Study Notes for the Sunday Mass Published by Christians for Christ Ministries. We are a non-denominational Christian ministry that seeks to encourage and facilitate Christians in studying the Holy Scriptures. **"For there is one God and one mediator between God and mankind, the man Christ Jesus."** 1 Timothy 2:5

Sunday Mass Study Notes for Lectionary 118: 08/16/2026



Welcome back to the Sunday Mass notes. The readings this week all follow a central theme, God's revelation of the mystery of salvation being given to the Gentiles in addition to the Jews. The Jews were always God's chosen method of bringing light to the Gentile world. We will see that in the first reading from Isaiah 56 and the second reading from Romans 11. Finally, in the Gospel lesson, we will see Jesus' interaction with a Gentile woman and how her faith in Jesus' ability to heal her daughter provided a glimpse into God's plan of salvation for the Gentiles.

Introduction to the First Reading:

The first reading is from the Prophet Isaiah. Chapter 56 is in the closing section of the Book of Isaiah, where God revealed important spiritual truths, including the importance of His Word (Isaiah 55:10-11), as well as some further information about His plan of salvation for the Gentiles. In the section immediately preceding today's reading, God outlined His promises to the covenant people,

the Jews. As you read, note that verses 2-5, which were skipped in the mass lectionary, have been added in order to provide the reader with a fuller understanding of the text.

First Reading:

> *1 Thus says the LORD, "Preserve justice and do righteousness, For My salvation is about to come And My righteousness to be revealed. 2 How blessed is the man who does this, And the son of man who takes hold of it; Who keeps from profaning the sabbath, And keeps his hand from doing any evil. 3 Let not the foreigner who has joined himself to the LORD say, "The LORD will surely separate me from His people." Nor let the eunuch say, "Behold, I am a dry tree." 4 For thus says the LORD, "To the eunuchs who keep My sabbaths, And choose what pleases Me, And hold fast My covenant, 5 To them I will give in My house and within My walls a memorial, And a name better than that of sons and daughters; I will give them an everlasting name which will not be cut off. 6 Also the foreigners who join themselves to the LORD, To minister to Him, and to love the name of the LORD, To be His servants, every one who keeps from profaning the sabbath And holds fast My covenant; 7 Even those I will bring to My holy mountain And make them joyful in My house of prayer. Their burnt offerings and their sacrifices will be acceptable on My altar; For My house will be called a house of prayer for all the peoples." (Isaiah 56:1-7)*

Several important points arise from Isaiah's prophecy. First, in light of the previous chapters in which God recounted His promises to the Jews, He announced a charge to them to maintain a clear conscience. In verse one, He tells them to "preserve justice and do righteousness" because His salvation would come in the future, and at that point His righteousness would be revealed. For a Jew, keeping the Law meant honoring the Sabbath as well as "keep[ing] [their] hands from doing any evil" (v. 3). This is a calling to all believers to walk uprightly with the knowledge of salvation that they possess, whether Jew or Gentile. This is clear because, in verse three, God began to lay out further details of his plan of salvation for the Gentiles. Second, everyone would be welcomed into God's kingdom who walked in faith with God, including the Gentiles (foreigners) or those who felt unwelcome in it, such as the childless eunuchs. Large families were considered a blessing of God in the Jewish world. God said that he would "give them an everlasting name which will not be cut off" (v. 5c) and that he would "bring [them] to [His] holy mountain and make them joyful in [His] house of prayer" (v. 7). Finally, God revealed through Isaiah that anyone could join the Jewish community of believers and partake in their worship and celebration of God. He said, "[His] house [would] be called a house of prayer for **all** peoples" (v. 7c, emphasis added).

Although Isaiah provided additional information about God's plan of salvation for the Gentiles through the Jews, this was not a new concept in the Bible. Even in the very first Book of the Bible, God spoke about salvation coming to all people through Abraham, the father of all believers. God told Abraham, "In your seed all the nations of the earth shall be blessed, because you have obeyed My voice" (Genesis 22:18). King David said some three hundred years earlier, "All the ends of the earth will remember and turn to the LORD, And all the families of the nations will worship before You" (Psalm 22:27). Earlier in Isaiah's record he provided insight into the ultimate method that God would use to bring salvation to the whole world. He said regarding the future Messiah Jesus, "The people who walk in darkness will see a great light; Those who live in a dark land, the light will shine on them" (Isaiah 9:2). Though the Jews were always a light that pointed to salvation through faith in God, the ultimate light would be the Lord Jesus.

Introduction to the Second Reading:

As we turn to the second reading, we will find additional information about God's plan of salvation for the Gentiles that came through the Jews. In this portion of Romans, Paul uses an analogy of an olive tree to describe God's saving ways. Because the Jews rejected the Messiah, some of the original branches (the Jews) had been broken off. This grieved Paul to no end. But this made room for the wild branch (that of the Gentiles) to be grafted into the pure olive tree (the Life of Christ). Our hope is in God's ability to take what is broken and make it whole again (both Jews and Gentiles). And if He is able to do that at the macro-level, can we not trust Him to do that at the micro-level of our lives?

As you read, please note that a large section of the text was omitted in the mass reading (verses 16-28 shown separated from the rest) but has been included in order to provide the full meaning of the text.

Second Reading:

> *13 But I am speaking to you who are Gentiles. Inasmuch then as I am an apostle of Gentiles, I magnify my ministry, 14 if somehow I might move to jealousy my fellow countrymen and save some of them. 15 For if their rejection is the reconciliation of the world, what will their acceptance be but life from the dead?*

16 If the first piece of dough is holy, the lump is also; and if the root is holy, the branches are too. 17 But if some of the branches were broken off, and you, being a wild olive, were grafted in among them and became partaker with them of the rich root of the olive tree, 18 do not be arrogant toward the branches; but if you are arrogant, remember that it is not you who supports the root, but the root supports you. 19 You will say then, "Branches were broken off so that I might be grafted in." 20 Quite right, they were broken off for their unbelief, but you stand by your faith. Do not be conceited, but fear; 21 for if God did not spare the natural branches, He will not spare you, either. 22 Behold then the kindness and severity of God; to those who fell, severity, but to you, God's kindness, if you continue in His kindness; otherwise you also will be cut off. 23 And they also, if they do not continue in their unbelief, will be grafted in, for God is able to graft them in again. 24 For if you were cut off from what is by nature a wild olive tree, and were grafted contrary to nature into a cultivated olive tree, how much more will these who are the natural branches be grafted into their own olive tree? 25 For I do not want you, brethren, to be uninformed of this mystery–so that you will not be wise in your own estimation–that a partial hardening has happened to Israel until the fullness of the Gentiles has come in; 26 and so all Israel will be saved; just as it is written, "THE DELIVERER WILL COME FROM ZION, HE WILL REMOVE UNGODLINESS FROM JACOB." 27 "THIS IS MY COVENANT WITH THEM, WHEN I TAKE AWAY THEIR SINS." 28 From the standpoint of the gospel they are enemies for your sake, but from the standpoint of God's choice they are beloved for the sake of the fathers;

29 for the gifts and the calling of God are irrevocable. 30 For just as you once were disobedient to God, but now have been shown mercy because of their disobedience, 31 so these also now have been disobedient, that because of the mercy shown to you they also may now be shown mercy. 32 For God has shut up all in disobedience so that He may show mercy to all. (Romans 11:13-32)

The big idea in the reading is the revelation of the "mystery" (v. 25a) that God has allowed the Jews to be disobedient to Him for a period of time, such that the Gentile believers may be "ingrafted" into God's plan of salvation. Paul affirmed that as the "apostle to the Gentiles" (v. 13) he hoped that through his ministry to them that he may motivate his fellow Jews to trust in Jesus (v. 14). He said that at some future date that all of Israel would be saved (v. 25). As Gentiles without the knowledge of God, we are being shown God's mercy during what some commentators refer to as the "church age." The church was something that wasn't revealed to the Old Testament Prophets, or even to Jesus' own disciples, until close to the end of Jesus' earthly ministry. In the Old Testament, the Hebrew people were distinct from the surrounding nations because of their Law, culture, food, temple, and worship practices. In the New Testament, Jesus' vision for the church would be for us to be "in the world, but not of it" (John 17:15-16). In the reading, Paul stated how the people of God (both Jews and Gentiles) were now one.

Saint Paul revealed more revelations from God about the mystery of the church. Later in Ephesians,

God used the analogy of the love that exists between a man and a woman to show how He loves the church. Paul said that husbands are to "love their wives as Christ loved the church and gave Himself up for it" (Ephesians 5:25). He continued, "This mystery is great; but I am speaking with reference to Christ and the church" (Ephesians 5:32, emphasis added). Paul said more about the mystery of the church:

> *4 By referring to this, when you read you can understand my insight into the mystery of Christ, 5 which in other generations was not made known to the sons of men, as it has now been revealed to His holy apostles and prophets in the Spirit; 6 to be specific, that the Gentiles are fellow heirs and fellow members of the body, and fellow partakers of the promise in Christ Jesus through the gospel, (Ephesians 3:4-6)*

How could God allow the hardness of the Jewish people's hearts and set them aside until the last Gentile who desired salvation would find faith in Jesus Christ? This is one of the deep mysteries with which Paul was wrestling. The answer, at least partially, is found in the last verse of the second reading. "For God has shut up all in disobedience so that He may show mercy to all" (v. 32). God loves us so much that He is willing to endure the hardness of the Jews' hearts until all of us Gentiles who desire salvation find faith in Jesus Christ. The point Paul makes throughout his letters, and in Romans in particular, is that we can trust God's mercy even if we don't fully understand His ways.

Introduction to the Gospel Reading:

In today's Gospel lesson, remember that at this point the church age was still hidden, and God's plan of salvation for the Gentiles through faith in Jesus' perfect sacrifice on the cross wasn't in view yet. The context of the Gospel reading is just after Peter (and Jesus) walked on the waters of the Sea of Galilee (Matthew 14:25-31) that we studied last week. After Jesus had calmed the wind and the waves, they crossed the lake and came to the region of Gennesaret (14:34) located on the northwest shore of the lake. A series of events preceding this caused Jesus to leave this Jewish region. This included the unwillingness of the Jewish people to repent (Matthew 11:20-24), the rejection of Jesus by the people in his own hometown of Nazareth (Matthew 13:53-58), and the arrest and execution of John the Baptist (Matthew 14:1-10). Jesus' movement to this region spoke symbolically of the future ministry to the Gentiles that some of the disciples would have.

We drop in on the story of the Canaanite woman in Matthew, which highlights the hardness of the

Pharisees' hearts. This story provides a sharp contrast between the Jewish religious leaders' response to Jesus and the non-religious Gentile response to Jesus. In the previous verses, Jesus was grilled by the Pharisees, and then He showed them for the frauds they are. Then, in contrast, we read a story about the real journey of faith.

Gospel Reading:

> *21 Jesus went away from there, and withdrew into the district of Tyre and Sidon. 22 And a Canaanite woman from that region came out and began to cry out, saying, "Have mercy on me, Lord, Son of David; my daughter is cruelly demon-possessed." 23 But He did not answer her a word. And His disciples came and implored Him, saying, "Send her away, because she keeps shouting at us." 24 But He answered and said, "I was sent only to the lost sheep of the house of Israel." 25 But she came and began to bow down before Him, saying, "Lord, help me!" 26 And He answered and said, "It is not good to take the children's bread and throw it to the dogs." 27 But she said, "Yes, Lord; but even the dogs feed on the crumbs which fall from their masters' table." 28 Then Jesus said to her, "O woman, your faith is great; it shall be done for you as you wish." And her daughter was healed at once. (Matthew 15:21-28)*

The Gentile woman was from a group of people who had always troubled Israel. The Canaanites were first mentioned in the Bible way back in Genesis Chapter 10 (v. 18). They were among the people groups that God promised to drive out during the Exodus of the Jews from Egypt (see Exodus 33:2 and 34:11). They were a people that in Old Testament times lived in the lowland regions west of the Jordan River. Mark called her "a Gentile, of the Syrophoenician race" (Mark 7:26), indicating that she was a Greek. Jews had always been separated from the Greeks (or Gentiles), although the Jews were immersed in a thoroughly Greek culture. As the story plays out, the Gentile woman called out to Jesus with a respectful title, "Lord, Son of David" (v. 22), which indicated that she had some understanding of Jesus. She called Jesus "Lord" three times. The word "Lord" means master, and the one using the term would be implying their submission to His authority in their life. Certainly, she had heard about his healing powers, but now she used a title that was reserved for the Messiah. She was a persistent woman, and Jesus' disciples implored him to send her away "because she keeps shouting at us" (v. 23c). Then Jesus addressed her and said that His ministry was only to the Jews (v. 24). Next, the woman bowed down before Jesus who then used a metaphor and told her that "It is not good to take the children's bread and throw it to the dogs" (v. 27). The "children's bread" referred to God's covenant people the Jews. This meant that since she wasn't a Jew, she was not technically Jesus' first priority during his short earthly ministry, which was to the Jews, not to the Gentiles. Her answer to him was very surprising and was an indication of the faith that she had in the Lord Jesus. "Yes, Lord, but even the dogs feed on the crumbs which fall from their masters'

table" (v. 27). Jesus rewarded her faith by immediately healing her daughter. The Bible is clear that God commends those with faith; He is a "rewarder of those that diligently seek him" (Hebrews 11:6). The Gentile woman was rewarded by having her daughter healed. One can only imagine what became of the woman afterward, since Jesus absolutely made a tremendous impression upon her.

What do the readings this week mean to us in our lives? First, God emphasizes the necessity of faith in the perfect, finished work of Jesus Christ for all people, whether Jew or Gentile, and is no respecter of persons. He "desires all men to be saved and to come to the knowledge of the truth" (1 Timothy 2:4). "For all have sinned and fallen short of the glory of God" (Romans 3:23). God provided the plan of salvation through Jesus and made this available to everyone. "For the wages of sin is death but the gift of God is eternal life through Christ Jesus our Lord" (Romans 6:23). "For God so loved the world, that He gave His only begotten Son, that whoever believes in Him shall not perish, but have eternal life" (John 3:16). God said "that if you confess with your mouth Jesus as Lord, and believe in your heart that God raised Him from the dead, you will be saved; for with the heart a person believes, resulting in righteousness, and with the mouth he confesses, resulting in salvation" Romans 10:9-10).

Second, we should love and respect the Jews, who, although their hearts are hardened, are the ones who brought salvation to us through Jesus Christ. We should "not be conceited, but fear; 21 for if God did not spare the natural branches, He will not spare you, either" (Romans 11:20). God has made Israel to be a blessing to the world, and all the way back in Genesis, He cautioned us about how we should treat them. He said, "And I will bless those who bless you, and the one who curses you I will curse. And in you all the families of the earth will be blessed" (Genesis 12:3).

Finally, with the privilege of faith, we also have a great responsibility to share with everyone the knowledge of Jesus Christ, whether Jew or Gentile. Jesus didn't give us many commands when He left, but He did leave a clear message about our life's priority. This is called the Great Commission: "Go therefore and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit, teaching them to observe all that I commanded you; and lo, I am with you always, even to the end of the age" (Matthew 28:19-20).

Reflection Questions

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1. How do you personally respond to God's call to salvation?

- Have you made a decision to accept His call and be grafted into the life of Christ?

- What does God's inclusion of Gentiles in the salvation story tell you about His character and heart?

- How does God's longing to see all people saved encourage you to reach out to others with His good news of salvation through faith in Jesus Christ?

2. How does the faith of the Canaanite woman challenge or affirm you in your own faith journey? Have you seen anyone model this type of faith? Who is God using you to encourage with this type of faith?