11, 16-17), the teaching of the extreme denial of the flesh as a way of getting closer to God (known as "asceticism," 2:20-23), and the ungodly practice of worshiping angels (2:18). All four teachings clearly contradict the Scriptures. Paul corrected their misunderstandings early in the second chapter by making some clear statements to help them stand in the midst of false teaching. Paul said, "See to it that no one takes you captive through philosophy and empty deception, according to the tradition of men, according to the elementary principles of the world, rather than according to Christ. For in Him all the fullness of Deity dwells in bodily form" (Colossians 2:8-9). This statement addressed elements of all four of the heresies that were being taught and practiced by certain members of the church.

With this context in mind, let's read from Saint Paul's Letter, the second reading in the Mass today. As you read, keep in mind the sufficiency that we as believers have through faith in Jesus Christ.

Second Reading:

> *Colossians 3:1-4 NAS95 1 Therefore if you have been raised up with Christ, keep seeking the things above, where Christ is, seated at the right hand of God. 2 Set your mind on the things above, not on the things that are on earth. 3 For you have died and your life is hidden with Christ in God. 4 When Christ, who is our life, is revealed, then you also will be revealed with Him in glory.*

Paul said, "if you have been raised up with Christ. This has a threefold meaning. First, he meant this in the sense that **if** we have believed in Jesus' death and resurrection, then we are in a sense crucified with Him and therefore "raised up" on the cross with Him. Paul said in Galatians, "I have been crucified with Christ; and it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself up for me" (Galatians 2:20). Second, we have been "raised up" in the sense that, when we believe, we have been "born from above," something that Jesus tried to explain to Nicodemus in John 3:3. The third

meaning that Paul had in mind regarding being "raised up" with Christ is that in a spiritual sense after we die we will be "raised up" to a much greater authority in order to reign with Jesus Christ. Paul said, "If we endure, we will also reign with Him; If we deny Him, He also will deny us" (2 Timothy 2:12).

Here is another important insight from the reading. Paul said in verse 4, "When Christ, who is our life, is revealed, then you also will be revealed with Him in glory." Notice the repetition of the word "revealed." We spoke about one aspect of Christ's revelation last week in the Palm Sunday readings when we discussed His triumphal entry to Jerusalem. However, in this reading Paul wasn't referring to Christ's exaltation as King when he rode into Jerusalem on a donkey. Rather, he was referring to Jesus' Second Coming at which time He will return in glory to judge the world. As we said last week, Jesus came the first time as a humble, unblemished Lamb (Revelation 13:8). However, Jesus will return the second time as the glorious Lion of the Tribe of Judah (Revelation 5:5). He will return as the Almighty Warrior on a white horse, not a donkey (Revelation 19:11). Jesus **was revealed** as the King of the Jews when he entered Jerusalem on a donkey. He **was revealed** as the King of the universe when he rose from the dead, this is what we are celebrating today. Finally, Jesus will be revealed when He comes again in glory with all of His believers in tow, that is us, His saints (Revelation 19:14, 1 Corinthians 1:2, Acts 9:13, Acts 9:32, Acts 26:10, Romans 16:2).

As we conclude the second reading and discussion, it may be helpful to rephrase the flow of thought before the first few verses. After the three verses of the reading, a capstone statement provides my personal summary of the reason why we must set our minds on things above:

Keep in mind the correction given to us regarding the false teaching that depends on self-effort, and realize we **have been** crucified with Christ, we **have been** born from above, and we **will be** exalted to participate in reigning with Jesus Christ. Since God **has** granted us all of these incalculable gifts, **THEN** let us "*Set [our] minds on the things above, not on the things that are on earth. 3 For [we] have died and [our lives are] hidden with Christ in God. 4 When Christ, who is our life, is revealed, then [we] also will be revealed with Him in glory*" (vv. 2-4). We are called by God to do the latter (vv. 2-4) because the teachers of the theological heresies were attempting to bring Jesus down to their level by falsely thinking they could reach up to heaven by practicing manmade religion.

I hope that this illustrates the importance of reading the context of the verses from the reading. The big idea is that humans cannot attain fellowship with God in heaven through religious rituals, ascetic practices (like starving the body), or the worship of angels (see Luke 4:8, Matthew 4:10, and Revelation 22:8-9 where the practice is expressly forbidden). The only way that humans can attain eternal life and fellowship with God is through faith in the resurrection of Jesus Christ, believing that Jesus atoned for our sin (Romans 10:9-13).

Alternative Second Reading:

This week's readings included an alternative to the second reading. This optional passage was from

Saint Paul's First Letter to the Corinthians. The context is Paul's confrontation of a certain church member who was having an immoral relationship with his stepmother. In verse one of this chapter he said, "It is actually reported that there is immorality among you, and immorality of such a kind as does not exist even among the Gentiles, that someone has his father's wife" (1 Corinthians 5:1). Paul was upset with the church because rather than disciplining the one that was involved with this sin, the church acted as if this was an acceptable practice for a believer in Jesus. The Corinthian church failed to exercise these proper steps of church discipline that could have eventually led to the restoration of the man that was trapped in this sexual sin. This would have included first calling the person to repentance and separating him from the church. Paul's confrontation is strong, but it is based in the power of the Gospel, Jesus' sacrifice for sin.

> *1 Corinthians 5:6-8 NAS95 6 Your boasting is not good. Do you not know that a little leaven leavens the whole lump of dough? 7 Clean out the old leaven so that you may be a new lump, just as you are in fact unleavened. For Christ our Passover also has been sacrificed. 8 Therefore let us celebrate the feast, not with old leaven, nor with the leaven of malice and wickedness, but with the unleavened bread of sincerity and truth.*

The root of the issue was that this young church was flaunting the freedom that they had in Christ. Paul explains this by using imagery drawn from the Old Testament Feast of Passover. In verse 6 Paul referred to the Jewish religious practice of purifying their home from yeast (leaven) during the Feast of Unleavened Bread (Exodus 12:15). Every Jewish home would have to get rid of yeast and bake unleavened bread during this season. He uses this imagery to provide a metaphor for the purity that God requires in the church. Paul's point was that the "leaven" of the man's sin permeated throughout the church, in the same way yeast permeates dough (v. 6). It was bad enough the church tolerated this sin amongst them, but they even boasted about it (v. 6).

As we celebrate Jesus' resurrection today on Easter Sunday, this passage helps us to recognize God's calling to live holy and pure lives. This is especially true in our culture that is filled with temptations to be drawn into sexual sins, something with which the ancient Corinthians also struggled. Today we can celebrate that Jesus fulfilled once and for all the repetitive, annual practice among the Old Testament Jews to sacrifice their Passover lamb (Hebrews 10:10). We can turn to the victorious One in prayer to deliver us from our temptations (Matthew 6:13), even difficult things such as sexual sin. Jesus calls us to "confess our sins one to another" (James 5:16) meaning that we can turn to a fellow Christian to ask for their intercessory prayer on our behalf when we encounter struggles that we are unable to overcome through our own prayer and obedience. Paul calls believers to celebrate the feast with sincerity and truth before God and our community. What better day to contemplate making some serious changes in our life than on Easter Sunday?

Introduction to the Gospel Reading:

As we move onto the Gospel reading from Saint John Chapter 20 we will see the "reason for the season" of Easter. Throughout the Lenten period, we have looked forward to the celebration of this glorious day. Before you read, say a short prayer asking God to show you what the resurrection means for your life.

Gospel Reading:

> *John 20:1-9 NAS95 1 Now on the first day of the week Mary Magdalene came early to the tomb, while it was still dark, and saw the stone already taken away from the tomb. 2 So she ran and came to Simon Peter and to the other disciple whom Jesus loved, and said to them, "They have taken away the Lord out of the tomb, and we do not know where they have laid Him." 3 So Peter and the other disciple went forth, and they were going to the tomb. 4 The two were running together; and the other disciple ran ahead faster than Peter and came to the tomb first; 5 and stooping and looking in, he saw the linen wrappings lying there; but he did not go in. 6 And so Simon Peter also came, following him, and entered the tomb; and he saw the linen wrappings lying there, 7 and the face-cloth which had been on His head, not lying with the linen wrappings, but rolled up in a place by itself. 8 So the other disciple who had first come to the tomb then also entered, and he saw and believed. 9 For as yet they did not understand the Scripture, that He must rise again from the dead.*

The narrative continues beyond what was covered in the reading (which is not covered next Sunday):

> *10 So the disciples went away again to their own homes. 11 But Mary was standing outside the tomb weeping; and so, as she wept, she stooped and looked into the tomb; 12 and she saw two angels in white sitting, one at the head and one at the feet, where the body of Jesus had been lying. 13 And they said to her, "Woman, why are you weeping?" She said to them, "Because they have taken away my Lord, and I do not know where they have laid Him." 14 When she had said this, she turned around and saw Jesus standing there, and did not know that it was Jesus. 15 Jesus said to her, "Woman, why are you weeping? Whom are you seeking?" Supposing Him to be the gardener, she said to Him, "Sir, if you have carried Him away, tell me where you have laid Him, and I will take Him away." 16 Jesus said to her, "Mary!" She turned and said to Him in Hebrew, "Rabboni!" (which means, Teacher). (John 20:10-16)*

Can you imagine being one of the disciples who watched Jesus die on the cross? Then all of a sudden news reaches you that Jesus' body is not in the tomb. You run to the tomb on Sunday and realize it is

empty. What are the options? Maybe someone had taken the body or maybe Jesus' prediction that he would rise again really did come true. It would have been confusing, mind-blowing and extremely scary, for those who sought to kill Jesus were still feeling emboldened to snuff out any memory of Jesus.

Mary Magdalene believed and was the first person to see the risen Lord alive. She received confirmation that since God raised Jesus from the dead, she would one day be raised herself.

We can also have assurance of salvation which leads to eternal life by trusting in what the Scripture says about how a person does make it to heaven when they die. The first reading brought up the idea of "belief in Jesus." Let's recap what this means, for this is the foundation of our faith. First, God says that all of us have sinned and fallen short of the glory of God (Romans 3:23). God says that because of our sin the payment we will receive without some outside intervention is death, meaning eternal separation from God (Romans 6:23). In that same verse, God says that the outside intervention has been given as a free gift: Jesus died on the cross for the payment of our sins. This good news can also be found in the famous verse that is often seen printed on cardboard signs held up at sporting events. "For God so loved the world, that He gave His only begotten Son, that whoever believes in Him shall not perish, but have eternal life" (John 3:16). Saint Paul said, "If you confess with your mouth Jesus as Lord, and believe in your heart that God raised Him from the dead, you will be saved" (Romans 10:9).

Does this sound like something that is simple to achieve? It is simple, but if it's not necessarily easy. If it were easy then everyone in the world that ever heard the Gospel would become a believer. Peter said in Acts 2:38 that belief is intricately tied to repentance. When we believe in Jesus, it is because we are convicted of our need for a Savior. This leads us to repent of (or turn away from) our sins. This means that we have come to agree with God about our sins, and recognize them for what they are, deadly (Romans 6:21). The Bible says that even one single sin would keep us from entering heaven – forever (James 2:10). So, repentance of sin, turning away from the destructive forces that once ruled our lives, is an on-going part of exercising faith in Jesus. One teacher said, "If your faith hasn't changed you, it probably hasn't saved you." This is not to imply that works are necessary for salvation. But it is to say that true faith is manifested in our lives being oriented around the values that Christ had, because He is our life (Colossians 3:4). Jesus' death and resurrection were given as a gift to all, to cover our sin and provide us with the right to be accepted into heaven. As we celebrate the resurrection of Jesus on Easter Sunday, keep in mind the simplicity of this Gospel message that Jesus gave to the world.

Reflection Questions

We covered a great deal of ground today in our study. The main point that we ask you to consider in light of your study is, what difference does the resurrection of Jesus Christ make in **our** lives? Contemplate this question in light of the following contexts.

1. What difference does Jesus' resurrection make as I move about in many relational networks where I rub shoulders with people who don't all believe that faith in Jesus is the only pathway to God? How does my life reflect the power of Jesus' resurrection and become an apologetic for His life-transforming presence?
2. What difference does Jesus make if you find yourself in an unhappy situation this Easter? How does the knowledge that Jesus rose from the dead give you hope through these difficulties?

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